

THIS WEEK

IN BERGEN CATHOLIC SPORTS

BASEBALL

TETTO STARTS HOT

APRIL 1 - RIDGEWOOD, NJ - Junior Anthony Tetto went two-for-two and drove in a run on opening day, but the Crusaders fell to Ridgewood 3-2. Luke Dellentash started on the mound for the BC nine and combined with Jakob Oliver to allow 0 earned runs over seven innings.



THERE ARE NO TIES IN BASEBALL

APRIL 4 - RAMSEY, NJ - Actually, sometimes there are. BC rallied with a pair of runs in the top of the seventh before Ramsey scored the tying run in the bottom half of the inning 3-3. It was too dark for the game to continue, so for safety's sake, the game was terminated. If there is no point in the season to resume the game, it will go down in the books as a tie.



CRUSADERS ARE IN-SPIEREREd

APRIL 5 - LYNDHURST, NJ - Daniel Spierer went two-for-two, scored a pair of runs and added a pair of RBIs to lead BC to its first victory of the season, a 7-5 decision over Ramapo. Bergen jumped to a 3-0 first inning start and added three in the third to go up 6-1. James Corcoran earned the victory, striking out four and Paulie Warburton closed out a scoreless seventh in the 7-5 victory.



CRUSADER HITFEST

APRIL 6 - DEMAREST, NJ - Jakob Oliver went 3-for-4 with a triple and a pair of RBIs as the Crusaders scored a season-high eleven runs. They were a run short of victory however, falling to Westwood's Cardinals 12-11. Dan Spierer drove a pair of doubles and Petros Rouggeris and Andres Polanco each drove in two runs apiece. Senior Ryan Marchina hit a homer for the Crusaders.



BC SPLITS SERIES WITH DEPAUL

APRIL 9 - LYNDHURST, NJ - Spartan pitching kept Crusader bats cool all afternoon until the seventh inning when Jakob Oliver and Petros Rouggeris each drove in runs. Unfortunately, BC ran out of outs and fell 4-2 in the United Division's opening series in 2024. Bourke Reid struck out four, James Corcoran (3) and Jack Pintarelli (1) in the effort.



OLIVER HELPS BC TO SALVAGE OPENING BNC UNITED SERIES

APRIL 10 - WAYNE, NJ - Junior pitcher Jakob Oliver struck out seven and yielded one hit and no runs over three and a third in leading BC to victory. The Crusaders used their eyes to generate much of their offense in an 8-4 victory over DePaul Catholic. Despite generating only three hits, Bergen amassed 10 walks to generate much of the offense and getting their first division victory. Luke Dellentash pitched three and two-thirds and struck out four to earn the victory for BC.



CRUSADERS SLIP TO POLY PREP

APRIL 13 - LYNDHURST, NJ - Anthony Tetto reached base safely twice in three at bats and he, Jamie Zee and Ryan Marchina each scored a run, but Poly Prep came up with four to defeat Crusaders in an independent interstate game. Paulie Warburton pitched four innings, yielding one earned run on the mound in a 4-3 loss.



EARLY JV AND FROSH BASEBALL

JV	2	RIDGEWOOD	6
JV	4	DEPAUL CATHOLIC	2
JV	6	DEPAUL CATHOLIC	3
FROSH	7	RIDGEWOOD	5
FROSH	0	RAMAPO	6
FROSH	5	WESTWOOD	4

CREW

CREW AT MANNY FLICK 3

APRIL 7 - PHILADELPHIA, PA - The Crusaders travelled to the Schuylkill River for the Fourth Manny Flick / Horvat Series on Sunday.

JV 4X - 1500 meters

- Avery Drapkin, Alex Gelineau, Anthony Lupo and Luis Santos** finished fourth in their flight of 4 and ninth overall (3 heats and 15 boats) with a time of 4:59.700. Winning time was 4:30.170.
- Alexander Georgiou, Luke Apergis, Michael Cooper and Owen Martin** finished third in their flight of 6 with a time of 5:07.640.

CREW AT MANNY FLICK 4

APRIL 14 - PHILADELPHIA, PA - The Crusaders travelled to the Schuylkill River for the Fourth Manny Flick / Horvat Series on Sunday.

JV 1X - 1500 meters

- Ronan Howell** finished third in his flight of 4 and fifth overall (3 flights and 14 racers) with a time of 6:51.810. Winning time was 6:38.460.

