

TWIBCS SPORTS

God, Family, Academics, Bergen Catholic Sports



WE ARE BC!

CRUSADER

BASEBALL

STARS SHINE

AT ANNUAL

CHALLENGER

GAME

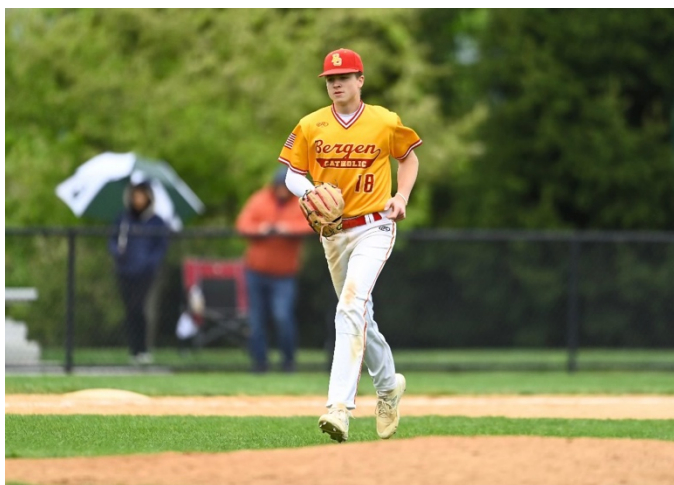


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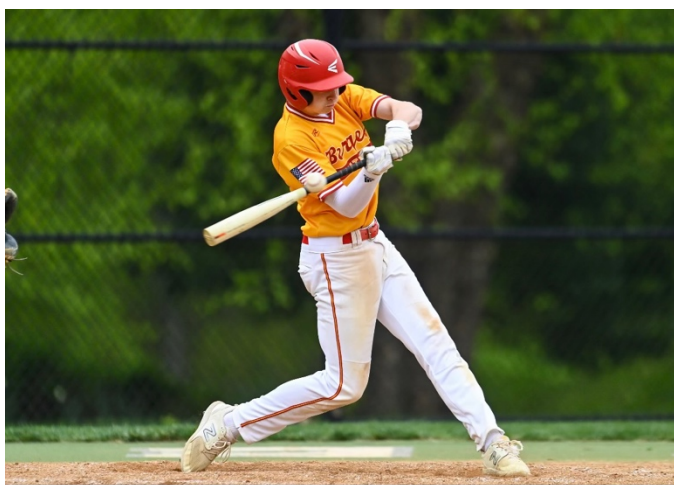
JV BASEBALL SLAYS GREEN KNIGHTS

May 1 - Montvale, NJ - The Crusader JV Baseball Team defeated St. Joseph Regional on Monday 4-3.



Bourke Reid started and went 3 1/3 innings. He combined with Allan Stanbury who pitched 3 2/3 Innings for the win.

Down 3-1 in the Top of the 7th, Rudy Gonzolo started things off with a single to right field. David Varoli pinch hit a double. Next, Gavin Grageda walked to load the bases. Chris Fernandez hit a sac fly to make it 3-2 and then Felix Matos had a two RBI single to give us the 4-3 lead. Stanbury closed the door in the bottom of the 7th for the win.



WHITE LEADS CRUSADERS

May 1 - Oradell, NJ - The Crusaders dropped a tough 12-



5 decision to Seton Hall Prep's Pirates on Monday. Markus White scored a pair of goals in the opening quarter to lead the Crusader offense.

In the third quarter, White hit attackman Tommy Pfleging-Howes who quickly returned the ball to White on a nifty give-and-go and White's natural hat-trick. Moments later, Luke Bohen found Jack McCann sneaking around the left side of the crease to up BC's total to four.

In the fourth, Jonah Kim exercised some fancy footwork before unleashing a low-to-low shot for BC's fifth goal.

Dylan Brown, Nick Walleck, Harold Williams and Grayson Pitcock played some tough defense and Dylan Carrick provided some relief in the goal for the young Crusaders.

VOLLEYBALL DEFEATS INDIAN HILLS FOR DEBELLIS' FIRST WIN

May 1 - Oradell, NJ - The Crusader Volleyball Team got



their first win for first year Coach Hunter DeBellis with a close 22-25, 25-22, 25-23 victory over Indian Hills.

Luca Duardo led BC with 13 kills. Thomas Cusick recorded 29 digs and 3 aces. Jeongsoo Park led the Crusaders with 7 Service Points. Set-specialist Ian Walls earned 21 of BC's 23 assists and added 6 service points and block-specialist, Brandon Benjamin knocked back 7.5 shots.

VOLLEYBALL DEFEATS IHRHS

TEAM	1	2	3	FINAL
Indian Hills	25	22	23	1
BC	22	25	25	2

Bergen Catholic Scoring Stats

Player	Kills	Blocks	Digs	Assists	Service Points	Aces
Luca Duardo	13	0	18	0	0	1
Thomas Cusick	0	0	29	0	3	3
Jeongsoo Park	2	1	14	0	7	2
George Azumelashvili	0	0.5	9	2	0	2
Brandon Benjamin	5	7.5	0	0	0	0
Ian Walls	0	0	13	21	6	3
Jackson Vonderhorst	0	0	0	0	1	0
Yuanzhe Li	3	0	0	0	0	0
Totals:	23	9	83	23	17	11

The JV Volleyball Team defeated Indian Hills 25-19, 25-17.

LEAGUE AND CONFERENCE TITLES DECIDED AS COACH SETS NEW VICTORY MARK



April 21 - Wayne, NJ - The start of the week was tough, but it finished on a historic note as Jim Jacobsen became the first coach in New Jersey to win 1200 matches.

