



11 ANOUNCE COLLEGE CHOICES

DECEMBER 19 - ORADELL, NJ - Eleven student-athletes announced their collegiate athletic intentions on Tuesday in the Hoehl Gymnasium on Christopher "CJ" Donfield Court. One swimmer, one wrestler, one thrower, three lacrosse and five football players signed letters for Division I and Division III. Congratulations to our student-athletes and sincere thanks to their parents on these outstanding accomplishments.



SWIMMING

Raymond Stelmark - University of Delaware

Mother Agata and father Jarek Stelmark

WRESTLING

Noah Kochman - Duke University

Mother Randi and father Tedd Kochman

TRACK AND FIELD

Theodore Hughes - Bryant University

Mother Stacey and Father Brian Hughes '86

LACROSSE

James Carey - Stevens Institute of Tech

Mother Marzie and Father Jim Carey

Anderson Chang - Trinity College

Mother Jennifer and Father Ken Chang '92

Jack Tenaglia - Stevens Institute of Tech

Mother Jean and Father John Tenaglia

FOOTBALL

Luca Cuttita - Carnegie Mellon University

Mother Jessica and Father Michael Cuttita

Nyier Daniels - University of Georgia

Mother Brandi Green and father Mannix Daniels

Elijah Kinsler - West Virginia University

Mother Michelle and father Jaquim Kinsler

Marcus Linder - Johns Hopkins University

Mother Marie and Father Ryan Linder

Kaj Sanders - Rutgers University

Mother Kamila Fardan and father LaQuan Sanders

ANDREW BOAKYE SETS NEW SCHOOL LONG JUMP MARK

December 17 - Fair Lawn, NJ - Junior Andrew Boakye broke a 40-year-old Bergen Catholic indoor track record in the Long Jump with a distance of 22' 2". Jaden Ebanks set the record most recently, in 2021, with a distance of 21' 7.5".

FORD TAKES 3RD TO LEAD BC GRAPPLERS AT BEAST

DECEMBER 17 - NEWARK, DE - Ryan Ford led BC at the 2023 Beast of the East hosted by the University of Delaware. Four Crusaders placed among the top 8, earning medals.



Overall, the Crusaders placed 8th as a team among the best wrestling programs in the country and what Coach Santoli especially pleased was that every one of his medal winners won

their last bout. Psychologically, it is difficult to rebound from a loss and many are simply not able to refocus. Congratulations to the BC four who were able to get back up and win in their medal round.

BEAST OF THE EAST MEDAL WINNERS:

126	3rd Place - Ryan Ford
190	7th-Brian Melamud
191	7th-Leo Varga
285	7th-Ben Shue

JV WRESTLERS HAVE STRONG SHOWING IN OPENER

DECEMBER 17 - JACKSON, NJ - BC sent its JV Wrestlers on a great adventure to Jackson Township for the first JV Tournament of 2023-24. Coach Santoli is undoubtedly very proud of the progress his grapplers showed in the land of the six flags. Joe Kim pinned four wrestlers in the 132-pound weight class as he placed first and was recognized as the tournament's Most Outstanding Wrestler.

Here is a list of the medal winners: Joe Kim 132 1st Place and MOW; Jack Kiernan 126 1st Place; Anthony Tomic 157 1st Place; Ben Carey 215 1st Place; Peter Stathis 175 2nd Place; Nick Onello 120 3rd Place; Che Patrick 215 3rd Place; Mac Fitzgerald 285 3rd Place.

Congratulations, as well, to Leo Geller, Jack Panavalli, and Isaac Hsiao who earned their first wins for Bergen Catholic!

BASKETBALL WINS IN NEWARK CLASSIC

DECEMBER 17 - NEWARK, NJ - The Crusaders improved to 2-0 with a 75-39 victory over Newark Collegiate on Sunday.