JV 2X - 1500 meters

- Owen Martin and Colin Labozzetta** finished second in their flight of 5 and eleventh overall (5 heats and 27 boats) with a time of 6:32.090. Winning time was 5:57.050.
- Alex Gelineau and Anthony Lupo** finished third in their flight of 5 with a time of 6:36.350.

JV 4X - 1500 meters

- Avery Drapkin, Alexander Georgiou, Luke Apergis, Luis Santos** finished third in their flight of 6 and eighth overall (3 heats and 15 boats) with a time of 6:10.070. Winning time was 5:57.050.
- Roman Sango, Jonathan Pelzar, Brandon Yu, Max Harmeyer** finished fourth in their flight of 4 with a time of 6:26.000.

GOLF

VARSITY DEFEATS PANTHERS

APRIL 8 - RIVER VALE, NJ - The Crusaders defeated Pascack Valley 157-188 to improve to (3-0) on the season

Golfer	Score	Place
Ryder Hodgson	37	1
Chris Vrtis	39	2
David Han	40	3
Nikhil Sahu	41	4
Benjamin Oh	41	4
Alex Amitsis	41	4

HODGSON LEADS BC OVER IHHS

APRIL 9 - RIVER VALE, NJ - The Crusaders defeated Indian Hills 147-192 on Tuesday. The Crusaders are now 4-0.

Golfer	Score	Place
Ryder Hodgson	35	1
Alex Amitsis	36	2
Chris Vrtis	37	3
John Keyes	39	4
Nikhil Sahu	41	5
Benjamin Oh	41	5

FDU TOURNEY

APRIL 10 - RIVER VALE, NJ - The Crusaders took on the area's best at the Fairleigh Dickinson University Invitational Tournament at River Vale Country Club on Wednesday. They finished well overall in 6th place.

Golfer	Score	Place
Benjamin Oh	73	7
Alex Amitsis	76	22
John Keyes	79	29
Chris Vrtis	79	29
David Han	32	80

HODGSON'S 34 IS LOW SCORE

APRIL 11 - HAWORTH, NJ - The Crusaders defeated St. Peter's Prep 155-175 and improved to 5-0 on the season. Rutgers-bound senior Ryder Hodgson recorded a team low for the season 34 at White Beeches.

Golfer	Score	Place
Ryder Hodgson	34	1
David Han	39	3
Benjamin Oh	40	4
Nikhil Sahu	42	5
Chris Vrtis	42	5
Alex Herrera	46	8

FROSH AMITSIS CONTINUES TO IMPRESS VS. RAMSEY

APRIL 12 - HAWORTH, NJ - The Crusaders defeated Ramsey 155-175 and improved to 6-0 on the season. Alex has consistently been scoring for the Crusaders and finished just a stroke behind team leader, Ryder Hodgson at Haworth Country Club.

Golfer	Score	Place
Ryder Hodgson	35	1
Alex Amitsis	36	2
Chris Vrtis	40	3
John Keyes	40	3
Benjamin Oh	42	5
Michael Giordano	46	6

EARLY JV GOLF RESULTS

JV	151	RAMAPO	224
JV	163	NORTHERN HIGHLANDS	197
JV	165	GLEN ROCK	212

LACROSSE

CRUSADERS BRING FEASTER HIS FIRST WIN AT THE HELM

APRIL 5 - VIRGINIA BEACH, VA - The Crusaders defeated Catholic High School of Virginia 13-4, handing Head Coach Frankie Feaster his first victory at BC. Jack Tenaglia had a monster game, recording 7 points on four goals and three assists. Anderson Chang and freshman Easton Tedesco each scored a goal, and an assist and Jake Taromina scored a pair



of goals. Senior Goalies Parker Day (9 saves, 4 goals against) and Tyler Larson (2 saves) defended the net for the victory.

VARSITY VICTORIOUS IN VA

APRIL 6 - VIRGINIA BEACH, VA - Bishop O'Connell was next on the Crusaders' hit list in Virginia. Bergen took care of business with some major offensive firepower. Jack Tenaglia took full advantage of an O'Connell Defense that was not ready for his speed. The Stevens-bound senior recorded 10 points on three goals and 7 assists. Josh Rodman won 14 faceoffs and picked up a half-dozen ground balls. Matt Reilly, Jimmy Carey, Easton Tedesco all scored two goals. Jake Taromina scored three goals and two assists in the win. Parker Day earned his second victory between the pipes, shutting out BO and Rocco Venezia (5 saves, 3 GA) and Nathaniel Johnston (3 saves 3 GA) took care of business in relief.