On Monday, BC was defeated by rivals Don Bosco Prep and St. Joseph on Division Day for the Big North United Division. Ryder Hodgson shot 37 to lead BC who finished 2-2 on the day, defeating Paramus Catholic and DePaul Catholic.

On Tuesday, BC defeated Westwood and Pascack Valley in a tri-match 153 to 198 and 209 respectively. Northern Highlands put up a good fight and the Crusaders played well, winning 151-159, highlighted by Ryan Applin's 34.


Applin followed up on Friday with another exceptional performance shooting a 4-under 68 to lead BC to the BNC United Title. His performance was five strokes better than the runner up from SJR.

Day	MON	TUE	WED	FRI	
<i>Varsity</i>	DIVISION DAY	WESTWOOD/PV	NORTHERN HIGHLANDS	BNC TOURNAMENT	Weekly Average (9 HOLES)
Name					
Liam White	39		37	75	37.8
Ryan Applin	41		34	68	35.8
Ryder Hodgson	37	36	39	74	37.2
Nakhil Sahu	46				46.0
Adam Sincavage	41	35	42	77	39.0
Chris Vrtis	41		41	88	42.5
Andrew Lama	-	42			42.0
John Keyes	-	43	47		45.0
PJ Guinan	-	43			43.0
CRUSADERS	158	153	151	146	33.8
OPPONENTS	DBP-155	WW-198	159	170	
	SJR-156	PV-209	W	W	
	PC-176	WW			
	DePaul-187				



JV SPLITS ITS MATCHES

May, 2023 - The JV Golf team split its matches this week, defeating Demarest on Monday and then getting edged by Don Bosco Prep on Tuesday. Peter Dente shot 45, leading BC's winning effort on Monday while Will Calocino and Calvin Jung both shot 41 at Spook Rock on Tuesday.

Day	MON	TUE	
	NV Demarest	Don Bosco Prep	Week Average
Name			
Andrew Lama	-	46	46
John Keyes	-	47	47
Nikhil Sahu	48	-	48
Will Calocino	49	41	45
Calvin Jung	-	41	41
PJ Guinan	49	-	49
Danny O'Neill	55	-	55
Jack Driscoll	-	52	52
Donovan Reid	53	-	53
Peter Dente	45	-	45
Erich Surovetz	-	49	49
BERGEN CATHOLIC	158	175	
OPPONENT	186	173	
PASCACK VALLEY	W	L	

CRUSADERS ADVANCE TO COUNTY SEMIFINAL

May 2 - Oradell, NJ - The Crusader Lacrosse Team advanced to the BCCA Semi-final game after defeating Northern Highlands 7-5. Parker Day saved

10 shots and allowed only five goals to lead BC to the victory. Pat Cece (8-for-8) and Dan Sheppard (7-for-7) dominated the face off X, turning in a combined perfect performance 15-0!

Joe Marinaccio, Jimmy Carey and Luke Macejka each scored a pair of goals in a game where the Highlanders were committed to stop BC's top scorer, Richie Reid. They may

have contained him, but Reid did score, helping BC to advance.

TEAM	1	2	3	4	T
#5 No. Highlands	1	5	7	4	17
#4 Bergen Catholic	2	2	2	1	7

Bergen Catholic Scoring Stats

Player	G	A	P	GB	FOS-Taken	FOS-Won	FOS-Win%
Luke Macejka	2	0	2	0	0	0	0
Jack Tenaglia	0	1	1	2	0	0	0
Richie Reid	1	0	1	5	0	0	0
Jimmy Carey	2	1	3	2	0	0	0
Joseph Marinaccio	2	0	2	2	0	0	0
Jake Taromina	0	1	1	2	0	0	0
Anderson Chang	0	1	1	3	0	0	0
Ryan Ford	0	0	0	2	0	0	0
Noah Spencer	0	0	0	4	0	0	0
Joseph Angeli	0	0	0	3	0	0	0
Patrick Cece	0	0	0	1	8	8	1
Nico Martino	0	0	0	2	0	0	0
Parker Day	0	0	0	4	0	0	0
Dan Sheppard	0	0	0	0	7	7	1
Totals:	7	4	11	32	15	15	2

Bergen Catholic Goalie Stats

Player	Saves	GA
Parker Day	10	5
Totals:	10	5

BC DEFEATS SJR IN TENNIS

May 2 - Montvale, NJ - Bergen breezed to a 5-0 victory over St. Joseph Regional on Tuesday. The Crusaders took 60 of 68 games play including perfect sets from Philip Saint Cyrus, Christian Choi and first doubles, Daniel Callianese and Jordi Visser.

Match	Player(s)	Set 1	Set 2	Set 3	W/L
1st SING	Andrew Song	6-1	6-1		W
2nd SING	Philip Saint Cyrus	6-0	6-0		W
3rd SING	Christian Choi	6-0	6-0		W
1st DOUB	Daniel Callianese/Jordi Visser	6-0	6-0		W
2nd DOUB	Marcus Kim/Christian Marchisio	6-3	6-3		W

JV BASEBALL SWEEPS JOES

May 3 - Ridgefield Park, NJ - Jake Howarth pitched 5 innings with 6 Strikeouts for the win. Jimmy Corcoran pitched the final two innings in relief. Tyler Yoo had a single and 2 RBI's. Bert Maxim walked and scored a run. Anthony Tetto Walked, stole a base, and scored a run.