TEAM	1	2	3	4	FIN
Bergen Catholic (2-0)	-	-	-	-	75
Newark Collegiate	-	-	-	-	39

STATE RANKINGS: The Crusaders moved up to 8 from Pre-season #9 after a 2-0 opening week.

JOE'S SLOWS BC ROLLERS

DECEMBER 18 - HACKENSACK, NJ - The Crusaders knocked down more pins, but the Green Knights knocked them down at better times, taking 4 of the 7 points available on Monday. The Green Knights edged BC 731-728 in Game 1 and 695-688 in Game 2 before Robert Reynoso's 215 helped BC to explode for a 102-point victory in Game 3. Andy Lee rolled high series (586) edging Calvin Villanueva by a pin (585).



BOWLER	G1	G2	G3	TOTAL
Stephen Paul	166	204	158	528
Sean McKechnie	156	X	X	156
Calvin Villanueva	190	182	213	585
Andy Lee	216	178	192	586
Nick Rossig	X	124	X	124
Robert Reynoso	X	X	215	215
BERGEN CATHOLIC	728	688	778	2,194
ST. JOSEPH'S REG.	731	695	676	2,102

JV SWEEPS GREEN KNIGHTS

DECEMBER 18 - HACKENSACK, NJ - Nick Rossig rolled a high game of 236 and Robert Reynoso and Steve Kane each rolled 173's to lead the Crusaders to a 5-0 victory over St. Joseph Regional on Monday at Bowler City.



BOWLER	G1	G2	G3	TOTAL
John Brignola	115	X	185	300
Nick Brignola	148	126	159	433
Robert Reynoso	X	173	X	173
Nick Rossig	236	X	X	236
Vinny Nobile	132	X	X	132
Steven Kane	X	173	114	287
Sean McKechnie	X	129	126	255
BERGEN CATHOLIC	631	601	584	1,816
ST. JOSEPH'S REG.	588	557	504	1,649

SIX SCORE FOR #6-RANKED BC

DECEMBER 19 - HACKENSACK, NJ - Max Wright opened the scoring for the Crusaders as BC jumped all over the Marauders 3-0 in the first period. It was just a start as Bergen earned its first shutout of the season, defeating St. Peter's Prep 6-0.

Colin Higgins recorded his first-career goal to make the score 2-0. Sophomore Will Schletwegg scored with 3:09 remaining in the period, as he was left unguarded behind the goal and turned the corner to his left side.

Offenses were sluggish to start the second period and a number of opportunities escaped both teams until Matt Maglio weaved through three defenders from the left wing, to find himself open in front of the goal to dunk it, giving BC a 4-0 lead with 5:39 remaining in the stanza.

The Crusaders took a delay of game penalty to start third period and then killed off a 5v3 shorthanded situation. Harrison Udis scored to start BC's offense in the third period and freshman, Braydon Kane scored his first-career goal with just under 30 seconds remaining to lift BC to a 6-0 victory.

Allessandro Capano was perfect between the pipes, earning the team's first shutout victory of the season for Bergen.



STATE RANKINGS: The Crusaders moved up two spots in the state poll to #6 in NJ.

TEAM	1	2	3	FIN
St. Peter's Prep (1-4)	0	0	0	0
Bergen Catholic (4-0)	3	1	2	6

GOALS: Max Wright (1), Colin Higgins (1), Will Schlechtweg (1), Matt Maglio (1), Harrison Udis (1), Braydon Kane (1).

ASSISTS: Colin Higgins (1), Rocco Venezia (1), Max Wright (1), Braydon Kane (1), Alex Frassetto (1), Declan Quinn (1), Nick Frassetto (1), Harrison Udis (1).