TAROMINA TALLIES TWO

APRIL 10 - RAMSEY, NJ - Senior attacker Jake Taromina scored BC's only two goals as the Crusaders fell to the Ironmen 10-2. Senior Goalie Parker Day was solid between the irons, turning away 12 shots on goal.



COMEBACK RUNS OUT OF TIME

APRIL 12 - ORADELL, NJ - In BC's second NJILL Gibbs Division showdown of the season, Mountain Lakes and BC fought it out to a close game 8-6 in favor of the visitors. The Crusaders scored three fourth quarter goals, but the comeback came up just short. Once again, Jake Taromina starred offensively, recording a hat trick. Thomas Fobare, Matt Reilly and Peter Gallo each scored for the Crusaders as well. Senior midfielder Anderson Chang recorded a pair of assists. Parker Day notched 7 saves.



EARLY JV LACROSSE RESULTS

JV	3	CHRISTIAN BROTHERS	2
JV	3	DON BOSCO PREP	10
JV	1	MOUNTAIN LAKES	6

TAROMINA TALLIES SEVEN AGAINST IRONMEN

APRIL 10 - ORADELL, NJ - Trey Taromina recorded 7 goals as the Crusaders defeated Don Bosco Prep 15-13 on Tuesday. Faceoff Specialist Jack Kiernan moved to the goal when BC's goal keeper was injured. There, Jack recorded seven saves and gave up only four goals to close out the victory.



TAROMINA LEADS OFFENSE VS LAKERS

APRIL 10 - MOUNTAIN LAKES, NJ - Trey Taromina scored five goals as the freshman offense once again put 15 goals up against their opponent. Luca Marinaccio netted four goals, Dylan Usatine scored a hat trick and Luke Stein scored two. Joe Angiulli scored a goal as well as Jack Woods stepped into the goal. Alex Tsay and Owen Anderson were strong at the face off X.



The Crusaders' Omar Lopez.

RUGBY

BERGEN CATHOLIC HOLDS STRONG AGAINST CANASIUIS

APRIL 13 - ORADELL, NJ - BY, SEAN WRENN '24 AND MICHAEL KHYM '24 - Bergen's Rugby Brotherhood welcomed a new opponent on Saturday with game against the Canisius Crusaders from Buffalo, NY. The final score was 24-36 due to a spectacular second half as Bergen outscored their visitors 24-3.



Despite that effort BC was unable to complete the comeback.

The Bergen Catholic Crusaders were down big at the half 33-0. The second half was all scarlet and gold then they were able to start to come back by only allowing another 3 points to be scored in the entirety of the second half. Bergen Catholic was also able to score 4 tries with 3 of them coming from senior Aaron Perez and the other try being scored by William Micholas.

A try is worth five points and it has been this way since 1992. From 1971 to this recent change, a try was worth only four points.

TENNIS

CALIFORNIA DREAMIN'

APRIL 2 - IRVINE, CA - Apparently it does rain in Southern California, but not enough for the Crusaders to get two of three matches in against some of the top teams on the west coast.



Bergen lost to Beckman HS of Irvine 1-6. Beckman is ranked #7 on the open CIF Southern Cal division. The strongest division in California. Solid effort for the first match for the crusaders. Christian Choi was the lone winner at 3rd singles

APRIL 3 - ALHAMBRA, CA – Bergen beat Mark Keppel HS of Alhambra 15-3. mark Keppel is the reigning Division 4 champions of the CIF. The Crusaders received solid contributions from every position in the lineup. Singles players Andrew Song, Brian Song and Christian Choi swept through every set. Crusaders had to fight through the hot Southern California heat in the brutal 3-hour match.



BC TAKES PASCACK VALLEY

APRIL 8 - HILLSDALE, NJ – The Varsity Tennis Team travelled to Pascack Valley and defeated a strong Panther squad 5-0. The victory helped the Crusaders improve to 2-1 on young season.



Singles		SET 1	SET 2	SET 3
1 st	Andrew Song	6-0	6-3	
2 nd	Brian Song	2-7	7-6 (7-4)	
3 rd	Christian Choi	7-6 (7-4)	6-2	
Doubles		SET 1	SET 2	SET 3
1 st	Ryan Kim / Justin Choi	6-1	1-6	7-5
2 nd	Jordi Visser/Daniel Calianese	6-1	6-1	

BERGEN BLANKS JOES

APRIL 9 - DEMAREST, NJ – The Varsity Tennis Team improved to 3-1 on their new home courts at the Academy of the Holy Angels, dominating SJR in straight sets. Andrew Song and Brian Song remain rock solid at first and second singles and Christian Choi shut out his opponent in straight sets.