CRUSADERS ARE DIGGIN' IT

63 DIGS HELP VOLLEYBALL WIN

May 3 - Hoehl Gymnasium - The volleyball team won its



second straight match, this time over Pope John of Sparta, 12-25, 25-21, 25-10.

Sixty-three digs played a key role in the victory as Tom Cusick led with 17, and George Azrumelashvili 12, Ian Walls 11, Jeongsoo Park 8 and Luca Duardo 6 all played key roles in the victory. Duardo recorded 9 kills and JP Sinagra added 5 and Park 4. Ian Walls had 18 assists.

TEAM	1	2	3	FINAL
Pope John	25	21	10	1
BC	12	25	25	2

Bergen Catholic Scoring Stats

Player	Kills	Blocks	Digs	Assists	Service Points	Aces
Luca Duardo	9	0	6	0	4	0
Thomas Cusick	1	2	17	0	6	1
Jeongsoo Park	4	1.5	8	0	3	0
George Azrumelashvili	0	0	12	0	3	1
Ian Walls	1	0	11	18	7	2
Jackson Vonderhorst	0	0	5	0	0	0
Yuanzhe Li	0	2	1	0	2	0
John Paul Sinagra	5	0	3	0	0	0
Totals:	20	5.5	63	18	25	4

CRUSADERS TAKE GAME ONE FROM GREEN KNIGHTS

May 3 - Montvale, NJ - After two days of rainouts, the



Crusaders and Green Knights finally faced off on Wednesday with BC taking the first game of the two-

game series 1-0.

Christian Charamblous struck out seven over six innings of shutout baseball and Jack Duffy earned the save as the pair 5-hit the Green Knights.

The top of the sixth inning was the deciding inning. It was then that Dhruv Vengurlekar showed a good eye. With a

full-count, he earned the game-winning RBI with a bases-loaded, two-out walk that forced Harrison Certo across home.

Team	1	2	3	4	5	6	7	R	H	E
Bergen Catholic	0	0	0	0	0	1	0	1	2	0
St. Joseph Regional	0	0	0	0	0	0	0	0	5	1

BATTING

Bergen Catholic	AB	R	H	RBI	BB	SO
H Certo (2B)	2	1	0	0	2	0
L Reyes (CF)	2	0	1	0	1	1
B Connors (RF)	1	0	0	0	1	1
J Zee (SS)	2	0	0	0	1	0
B Nichols (1B)	3	0	1	0	0	1
D Vengurlekar (LF)	2	0	0	1	1	0
D Spierer (3B)	3	0	0	0	0	1
A Baglino (C)	3	0	0	0	0	1
M Biskup (DH)	2	0	0	0	0	2
R Marchina (DH)	1	0	0	0	0	1
Totals	21	1	2	1	6	8

TB: L Reyes, B Nichols, **SAC:** B Connors, **HBP:** L Reyes, **SB:** L Reyes, **LOB:** 7

PITCHING

Bergen Cathc	IP	H	R	ER	BB	SO	HR
C Charalam...	6.0	4	0	0	3	7	0
J Duffy	1.0	1	0	0	1	2	0
Totals	7.0	5	0	0	4	9	0

W: C Charalambous, **P-S:** J Duffy 25-16, C Charalambous 110-65, **BF:** J Duffy 5, C Charalambous 24

LEGENDARY WATCHES TENNIS DEFEAT RIDGEWOOD

May 3 - Ridgewood, NJ - Mr. H. Scott Gismond was on



hand to watch a program he coached for decades defeat the Maroons 4-1 on Wednesday.

Coaches Park, Fr. Sam and Baydar and their team put on a show for Mr. Gismond who taught at BC over four decades!

Match	Player(s)	Set 1	Set 2	Set 3	W/L
1 st SING	Andrew Song	1-6	0-6		L
2 nd SING	Philip Saint Cyrus	6-1	6-1		W
3 rd SING	Christian Choi	6-3	6-2		W
1 st DOUB	Brian Song/Daniel Song	6-2	6-4		W
2 nd DOUB	Ryan Kim/John Nalbadian	6-3	6-1		W

JV Tennis lost 3-0 to Ridgewood.

CRUSADERS PUT UP VALIANT FIGHT IN SEMIS

May 4 - Ramsey, NJ - The Crusaders took on New Jersey's #3 and top-seeded Don Bosco Prep in the County Semifinals on Thursday, falling to their rivals 13-6. Richie Reid Led BC with a hat-trick and four ground balls and Luke Macejka scored two goals. Parker Day recorded 12 saves and picked up a pair of GBs for Bergen.



TEAM	1	2	3	4	T
#4 Bergen Catholic	1	3	0	2	6
#1 Don Bosco Prep	4	4	1	4	13

Box Score

Team	1	2	3	4	Final
Bergen Catholic (5-6)	1	3	0	2	13
Don Bosco Prep (8-5)	4	4	1	4	6

Bergen Catholic Scoring Stats

Player	G	A	P	GB	FOS-Taken	FOS-Won	FOS-Win%
Anderson Chang	1	0	1	2	0	0	0
Luke Macejka	2	0	2	1	0	0	0
Jack Tenaglia	0	1	1	0	0	0	0
Richie Reid	3	0	3	4	0	0	0
Jake Taromina	0	2	2	0	0	0	0
Joseph Marinaccio	0	1	1	0	0	0	0
Parker Day	0	0	0	3	0	0	0
Ryan Ford	0	0	0	1	0	0	0
Sean Irving	0	0	0	1	0	0	0
Joseph Angeli	0	0	0	2	0	0	0
Patrick Cece	0	0	0	1	10	3	0.3
Nico Martino	0	0	0	2	0	0	0
Hayden Walmley	0	0	0	2	0	0	0
Dan Sheppard	0	0	0	0	13	5	0.384615384615385
Totals:	6	4	10	19	23	8	0.6846153846153851

Bergen Catholic Goalie Stats

Player	Saves	GA
Parker Day	12	13
Totals:	12	13

BERGEN RIDES BRONCOS

May 4 - Lyndhurst, NJ - The Crusaders jumped out to a 2-0 lead in the first and then broke the game open with a six-run fourth, defeating Pascack Valley's Broncos 9-1.