SAVES/GA/SAV%: Alessandro Capano (W) (9/9/1.000)

SWIMMERS IMPROVE TO 3-0 IN THE BATTLE OF ORADELL

DECEMBER 19 - WASHINGTON TOWNSHIP, NJ - The Swim Team won the "Battle of Oradell" by defeating River Dell Regional High School 110-60. The Crusaders took first in 9 of the 11 races including three clean sweeps (1-2-3). The first was in the 500 Free as Doyee Kim, Eric Kwon and Andrian Stoika swept the field. The next came three races later in the 100 Breast where Jeremiah Tomioka, Harrison Kinnear and Yuriel Lee took one, two, three.

SWIMMER(S)	TIME	PL
200 MEDLEY RELAY		
Doyee Kim, Dimitri Melnikov, Ryan Choi, William Mulder	1:42.95	1
Ryan Kwon, Andy Kwon, Eric Kwon, Ricky Wright	1:55.05	2
Jonas Haro, Alexander Herrera, Nicolas Gomez, Parker Day	2:12.68	4
200 FREE		
Dimitri Melnikov	1:51.14	1
Duncan Skogerson	1:58.20	2
Jack Cummings	2:19.22	5
200 IM		
Raymond Stelmark	2:10.72	1
Daniel Cassella	2:24.87	4
Ryan Kwon	2:24.93	5
50 FREE		
William Mulder	23.09	1
Parker Day	26.91	5
Joseph Trione	28.19	6
100 FLY		
Eric Yoo	0:56.86	1
Andy Kwon	1:01.03	3
Harris Kinnear	1:02.66	4
100 FREE		
Kevin Son	0:53.60	2
Ryan Kwon	0:56.45	3
Alexander Herrera	1:17.42	6
500 FREE		
Doyee Kim	5:31.19	1

Eric Kwon	5:43.49	2
Andrian Stoika	5:53.65	3
200 FREE RELAY		
Jeremiah Tomioka, Dimitri Melnikov, Yuriel Lee, Eric Yoo	1:33.58	1
Joseph Trione, Jack Cummings, Harris Kinnear, Daniel Cassella	1:48.06	2
100 BACK		
Ryan Choi	0:57.12	1
Ricky Wright	1:07.27	4
Nicolas Gomez	1:16.05	5
100 BREAST		
Jeremiah Tomioka	1:12.34	1
Harrison Kazimir	1:13.30	2
Yuriel Lee	1:13.93	3
400 FREE RELAY		
Duncan Skogerson, Andrian Stoika, Andy Kwon, Raymond Stelmark	3:38.26	1
Jack Cummings, Nicolas Gomez, Harrison Kazimir, Harris Kinnear	4:17.34	2

BC BOWLS OVER PALADINS

DECEMBER 20 - HACKENSACK, NJ - Andy Lee was the driving force in the Crusaders defeating Paramus Catholic 7-0 on Wednesday at Bowler City. The senior rolled a high series of 667, built upon high scores of 232, 252 and 183. BC is 3-1 on the season.



BOWLER	G1	G2	G3	TOTAL
Stephen Paul	160	151	129	440
Robert Reynoso	148	147	140	435
Calvin Villanueva	179	174	183	435
Andy Lee	232	252	183	667
BERGEN CATHOLIC	719	724	635	2,078
PARAMUS CATHOLIC	460	436	499	1,395

JV TAKES FIVE FROM PC

DECEMBER 20 - HACKENSACK, NJ - Wednesday's JV hero was Vinny Nobile, whose second game of 181 and high series of 486 led the Crusaders over Paramus Catholic. The JV squad remained undefeated and got help from a solid, team effort. All six bowlers



averaged between 109 and 162.

BOWLER	G1	G2	G3	TOTAL
John Brignola	163	147	158	468
Nick Brignola	143	132	146	421
William Smith	119	111	137	367

Vinny Nobile	147	181	158	486
Matt Kovacs	107	113	106	326
Matt Morin	118	155	99	372
BERGEN CATHOLIC	631	601	584	1,816
ST. JOSEPH'S REG.	588	557	504	1,649

WRESTLERS SCORE 84

DECEMBER 20 - HACKENSACK, NJ - The Comets of Hackensack HS



were not ready for the stars who shot through the County Seat on Wednesday night. Combined with a number of forfeits, the Crusaders maxed out the score, pinning the remainder of opponents, good for an 84-0 victory in a Big North Conference Independent Wrestling Match.

