



**BERGEN CATHOLIC  
HIGH SCHOOL**

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FOR IMMEDIATE RELEASE

## **Bergen Catholic Student-Athletes Honored at November 2023 Commitment Day**



*BC senior student-athletes & their families assembled at November Commitment Day  
(Photo courtesy of BC Communications)*

**ORADELL, NJ, November 8, 2023** –Seven Bergen Catholic senior student-athletes were honored as part of the 2023 Bergen Catholic November Commitment Day Ceremony in Hoehl Gymnasium.

The Crusader student-athletes who were honored included:

**Parker Day** (Bucknell lacrosse), **Ryan Ford** (Rutgers wrestling), **Doyee Kim** (Army West Point Swimming), **Joe Lee** (Lafayette Soccer), **Ryan Marchina** (Mount Saint Mary's Baseball), **Chris Nucifora** (Bucknell Wrestling) & **Cosimo Tristani** (Fordham Soccer).

Congratulations to the BC student-athletes and their families for their commitment to excellence in the classroom and in their sports here in Crusader Country.

Bergen Catholic High School is a diverse Catholic community that prepares young men to become dynamic global leaders by deepening religious faith, developing academic excellence, and strengthening social consciousness and responsibility in accordance with the Essential Elements of an Edmund Rice Christian Brother Education.

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**Founded and staffed by the Edmund Rice Christian Brothers**

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