Singles		SET 1	SET 2	SET 3
1 st	Andrew Song	6-2	6-0	
2 nd	Brian Song	6-0	6-1	
3 rd	Christian Choi	6-0	6-0	
Doubles		SET 1	SET 2	SET 3
1 st	Ryan Kim / Justin Choi	6-0	6-0	
2 nd	Jordi Visser/Daniel Calianese	6-0	6-0	

VARSITY DEFEATS MAHWAH 5-0

APRIL 10 - MAHAH, NJ – The Varsity Tennis Team improved to 4-1 on the season with a victory over Mahwah’s Thunderbirds. Despite a strong challenge from the home team, BC’s Andrew Song and Brian Song each earned 7-6 wins in Set 2 to put BC in the driver’s seat.



Singles		SET 1	SET 2	SET 3
1 st	Andrew Song	5-7	7-6 (7-4)	10-1

2 nd	Brian Song	6-3	7-6 (7-2)	
3 rd	Christian Choi	7-5	6-2	
Doubles		SET 1	SET 2	SET 3
1 st	Ryan Kim / Justin Choi	6-4	6-2	
2 nd	Jordi Visser/Daniel Calianese	6-2	6-2	

EARLY JV TENNIS RESULTS

JV	2	PASCACK VALLEY	3
JV	0	DWIGHT ENGLEWOOD	5
JV	1	MAHWAH	4

TRACK & FIELD

TRACK TAKES DOWN SJR

APRIL 8 - MONTVALE, NJ – The Crusaders opened the 2024 BNC United Track Season with a 100-30 victory over St. Joseph Regional on Monday.



Here are BC’s 1st place finishes in each event.

400H - Aiden Pacheco, 61.2	3200m - WINNING TIME 12:20
100m - Nick Shortridge, 11.03	4x400 - WINNING TIME, 4:14
1600m - Ayden Mendez, 5:05	SP - Nodelman, 45 1/2
400m - Matt Peko, 54.2	Disc - Nodelman, 108-3
110H - Sean Tandy, 16.1	Jav - Ruffino, 117-1
800m - Preston Neal, 2:06	HJ - WINNING HEIGHT 5-4
200m - Bryan Porter, 23.2	LJ - Jason Lessieu, 21-2
	TJ - Lessieu, 42-3

VOLLEYBALL

DALY AND SINAGRA LEAD BC TO FIRST WIN OF 2024

APRIL 3 - ORADELL, NJ – The Hoehl Gymnasium saw some terrific volleyball action early this season as the Crusaders defeated Pioneer Academy in straight sets 25-7, 25-20.

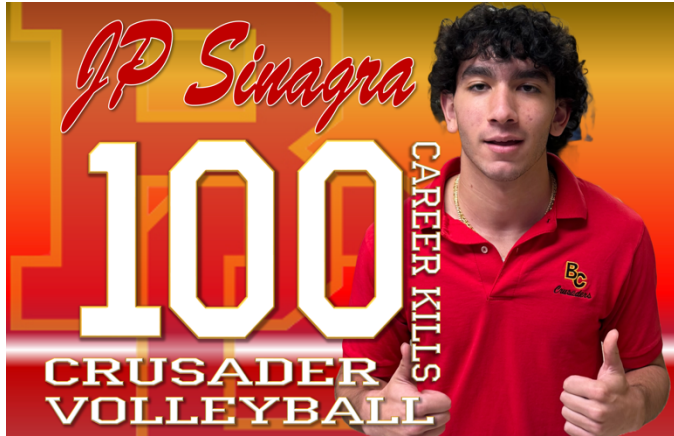


Colin Daly assisted on 12 scores and JP Sinagra recorded 6 kills and 3 digs. George Azrumelashvili had six digs and five kills and Max Yoo added four digs to lead BC.

Anner Hernandez recorded a kill; block and a dig and Riaan Vora had a kill and a block as well.

JP SINAGRA - HE'S A KILLER!

APRIL 15 - ORADELL, NJ - Senior multi-sport athlete, JP Sinagra notched his 100th Career Kill under Coach Hunter DeBellis' tutelage. The senior is helping the Crusaders to victory. Way to go JP!!!