Centerfielder Luca Reyes went 3-for-4 with 3 RBIs and a triple to lead the BC offense. Braedon Connors, Aidan Baglino and Danny Spierer each had a pair of hits for Bergen.

Luke Dellantash struck out three over five-innings of shutout baseball. Paul Warburton finished off the job over two innings, striking out one.

Team	1	2	3	4	5	6	7	R	H	E
Pascack Valley	0	0	0	0	0	0	1	1	5	0
Bergen Catholic	2	0	0	6	0	1	X	9	12	2

Bergen Catholic	AB	R	H	RBI	BB	SO
H Certo (2B)	3	1	1	1	0	0
L Reyes (CF)	4	3	3	3	0	0
B Connors (RF)	4	1	2	2	0	0
J Zee (SS)	4	0	0	0	0	0
A Baglino (C)	4	0	2	1	0	1
D Spierer (3B)	4	1	2	0	0	1
M Biskup (LF)	3	1	1	0	0	0
B Nichols (1B)	1	1	0	0	1	0
Tyler	1	0	0	0	0	0
D Vengurlekar (DH)	1	1	1	1	2	0
CR: N Napolitano	0	0	0	0	0	0
Totals	29	9	12	8	3	2

2B: B Connors, D Spierer, **3B:** L Reyes 2, **TB:** A Baglino 2, B Connors 3, D Spierer 3, D Vengurlekar, L Reyes 7, M Biskup, H Certo, **SAC:** H Certo, **SB:** L Reyes, M Biskup, **LOB:** 6

Bergen Cathc	IP	H	R	ER	BB	SO	HR
L Dellentash	5.0	2	0	0	0	3	0
P Warburton	2.0	3	1	1	0	1	0
Totals	7.0	5	1	1	0	4	0

W: L Dellentash, **P-S:** L Dellentash 60-44, P Warburton 26-18, **WP:** P Warburton, **HBP:** L Dellentash, **BF:** L Dellentash 19, P Warburton 9

TENNIS DEFEATS RAIDERS 3-2

May 4 - Franklin Lakes, NJ - The Crusader Tennis team



showed-off its depth, winning third singles and both doubles on Thursday to defeat Ramapo 3-2.

Match	Player(s)	Set 1	Set 2	Set 3	W/L
1st SING	Andrew Song	2-6	4-6		L
2nd SING	Philip Saint Cyrus	1-6	1-6		L
3rd SING	Christian Choi	6-2	6-2		W
1st DOUB	Brian Song/Daniel Song	6-1	6-0		W
2nd DOUB	Ryan Kim/John Nalbadian	6-2	6-4		W

JV lost 0-3

TRACK WINS BNC UNITED DIVISION TITLE

May 4 - Old Tappan, NJ - The fourth was certainly with the Crusaders who dominated Thursday's BNC Division Meet scoring 140 points. Paramus Catholic was second with 87.50, Don Bosco Prep was third with 86.50, followed by St. Joseph Regional 17 and DePaul Catholic 2.

The Crusaders swept 1st place in all throws, short sprints, and distance events.

Notable 1st place winners:

- **Tommy Rogers:** PR 1600m time of 4:26 and PR in 3200 with a time of 9:39
- **Sean Coll** Javelin: PR 177-06
- **Benji Shue** Shot and Disc: PR 200-10 in the Discus extending his Meet/County/School Record. Also winning the shot with a throw of 61-9.5 extending his meet and school record.
- **Logan Casey** winning the 100m and 200m with #1 in the County and both personal records. 100m :10.92 and 200m: 21.84
- **Brendan O'Rourke** winning 800 with time of 2:08

It was a great team effort from everyone. Here are the results:

Men - United - Team Rankings - 16 Events Scored

- 1) Bergen Catholic 140** 2) Paramus Catholic HS 87.50
3) Don Bosco Prep 86.50 4) St. Joseph Reg. HS (Montv 17
5) DePaul Catholic HS 2

Event 6 Boys 100 Meter Dash United

- 1 Casey, Logan 12 - 10.92 8
3 Sanders, Kaj 11 - 11.05 4
4 Boakye, Andrew Jeremiah 10 - 11.32 2

Event 12 Boys 400 Meter Hurdles United

- 2 Oliver, Tristan 11 - 1:00.24 2 6
7 Pacheco, Aiden 10 - 1:04.58 1
8 Edwards, CJ 9 - 1:05.59 1

Event 18 Boys 1600 Meter Run United

- 1 Rogers, Thomas 12 - 4:26.40 8
3 O'Rourke, Brendan 11 - 4:40.13 4
4 Hughes, James 12 - 4:44.79 2

Event 24 Boys 110 Meter Hurdles United

- 4 Oliver, Tristan 11 - 16.30 2
6 Tandy, Sean 10 - 17.53
8 Lessieu, Jason 11 - 18.94