EARLY TOP 10 HOCKEY EXCITING AS ALWAYS

DECEMBER 21 - HACKENSACK, NJ - As usual, Bergen-Bosco started



living up to the hype from the opening puck drop. Both teams skated fast and played hard-checking hockey. Ultimately the state's #2 ranked Ironmen came away with a 3-1 victory.

With the scored tied at zero late in the first period, BC found themselves short-handed due to a cross-checking penalty. The penalty-killing unit did a great job killing off the two minute penalty and as it ended, BC immediately picked up another two minutes for cross-checking. In the opening shift of the second penalty, Matt Maglio broke out and skated the length of the ice on a breakaway, scoring short-handed to put the Crusaders up 1-0. Bergen would hold that lead for the remaining three minutes in the period.



The Ironmen tied the score up six minutes into the second period on a cross-ice pass which was redirected to beat Crusader goalie Erez Yacobi. Bergen yielded another power play opportunity to the Ironmen and they took advantage, scoring with about 3 minutes remaining in the period. The Bosco offense showed why it one of the top in the state. Late in the period, BC was trying to clear their zone, but turned the puck over deep.

Yacobi made a point-blank-range save, but the rebound bounced to the backside and was buried by an awaiting maroon skater, giving the visitors a 3-1 advantage into the second intermission.

The Crusaders found themselves short-handed again in the third period, but Yacobi was outstanding, making acrobatic saves and keeping BC in the game. Matt Maglio made some excellent late rushes down the ice. Yacobi was stellar in the pipes. Time ran out on the game, making Friday night's BC-DBP game another we can't wait to watch.

TEAM	1	2	3	FIN
#2 Don Bosco Prep (6-1)	0	3	0	3
#6 Bergen Catholic (4-1)	1	0	0	1

GOALS: Matt Maglio (1).

ASSISTS: Harrison Udis (1).

SAVES/GA/SAV%: Erez Yacobi (L) (35/3/.921)

SWIMMERS IMPROVE TO 4-0 RACING PAST CLIFTON

DECEMBER 21 - CLIFTON, NJ - The Swim Team earned a 133-22 victory over Clifton. The Crusaders won each of the 11 events and swept 1-2-3 in four of the events. They took 1-2 in 10 of eleven events. In the last event of the day, the 400 Free Relay, BC entered only one team.

SWIMMER(S)	TIME	PL
200 MEDLEY RELAY		
Kevin Son, Eric Yoo, Yurriel Lee, Ryan Choi	1:53.75	1
Daniel Cassella, Harrison Kazimir, Harris Kinnear, Ryan Kwon	1:58.64	2
200 FREE		
Doyee Kim	2:02.31	1
Harrison Kinnear	2:13.63	2
Nicolas Gomez	2:23.45	3
200 IM		
Eric Kwon	2:11.50	1
Jeremiah Tomioka	2:12.03	2
50 FREE		
Jack Cummings	26.34	1
Parker Day	27.23	2
Charles Borkowski	35.91	6
100 FLY		
Ryan Choi	1:00.16	1
Yurriel Lee	1:05.38	2
Daniel Cassella	1:14.23	3
100 FREE		
Andrian Stoika	0:56.87	1
Harrison Kazimir	1:05.61	2
Alexander Tong	1:26.82	5
500 FREE		
Eric Yoo	5:10.69	1
Ryan Kwon	6:23.88	2
200 FREE RELAY		
D. Skogerson, Jeremiah Tomioka, D. Melnikov, Doyee Kim	1:40.58	1
Kevin Son, Eric Kwon, Andy Kwon, Daniel Cassella	1:44.47	2
Charles Borkowski, Jonas Haro, Alexander Tong, Parker Day	2:15.25	3