DALY, AZRUMELASHVILI AND SINAGRA HELP BC TO SOAR

APRIL 9 - NEWARK, NJ - JP Sinagra recorded 11 kills and George Azrumelashvili added 10 as BC won its second match of the season over Eagle Academy of Newark 2-0. Andrew Coyne added four kills five digs and recorded a pair of blocks. Jeongsoo Park had 4 digs and three assists. Colin Daly had 16 assists, 2 digs, 2 blocks and a kill.



EARLY JV VOLLEYBALL RESULTS

JV	0	TEANECK	2
JV	2	PIONEER ACADEMY	0
JV	0	BERGEN TECH	2
JV	0	BERGENFIELD	2
JV	1	DEMAREST	2

BIRD OF THE WEEK WILD TURKEY

APRIL 12 - ORADELL, NJ - The alert came across the e-mail. Wild Turkey in lower parking lot. As a guy with 118 on his 2024 list and no records in Bergen County of the species, I'm sure you can imagine how excited I became. Here is specie #119 on the year, #90 in Bergen County. I snagged specie #120/#91 on Saturday in Mahwah with seven Northern Rough-winged Swallows.



TURKEY FACT #1: Enough with [gobble, gobble](#). Turkeys also [cluck and purr](#).

TURKEY FACT #2: Turkey droppings tell a bird's sex and age. Male droppings are j-shaped; female droppings are spiral-shaped. The larger the diameter, the older the bird.

TURKEY FACT #3: Feathers galore: An adult turkey has 5,000 to 6,000 feathers – count them!

TURKEY FACT #4: Tom turkeys aren't the only ones that swagger and fan their tail feathers to woo mates and ward off rivals. Some hens strut, too.

TURKEY FACT #6: They may look off-kilter – tilting their heads and staring at the sky – yet they're fast. Turkeys can clock 18 miles per hour on foot and up to 50 miles per hour in flight.

TURKEY FACT #7: Move over, American bald eagle. Ben Franklin called the wild turkey a "bird of courage" and thought it would make a better national symbol.

TURKEY FACT #8: In the early 1900s, wild turkeys were on the brink of extinction, with only about 200,000 left. Through conservation efforts over the past century, with funds derived from the Pittman-Robertson Act, and thanks to sportsmen and women, there are approximately 6.5 million wild birds in the United States today, according to the National Wild Turkey Federation.

CREDIT: <https://tinyurl.com/8wildturkeyfacts>



Our Father

Our Father, Who art in Heaven
 Hallowed be Thy Name
 Thy Kingdom Come.
 Thy will be done
 On Earth as it is in Heaven.
 Give us this day our daily bread.
 And forgive us our trespasses
 As we forgive those who trespass against us.
 And lead us not into temptation.
 But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
 The Lord is with You
 Blessed are you among women
 And blessed is the fruit of your womb, Jesus.
 Holy Mary, Mother of God
 Pray for us sinners
 Now and at the hour of our death.
 Amen.

Glory Be

Glory be to the Father and to the Son and to the
 Holy Spirit,
 as it was in the beginning, is now and ever shall be,
 world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
 In choosing to do wrong and failing to do good,
 I have sinned against you whom I should love above
 all things.
 I firmly intend, with your help, to do penance, to sin
 no more, and to avoid whatever leads me to sin.

Serenity Prayer

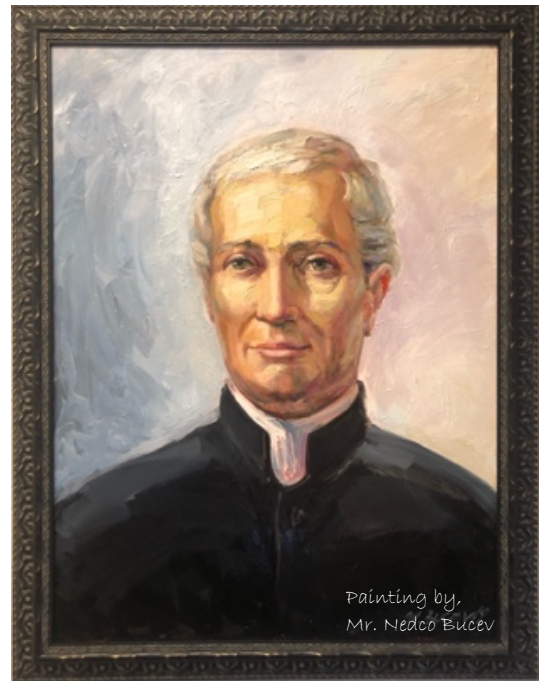
God, grant me the
Serenity to accept the things I cannot change,
Courage to change the things I can and
Wisdom to know the difference.
 Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
 have mercy on me, a sinner.