Event 30 Boys 400 Meter Run United

- 5 Griffith, Joseph 12 - 53.30 2 1
-- Suitt, Zion 10 - DQ 2

Event 36 Boys 800 Meter Run United

- 1 O'Rourke, Brendan 11 - 2:08.69 8
7 Rogers, Peter 11 - 2:17.73
10 Neal, Spencer 12 - 2:20.85

Event 42 Boys 200 Meter Dash United

- 1 Casey, Logan 12 - 21.84 2 8
5 Boakye, Andrew Jeremiah 10 - 23.21 2 1
10 Cirilo, Christian 11 - 24.19 1

Event 48 Boys 3200 Meter Run United

- 1 Rogers, Thomas 12 - 9:39.45 8
4 Hughes, James 12 - 10:10.08 2
6 Schoeler, Luke 9 - 11:26.40

Event 54 Boys 4x400 Meter Relay United

- 3 - 'A' 3:39.45 4
1) Casey, Logan 12 2) Hilton Clarke, Allan 12
3) Griffith, Joseph 12 4) Suitt, Zion 10

Event 84 Boys Shot Put United

- 1 Shue, Benjamin 10 - 61-09.50 8
 2 King, Justin 12 - 50-10.00 6
 3 Pogue, Jorge 12 - 41-06.25 4

Event 86 Boys Javelin Throw United

- 1 Coll, Sean 12 - 177-06 8
 3 Barra, Nick 12 - 155-06 4
 4 Hughes, Teddy 11 - 140-11 2

Event 88 Boys Discus Throw United

- 1 Shue, Benjamin 10 - 200-10 8
 3 King, Justin 12 - 130-04 4
 6 Pogue, Jorge 12 - 115-09

Event 90 Boys Triple Jump United

- 2 Lessieu, Jason 11 - 43-04.25 6
 4 Hilton Clarke, Allan 12 - 41-03.00 2
 9 Pappas, Jimmy 12 - 37-02.50

Event 92 Boys Long Jump United

- 2 Lessieu, Jason 11 - 20-05.00 6
 3 Hilton Clarke, Allan 12 - 20-01.00 4
 12 Beidleman, Gabriel 12 - 16-08.00

Event 96 Boys High Jump United

- 2 Oliver, Tristan 11 - 5-10.00 6
 3 Hilton Clarke, Allan 12 - J5-08.00 4
 -- Sylvester, Aaron 12 - NH

SINAGRA PLAYS HIS BEST GAME

May 4 - Bergenfield, NJ - Multi-sport athlete JP Sinagra



played a great game, recording 5 kills and 7 digs. Tom Cusik added 10 digs as BC took on the Bears in the BCCA Tournament.

TEAM	1	2	3	FINAL
Bergen Catholic	8	7		0
Bergenfield	25	25		2

Player	Kills	Blocks	Digs	Assists	Service Points	Aces
Thomas Cusik	0	0	10	0	1	0
Jeongsoo Park	0	0	2	0	1	0
George Azrumelashvili	0	0.5	1	0	1	0
Brandon Benjamin	0	0.5	1	0	0	0
Ian Walls	0	0	1	4	0	0
JohnPaul Sinagra	5	0	7	0	1	0
Totals:	5	1	22	4	4	0

GREEN KNIGHTS EDGE BERGEN TO EARN SERIES SPLIT

May 5 - Ridgefield Park, NJ - A one-nothing lead crumbled in the fourth as BC lost to St. Joseph Regional on Friday. Stanley Moreno struck out seven in just four innings, picking up the decision. Jack Duffy struck out five in three innings of relief.



Team	1	2	3	4	5	6	7	R	H	E
St. Joseph Regional	0	0	0	3	1	0	0	4	9	1
Bergen Catholic	0	1	0	0	1	1	0	3	3	1

Bergen Catholic	AB	R	H	RBI	BB	SO
H Certo (2B)	3	0	0	0	1	1
L Reyes (CF)	2	1	0	0	0	0
B Connors (RF)	4	0	1	1	0	3
J Zee (SS)	3	0	0	0	1	2
A Baglino (C)	4	0	1	0	0	1
D Spierer (3B)	1	1	0	0	2	1
M Biskup (DH)	2	1	0	0	1	1
B Nichols (1B)	1	0	1	1	2	0
M Del	0	0	0	0	0	0
D Vengurlekar (LF)	2	0	0	0	0	1
CR: N Napolitano	0	0	0	0	0	0
Totals	22	3	3	2	7	10

2B: B Nichols, B Connors, **TB:** A Baglino, B Nichols 2, B Connors 2, **SAC:** D Vengurlekar, **CS:** N Napolitano, **HBP:** L Reyes 2, **SB:** H Certo, D Spierer, **LOB:** 8

Bergen Cathc	IP	H	R	ER	BB	SO	HR
S Moreno	4.0	4	3	3	2	7	0
J Duffy	3.0	5	1	1	0	5	0
Totals	7.0	9	4	4	2	12	0

L: S Moreno, **P-S:** S Moreno 64-40, J Duffy 43-33, **WP:** S Moreno, **HBP:** S Moreno, **BF:** S Moreno 19, J Duffy 14

JV LAX WINS COUNTY TITLE!

May 5 - Tenafly, NJ - The Crusader JV earned a rematch with Northern Highlands in the 2023 Bergen County Championship. This year, Max Rosen left no doubt that the Scarlet and Gold would be hoisting the trophy. Max scored





six goals and assisted on one to lead BC to the title. William Borg tied the score at 7 with 6:41 remaining in the fourth quarter. BC had been trailing throughout most of the game to that point.