100 BACK		
Andy Kwon	1:02.27	1
Ricky Wright	1:07.79	2
100 BREAST		
Dimitri Melnikov	1:02.00	1
Duncan Skogerson	1:14.08	2
Nicolas Gomez	1:23.36	3
400 FREE RELAY		
Kevin Son, Harris Kinnear, Ryan Kwon, Alexander Tong	4:17.91	1

CRUSADERS SPLIT WITH PATRIOTS

DECEMBER 21 - WAYNE, NJ - The Bergen Catholic Freshmen and JV teams visited Wayne Hills on Thursday and came home with mixed results. The Freshmen struggled mightily with the home Patriots, dropping a 65-35 decision. The JV executed their game plan much more effectively, defeating WH 53-38.



MAGS KEEPS SCORING

DECEMBER 22 - WAYNE, NJ - It was a second difficult game for the Crusaders, but Matt Maglio continues to find ways to create offense. For the second time in two games, Mags scored a short-handed goal against Don Bosco Prep, but the number of penalties seems to have hampered the Crusader offense through the past two games.

After a scoreless first period, the Ironmen held a 1-0 lead at the end of two periods. They extended the lead to 2-1, six minutes into the third period. Maglio cut the lead in half nine minutes in, but Bosco answered shortly after with an insurance goal. That nailed down a 3-1 victory and two-game regular season sweep of the Crusaders. They two may still well see each other in the County, Gordon Cup and State tournaments.

TEAM	1	2	3	FIN
#6 Bergen Catholic (4-2)	0	0	1	1
#2 Don Bosco Prep (7-1)	0	1	2	3

GOALS: , Matt Maglio (1).

ASSISTS: Declan Quinn (1).

SAVES/GA/SAV%: Alessandro Capano (L) (28/3/.903)

CRUSADERS HOST WEST CATHOLIC BURRS

DECEMBER 23 - ORADELL, NJ - On Saturday afternoon, Bergen Catholic hosted West Catholic Prep from Philadelphia in an independent high school basketball game. The Crusaders



came away with an 86-53 victory in the school's 67th home opener.

The Crusaders controlled most aspects of the game led by Declan Wucherpennig's 14 points. Julius Avent got things rolling for BC early, finishing with 11 points and AJ Williams finished with 12. Jaden Brown made the most of his time knocking down double digits as well.

Interesting point for those who have not yet seen a HS basketball game this season. The one-and-one-bonus free throws and method of counting fouls has changed. Instead of the team fouls being counted each half, they are now counted each quarter. Once a team reaches 5 personal fouls in a quarter, their opponent shoots two.

This is a change to the old rule whereby in each half, once a team accumulated 7 fouls, the opponent shot one-and-a-bonus. Then, once the team reached 10 fouls, the opponent shot two shots.

TEAM	1	2	3	4	FIN
West Catholic Prep (PA) (2-4)	3	12	20	18	53
Bergen Catholic (3-0)	11	24	30	21	86

SCORING

CRUSADER	3PT	2PT	FT M	FTA	FT%	PTS
Naiim Parrish	-	2	-	-		4
Nehemiah Snell	-	1	-	-		2
AJ Williams	2	3	-	-		12
Jaylen Robinson	1	1	3	4	.750	8
Jakub Lomicka	2	1	-	-		8
Jaden Brown	-	5	-	-		10
Tyler McQuaid	-	2	2	2	1.000	6
Declan Wucherpennig	-	6	2	3	.667	14
Antonio Tristani	2	-	-	-		6
Julius Avent	1	3	2	2	1.000	11
Jahlil Owusu	-	3	-	-		6
TOTALS	8	27	9	11	.818	86
WEST CATHOLIC	13	7	0	2	.000	53

BIRD OF THE WEEK...EGRETS

DATE UNKNOWN - SMYRNA, DE - I saw this group of egrets, some snowy (13) some great (4), and I thought it was an interestingly decorated Christmas tree! Snowy Egrets are smaller with a black bill, yellow feet. Greater Egrets are larger with a yellow bill and black feet.