Blessed Edmund Rice

Creator God, we thank you for the life and work of
 this gifted man, Blessed Edmund Rice. He opened
 his heart generously to Christ present and appealing
 to him in the poor who were oppressed by poverty
 and injustice. May we follow his example of faith and
 generosity. O God, give us the courage and
 compassion of Blessed Edmund as we seek to
 support one another, protect the vulnerable and care
 for the earth, our common home. We make this
 prayer through Jesus Christ Our Lord. Amen.



Apostles' Creed

I believe in God, the father almighty, Creator of
 heaven and earth, and in Jesus Christ, his only Son,
 our Lord, who was conceived by the Holy Spirit, born
 of the Virgin Mary, suffered under Pontius Pilate, was
 crucified, died and was buried; he descended into hell;
 on the third day he rose again from the dead; he
 ascended into heaven, and is seated at the right hand
 of God, the Father almighty; from there He will come
 to judge the living and the dead. I believe in the Holy
 Spirit, the holy catholic Church and the communion
 of saints, the forgiveness of sins, the resurrection of
 the body and life everlasting. Amen

Philippians 4:13

*I can do all things through Christ
 who strengthens me.*

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall lose none of all those He has given me but raise them up at the last day.

make me a channel of your peace (prayer of st. francis)

¶1 Make me a channel of your peace
Where there is hatred let me so your love
Where there is injury, your pardon Lord
And where there's doubt true faith in You.

¶2 Make me a channel of your peace
Where there's despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy.

¶3 Oh, Master grant that I may never seek
So much to be consoled as to console.
To be understood as to understand.
To be loved as to love with all my soul.

¶4 Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.

¶3

¶2

PRAYER FOR PEACE

(ESPECIALLY FOR RUSSIA AND UKRAINE)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.

Amen

- Pope Saint John Paul II

an Irish Blessing

May the road rise up to meet you.
May the Wind be always at your back.
May the sunshine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and
Kindle in them the fire of your love. Send forth your
Spirit and they shall be created, and You shall renew the
face of the earth.

O, God, who by the light of the Holy Spirit, did instruct
the hearts of the faithful, grant that by the same Holy
Spirit, we may be truly wise and ever enjoy in Her
consolations through Christ Our Lord, Amen.

SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.



And for our daily bread
When we need to be fed.
We thank you Lord, for giving us food.
Duh, Duh, Duh, Duh, Dum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh.
Duh, duh, duh, duh.
Duh, duh, duh, duh, SNAP, SNAP.

The Ten Commandments

I am the Lord your God: you shall not have
strange gods before me.

You shall not take the name of the Lord your
God in vain.

Keep holy the Lord's Day.

Honor your father and mother.

You shall not kill.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your
neighbor.

You shall not covet your neighbor's wife.

You shall not covet your neighbor's goods.

Footprints in the Sand

One night I dreamed a dream.

As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.

For each scene,

I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,

I looked back at the footprints in the sand.

I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

This really troubled me, so I asked the Lord about it.

"Lord, you said once I decided to follow you,

You'd walk with me all the way.

But I noticed that during the saddest and most
troublesome times of my life,
there was only one set of footprints.

I don't understand why, when I needed You the most,
you would leave me."

He whispered, "My precious child, I love you and will
never leave you

Never, ever, during your trials and testings.

When you saw only one set of footprints,

It was then that I carried you."

*"Rivers do not drink their own water, trees do not
eat their own fruit, the sun does not shine on itself,
and flowers do not spread their fragrance for
themselves. Living for others is a rule of nature. We
are all born to help each other. No matter how
difficult it is, life is a good when you are happy, but
much better when others are happy because of you."*

Pope Francis

The Golden Rule

Love one another as I have loved you.

LITURGICAL CALENDAR 2023-24

- ADVENT (Dec 3 – Dec 24)
- CHRISTMAS (Dec 25 – Jan 8, 2024)
- ORDINARY TIME (Jan 9-Feb 13)
- ASH WEDNESDAY (Feb 14) LENT
- HOLY WEEK (Mar 25-29)
- HOLY THURSDAY (Mar 28)
- GOOD FRIDAY (Mar 29)
- EASTER (Mar 31)
- ASCENSION (May 9)
- PENTECOST (May 19)
- ORDINARY TIME (May 20 – Nov 30)

The Brotherhood