Just 24 seconds later Rosen started to erupt, scoring his first of three goals. By 5:08 remaining in the game, the standout lefty had broken the game wide open and with Nate Johnston (14 saves) playing stellar in net, Bergen was cruising.



Following his sixth goal, the Highlands bench called for a stick check in hopes of having the last goal disallowed. Sorry fellas. Rosen does it right!

Matt Reilly recorded two goals and an assist and Dylan Carrick scored as well.



Stevie Copeland showing a Highlands attacker, when push comes to shove, Steve does the shoving!



Nate the Great clamping on a ground ball and getting ready to start a clear.

CUSICK DIGS VS COMETS

May 5 - Oradell, NJ - Tommy Cusick had eight digs to lead



BC as they faced county foe, Hackensack on Friday. The Comets, one of Bergen County's top teams defeated Bergen in straight sets 25-10 and 25-12.

TEAM	1	2	3	FINAL
Hackensack	25	25		2
Bergen Catholic	10	12		0

	Kills	Blocks	Digs	Assists	Service Points	Aces
Luca Duardo	3	0.5	3	0	0	0
Thomas Cusick	1	0	8	0	0	0
Jeongsoo Park	0	1	0	0	0	0
George Azrumelashvili	0	0	3	0	1	0
Brandon Benjamin	1	1.5	0	0	0	0
JohnPaul Sinagra	3	4	0	0	4	1
Jackson Vonderhorst	0	0	0	0	1	0
Yuanzhe Li	1	0.5	2	0	0	0
Totals:	9	7.5	16	0	6	1

CRUSADERS TAME LIONS 2-1

May 6 - Sparta, NJ - A run in the first and a run in the third were all BC needed with Angelo Bellizi making his debut with the Crusaders. The freshman struck out two over four and a third, yielding only one earned run. Dhruv Vengurlekar earned the save in the remaining two and two-thirds, striking out three.

Leadoff hitter Harrison Certo did his job setting the table. He was two-for-two with a pair of walks and scored both of BC's runs.

Team	1	2	3	4	5	6	7	R	H	E
Bergen Catholic	1	0	1	0	0	0	0	2	7	3
Pope John	0	0	0	0	1	0	0	1	7	1

Bergen Catholic	AB	R	H	RBI	BB	SO
H Certo (2B)	2	2	2	0	2	0
L Reyes (CF)	3	0	0	0	1	0
J Zee (SS)	2	0	1	1	2	0
B Connors (RF)	3	0	1	0	1	1
D Spierer (3B)	3	0	0	0	0	1
A Baglino (C)	3	0	1	0	0	1
T Yoo (DH)	1	0	1	0	0	0
J Staff (DH)	0	0	0	0	0	0
T Sterling (DH)	2	0	0	0	0	2
B Nichols (1B)	3	0	0	0	0	1
M Biskup (LF)	3	0	1	0	0	2
CR: M Del	0	0	0	0	0	0
Totals	25	2	7	1	6	8

2B: B Connors, H Certo, **TB:** J Zee, M Biskup, B Connors 2, H Certo 3, T Yoo, A Baglino, **CS:** B Connors, **SB:** J Zee, **LOB:** 8

PITCHING

Bergen Cathc	IP	H	R	ER	BB	SO	HR
A Bellizzi	4.1	6	1	1	0	2	0
D Vengurlek...	2.2	1	0	0	0	3	0
Totals	7.0	7	1	1	0	5	0

W: A Bellizzi, **P-S:** A Bellizzi 65-46, D Vengurlekar 39-24, **WP:** D Vengurlekar, **HBP:** A Bellizzi, D Vengurlekar, **BF:** A Bellizzi 20, D Vengurlekar 10

REID SCORES FIVE ON REBELS

May 6 - Bridgewater, NJ - The Crusaders picked up an independent game versus what may be the best team in South Jersey. In a shootout, the Rebels outlasted BC 16-12.

Bergen jumped out in front with five goals in the first quarter, but Shawnee scored seven in the second and outscored the Crusaders by a goal in each of the final two periods to prevail.

Senior midfielder Richie Reid scored a personal-best five goals and Ryan Ford led the Crusaders with four ground balls. Parker Day saved 17 shots on the afternoon. Reid has scored four goals on four other occasions, but this was definitely a big one as he increased his team lead in goals (31) and points (38).