Yes, Virginia, There is a Santa Claus.

Is There a Santa Claus?

We take pleasure in answering at once and thus prominently the communication below, expressing at the same time our great gratification that its faithful author is numbered among the friends of THE SUN:

"DEAR EDITOR: I am 8 years old.

"Some of my little friends say there is no Santa Claus.

"Papa says 'If you see it in THE SUN it's so.'

"Please tell me the truth; is there a Santa Claus?

"VIRGINIA O'HANLON.

"115 WEST NINETY-FIFTH STREET."

VIRGINIA, your little friends are wrong. They have been affected by the skepticism of a skeptical age. They do not believe except they see. They think that nothing can be which is not comprehensible by their little minds. All minds, VIRGINIA, whether they be men's or children's, are little. In this great universe of ours man is a mere insect, an ant, in his intellect, as compared with the boundless world about him, as measured by the intelligence capable of grasping the whole of truth and knowledge.

Yes, VIRGINIA, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas! how dreary would be the world if there were no Santa Claus. It would be as dreary as if there were no VIRGINIAS. There would be no childlike faith then, no poetry, no romance to make tolerable this existence. We should have no enjoyment, except in sense and sight. The eternal light with which childhood fills the world would be extinguished.

Not believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch in all the chimneys on Christmas Eve to catch Santa Claus, but even if they did not see Santa Claus coming down, what would that prove? Nobody sees Santa Claus, but that is no sign that there is no Santa Claus. The most real things in the world are those that neither children nor men can see. Did you ever see fairies dancing on the lawn? Of course not, but that's no proof that they are not there. Nobody can conceive or imagine all the wonders there are unseen and unseeable in the world.

You may tear apart the baby's rattle and see what makes the noise inside, but there is a veil covering the unseen world which not the strongest man, nor even the united strength of all the strongest men that ever lived, could tear apart. Only faith, fancy, poetry, love, romance, can push aside that curtain and view and picture the supernal beauty and glory beyond. Is it all real? Ah, VIRGINIA, in all this world there is nothing else real and abiding.

No Santa Claus! Thank God! he lives, and he lives forever. A thousand years from now, VIRGINIA, nay, ten times ten thousand years from now, he will continue to make glad the heart of childhood.

A Visit from St. Nicholas

BY CLEMENT CLARKE MOORE

'Twas the night before Christmas, when all through the house
Not a creature was stirring, not even a mouse;
The stockings were hung by the chimney with care,
In hopes that St. Nicholas soon would be there;
The children were nestled all snug in their beds;
While visions of sugar-plums danced in their heads;
And mamma in her 'kerchief, and I in my cap,
Had just settled our brains for a long winter's nap,
When out on the lawn there arose such a clatter,
I sprang from my bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.
The moon on the breast of the new-fallen snow,
Gave a lustre of midday to objects below,
When what to my wondering eyes did appear,
But a miniature sleigh and eight tiny rein-deer,
With a little old driver so lively and quick,
I knew in a moment he must be St. Nick.
More rapid than eagles his coursers they came,
And he whistled, and shouted, and called them by name:
"Now, *Dasher!* now, *Dancer!* now *Prancer* and *Vixen!*
On, *Come!* on, *Cupid!* on, *Donder* and *Blitzen!*
To the top of the porch! to the top of the wall!
Now dash away! dash away! dash away all!"
As leaves that before the wild hurricane fly,
When they meet with an obstacle, mount to the sky;
So up to the housetop the coursers they flew
With the sleigh full of toys, and St. Nicholas too—
And then, in a twinkling, I heard on the roof
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came with a bound.
He was dressed all in fur, from his head to his foot,
And his clothes were all tarnished with ashes and soot;
A bundle of toys he had flung on his back,
And he looked like a pedler just opening his pack.
His eyes—how they twinkled! his dimples, how merry!
His cheeks were like roses, his nose like a cherry!
His droll little mouth was drawn up like a bow,
And the beard on his chin was as white as the snow;
The stump of a pipe he held tight in his teeth,
And the smoke, it encircled his head like a wreath;
He had a broad face and a little round belly
That shook when he laughed, like a bowl full of jelly.
He was chubby and plump, a right jolly old elf,
And I laughed when I saw him, in spite of myself;
A wink of his eye and a twist of his head
Soon gave me to know I had nothing to dread;
He spoke not a word, but went straight to his work,
And filled all the stockings; then turned with a jerk,
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose;
He sprang to his sleigh, to his team gave a whistle,
And away they all flew like the down of a thistle.
But I heard him exclaim, ere he drove out of sight—
"Merry Christmas to all, and to all a good night!"