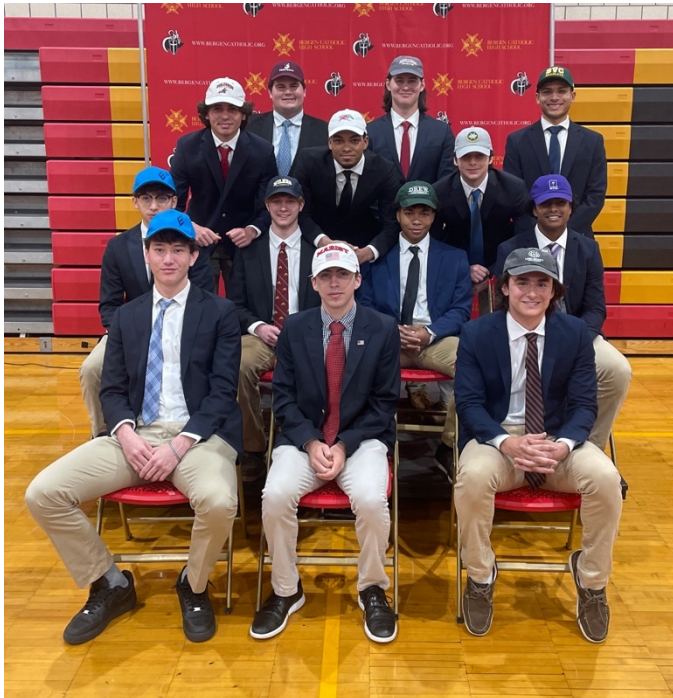
TEAM	1				2		3		4		T	
Shawnee	2				7		4		3		16	
Bergen Catholic	5				2		3		2		12	
Player	G	A	P	GB	FOS-Taken	FOS-Won		FOS-Win%				
Luke Macejka	2	1	3	2	0	0		0				
Jack Tenaglia	1	1	2	2	0	0		0				
Richie Reid	5	0	5	2	0	0		0				
Jimmy Carey	0	2	2	1	0	0		0				
Jake Taromina	1	1	2	2	0	0		0				
Joseph Marinaccio	2	0	2	2	0	0		0				
Ryan Ford	0	2	2	4	0	0		0				
Dan Sheppard	1	0	1	2	20	15		0.75				
Hayden Walm-sley	0	1	1	2	0	0		0				
Parker Day	0	0	0	3	0	0		0				
Sean Irving	0	0	0	2	0	0		0				
Anderson Chang	0	0	0	1	0	0		0				
Dylan Mayo	0	0	0	1	0	0		0				
Nicholas Angeli	0	0	0	1	0	0		0				
Patrick Cece	0	0	0	0	12	8		0.6666666666666667				
Totals:	12	8	20	27	32	23		1.4166666666666667				

Bergen Catholic Goalie Stats

Player	Saves	GA
Parker Day	17	16
Totals:	17	16

MAY SIGNING DAY

May 3 - Oradell, NJ - We certainly saved some of the best for our last signing day of the year. Needless to say we are so thankful to have been able to watch these guys play and work with them as students for the past four years. The BEST IS YET TO COME!!



FRONT ROW (L-R): Conor Morrin - St. Elizabeth University - Soccer, Thomas Rogers - Marist College - Track and Field, Spencer Neal - Leeds Beckett University - Football (Soccer)

MIDDLE ROW: Sebastian Londono - St. Elizabeth University - Soccer, Ethan Washburn - Wilkes University - Wrestling, Grailin Simmons - Drew University - Track and Field, Dhruv Vengurlekar - New York University - Baseball

BACK ROW: Aaron Sylvester - Muhlenberg College - Football, Michael Gentilello - Springfield College - Football, Eric Broadie - Rider University - Wrestling, Jason Gentilello - Dickinson College - Football, Alex Klecha - SUNY - Oswego - Lacrosse, Javier Torres - St. Vincent College - Soccer

PHOTOS FROM SIGNING DAY CAN BE FOUND HERE:

<https://www.smugmug.com/app/organize/Signing-Day-53>

JV BASEBALL 9 PASCACK VALLEY 1

May 5 - Hillsdale, NJ - Jake Oliver Pitched two innings and struck out 3. Nick Issa pitched 3 innings and struck out 4. Allan Stanbury pitched 2 innings and struck out 2. They all combined for the win. Rudy Gonzolo went 2-3 with 1 RBI. Christian Malenda went 1-1 with a monster home run. Lockton walker went 1-2 with 1 RBI. Bert Maxim went 1-2 with an RBI, Stolen base, and a run scored. Bert Maxim also had a big diving catch early to set the tone.



JV BASEBALL WINS 13-0 OVER LIONS

May 6 - Lyndhurst, NJ - Heydon Hernandez pitched 4 innings and struck out 8 and only allowed 1 hit. Will Dodds pitched 1 inning and struck out 1. Bourke Reid went 3-3 scored 3 runs and had 2 RBI's. Bert Maxim was 1-2 with a walk and scored 2 runs and had 2 RBI's and a stolen base.



BIRD OF THE WEEK:

May 6 - Mahwah, NJ - I was talking to my mom and dad early on Saturday morning about our mutual looking forward to seeing our first Ruby-throated hummingbird of 2023. We figured it was just about time and despite well-prepared nectar-filled feeders, they had not yet seen one.

As I passed into the field just north of the muddy parking lot on Halifax Road and the Ramapo River, I was sharing this conversation with a fellow birder. Just then I looked and hovering in midair about 30 yards away was...



A hummingbird. This is not the picture of him. I say him, though with that particular bird, I could not see the tell-tale ruby throat which distinguishes the male from the female.

This is a peculiar picture. I took it of a male hummer (I saw its throat as it was perched on a dead tree than I annually see hummingbirds). You are seeing him fly away and his tail feathers expanded and his wings in mid beat. His bill is facing 4:00 and his feet pointed more toward 8:00.

He generally has a multiple pairs that visit his feeder in the Poconos. If you'd like to learn more about attracting these attractive birds, check out the article at the link below.

100 SPECIES CHALLENGE

Can you reach 100 species before the end of the school year? Let me know what your number is!

WSOB 2023

This is the 40th Anniversary of the World Series of Birding. If you would like to team up (parents and/or students) let me know. We can go after 100 in a day in Bergen County ALONE!



THANKS MIKE!!!!

Mike Biskup took some awesome photos of Red-Tailed Hawks. Thanks for sharing them with us. RTH's are Buteos



(type of hawk that is generally stouter than some others). They are generally conspicuous on light poles along highways (especially in the winter time) and if you frequent Bergen sporting events, you can often see one hovering around our stadium.



Soaring overhead, this appears to be a young red-tailed hawk. If you notice the whitish edges to the back of its wings, and the completeness of all of its wings, this bird does not present as an older, weathered bird would. Additionally, it has all of its feathers. Older birds chased by crows and others will often lose some feathers in the heat of the chase.