Walnut Tassies

Makes about 48



When it comes to cookies, there are two inspirational women in my life. My mom and Joan Implicito who is memorialized at BC at the end of the Junior Hallway. Her daughter and I grew up together and she was always generous and especially kind. She passed this recipe onto my mom who made it annually and I pass it along to you. I hope you enjoy it!

PRE HEAT THE OVEN 375°

CRUST

½ LB (2 sticks)	salted butter
6 oz.	cream cheese
2 cups	flour

Mix together (butter and cream cheese need to be at room temperature or they will not mix well with the flour). Roll out to about 1/8 inch thickness and cut with circular (2.25" diameter) cookie cutter. You want the crust to be slightly above the pan.

FILLING

1.5 cup	brown sugar
3 tablespoon	melted butter
3	eggs
2 teaspoons	vanilla extract

Mix together. Be sure brown sugar isn't balling up. Pour into each cup and fill about $\frac{3}{4}$ way to the top of each. Do not overfill.



TOPPING

Chop walnuts (or pecans) and spread over top of each tassie.

BAKE

20 minutes at 375° or until crusts are golden brown. Center will rise above crust in the middle. Let cool for 5 minutes. Center will settle.

ENJOY!

Our Father

Our Father, Who art in Heaven
 Hallowed be Thy Name
 Thy Kingdom Come.
 Thy will be done
 On Earth as it is in Heaven.
 Give us this day our daily bread.
 And forgive us our trespasses
 As we forgive those who trespass against us.
 And lead us not into temptation.
 But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
 The Lord is with You
 Blessed are you among women
 And blessed is the fruit of your womb, Jesus.
 Holy Mary, Mother of God
 Pray for us sinners
 Now and at the hour of our death.
 Amen.

Glory Be

Glory be to the Father and to the Son and to the
 Holy Spirit,
 as it was in the beginning, is now and ever shall be,
 world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
 In choosing to do wrong and failing to do good,
 I have sinned against you whom I should love above
 all things.
 I firmly intend, with your help, to do penance, to sin
 no more, and to avoid whatever leads me to sin.

Serenity Prayer

God, grant me the
Serenity to accept the things I cannot change,
Courage to change the things I can and
Wisdom to know the difference.
 Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
 have mercy on me, a sinner.

Blessed Edmund Rice

Creator God, we thank you for the life and work of
 this gifted man, Blessed Edmund Rice. He opened
 his heart generously to Christ present and appealing
 to him in the poor who were oppressed by poverty
 and injustice. May we follow his example of faith and
 generosity. O God, give us the courage and
 compassion of Blessed Edmund as we seek to
 support one another, protect the vulnerable and care
 for the earth, our common home. We make this
 prayer through Jesus Christ Our Lord. Amen.



Apostles' Creed

I believe in God, the father almighty, Creator of
 heaven and earth, and in Jesus Christ, his only Son,
 our Lord, who was conceived by the Holy Spirit, born
 of the Virgin Mary, suffered under Pontius Pilate, was
 crucified, died and was buried; he descended into hell;
 on the third day he rose again from the dead; he
 ascended into heaven, and is seated at the right hand
 of God, the Father almighty; from there He will come
 to judge the living and the dead. I believe in the Holy
 Spirit, the holy catholic Church and the communion
 of saints, the forgiveness of sins, the resurrection of
 the body and life everlasting. Amen

Philippians 4:13

*I can do all things through Christ
 who strengthens me.*

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall lose none of all those He has given me but raise them up at the last day.

make me a channel of your peace (prayer of st. francis)

¶1 Make me a channel of your peace
Where there is hatred let me so your love
Where there is injury, your pardon Lord
And where there's doubt true faith in You.

¶2 Make me a channel of your peace
Where there's despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy.

¶3 Oh, Master grant that I may never seek
So much to be consoled as to console.
To be understood as to understand.
To be loved as to love with all my soul.

¶4 Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.

¶3

¶2

PRAYER FOR PEACE

(ESPECIALLY FOR RUSSIA AND UKRAINE)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.

Amen

- Pope Saint John Paul II

an IRISH Blessing

May the road rise up to meet you.
May the Wind be always at your back.
May the sunshine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and
Kindle in them the fire of your love. Send forth your
Spirit and they shall be created, and You shall renew the
face of the earth.

O, God, who by the light of the Holy Spirit, did instruct
the hearts of the faithful, grant that by the same Holy
Spirit, we may be truly wise and ever enjoy in Her
consolations through Christ Our Lord, Amen.

SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.



And for our daily bread
When we need to be fed.
We thank you Lord, for giving us food.
Duh, Duh, Duh, Duh, Dum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh.
Duh, duh, duh, duh.
Duh, duh, duh, duh, SNAP, SNAP.

The Ten Commandments

I am the Lord your God: you shall not have
strange gods before me.

You shall not take the name of the Lord your
God in vain.

Keep holy the Lord's Day.

Honor your father and mother.

You shall not kill.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your
neighbor.

You shall not covet your neighbor's wife.

You shall not covet your neighbor's goods.

Footprints in the Sand

One night I dreamed a dream.

As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.

For each scene,

I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,

I looked back at the footprints in the sand.

I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

This really troubled me, so I asked the Lord about it.

"Lord, you said once I decided to follow you,

You'd walk with me all the way.

But I noticed that during the saddest and most
troublesome times of my life,
there was only one set of footprints.

I don't understand why, when I needed You the most,
You would leave me."

He whispered, "My precious child, I love you and will
never leave you

Never, ever, during your trials and testings.

When you saw only one set of footprints,

It was then that I carried you."

*"Rivers do not drink their own water, trees do not
eat their own fruit, the sun does not shine on itself,
and flowers do not spread their fragrance for
themselves. Living for others is a rule of nature. We
are all born to help each other. No matter how
difficult it is, life is a good when you are happy, but
much better when others are happy because of you."*

Pope Francis

LITURGICAL CALENDAR 2023-24

- ☐ ADVENT (Dec 3 – Dec 24)
- ☒ CHRISTMAS (Dec 25 – Jan 7, 2024)
- ☐ ORDINARY TIME (Jan 6-Feb 21)
- ☐ ASH WEDNESDAY (Feb 14) LENT
- ☐ HOLY WEEK (Mar 25-29)
- ☐ HOLY THURSDAY (Mar 28)
- ☐ GOOD FRIDAY (Mar 29)
- ☐ EASTER (Mar 31)
- ☐ ASCENSION (May 9)
- ☐ PENTECOST (May 19)
- ☐ ORDINARY TIME (May 20 – Nov 30)

The Golden Rule

Love one another as I have loved you.