BIRDING WITH BROTHER

May 7 - Fairfield, CT - Sorry for the delay in this week's TWIBCS. I spent Sunday birding with Br. Fagan who is residing in New Rochelle. We are exploring Connecticut now and wanted to share some of our finds from yesterday...

(over)



Above, a Canada Goose was in a place we did not expect. Below are a Black-and-White Warbler and Northern Parula (all three we are LIKELY to see on Saturday).



ABOVE: I know they look alike, but they are different species, but both thrushes. On the left, the Veery. You'll notice its white belly and very little spotting and coloring around the throat. On the right, the Swainson's Thrush. It has more spots running down its breast, though not as many as the Wood Thrush and is a darker, more drab brown than a Hermit Thrush. BELOW: Gray Catbird which is a relative of the Mockingbird and Brown Thrasher. They are abundant.



Below are two more warblers, Black-throated Blue and Black-throated Green. We may be more likely to see the BTB, but we will likely hear the BTG...



THIS WEEK'S SCHEDULE

Monday, May 8					
VBSB	4:15pm	Don Bosco Prep	NJ	H	Breslin Field
JVBSB	4:15pm	Don Bosco Prep	NJ	A	Petruska Park
FRBSB	4:15pm	Don Bosco Prep	NJ	H	Don Bosco Prep
VVOL	4:15pm	Ramapo	NJ	A	Ramapo
JVVOL	5:00pm	Ramapo	NJ	A	Ramapo
VGOLF	7:00am	State Qualifier	NJ	N	Hendricks Field GC
RUGBY	5:00pm	CBA	NJ	A	CBA
VTEN	4:15pm	Summit	NJ	A	Summit
JVTEN	4:15pm	Summit	NJ	A	Summit
Tuesday, May 9					
VGOLF	3:30pm	Fordham Prep	NY		Hackensack GC
VLAX	4:15pm	James Caldwell	NJ	A	Caldwell HS
JVLAX	5:45pm	Caldwell	NJ	A	James Caldwell HS
VVOL	4:15pm	Paterson Kennedy	NJ	A	Paterson Kennedy
JVVOL	5:00pm	Paterson Kennedy	NJ	A	Paterson Kennedy
FRBSB	4:15pm	St. Joseph Regional	NJ	H	Haworth Memorial Field
Wednesday, May 10					
VGOLF	3:30pm	Glen Rock	NJ		Haworth GC
JVBSB	4:15pm	Don Bosco Prep	NJ	H	Don Bosco Prep
VTEN	4:00pm	Paramus	NJ	H	TBA
VVOL	4:15pm	Bergenfield	NJ	H	Hoehl Gymnasium
JVVOL	5:00pm	Bergenfield	NJ	H	Hoehl Gymnasium
FRBSB	4:15pm	NVOT	NJ	A	Kennedy Field
VTEN	4:00pm	South Brunswick	NJ	A	South Brunswick
Thursday, May 11					
VBSB	4:15pm	Don Bosco Prep	NJ	A	Don Bosco Prep
FRBSB	4:15pm	Don Bosco Prep	NJ	H	Haworth Memorial Field
VGOLF	7:00am	Nassar County Team Championships	NJ	Vars	Soldier Hill Golf Course
JVGOLF	3:30pm	NVOT	NJ		Haworth GC
JVGOLF	3:30pm	St. Joseph Regional	NJ		Haworth GC
VLAX	4:15pm	West Morris Central	NJ	H	The Jack
JVLAX	5:45pm	West Morris Central	NJ	H	The Jack
Friday, May 12					
VBSB	4:15pm	Old Tappan	NJ	H	Breslin Field
JVBSB	4:15pm	Old Tappan	NJ	H	Haworth Memorial Field
FRLAX	TBD	Connor Corish Tournament	TBA	N	Don Bosco Prep
RUGB	TBD	Saint Augustine Prep	NJ	A	St. Augustine Prep
VTEN	4:00pm	Don Bosco Prep	NJ	A	IHA
VVOL	4:15pm	Teaneck	NJ	A	Teaneck
JVVOL	5:00pm	Teaneck	NJ	A	Teaneck
TRACK	TBA	Bergen County Group Championships			TBA
Saturday, May 13					
VLAX	2:00pm	St. Augustine Prep	NJ	A	St. Augustine Prep
JVLAX	12:00pm	St. Augustine Prep	NJ	A	St. Augustine Prep
FRLAX	TBD	Connor Corish Tournament	TBA	N	Don Bosco Prep
VBSB	TBD	Counties	TBA	TBA	TBA
JVBSB	12:00pm	JV Tourney - St. Peter's Prep	NJ	H	Overpeck - RP
FRBSB	12:30pm	Counties - Demarest	NJ	H	Breslin Field
TRACK	TBA	Bergen County Group Championships			TBA

It's tournament and RAINseason!

Be sure to check www.bergenatholic.org/athletics for any schedule updates!

Our Father

Our Father, Who art in Heaven
 Hallowed be Thy Name
 Thy Kingdom Come.
 Thy will be done
 On Earth as it is in Heaven.
 Give us this day our daily bread.
 And forgive us our trespasses
 As we forgive those who trespass against us.
 And lead us not into temptation.
 But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
 The Lord is with You
 Blessed are you among women
 And blessed is the fruit of your womb, Jesus.
 Holy Mary, Mother of God
 Pray for us sinners
 Now and at the hour of our death.
 Amen.

Glory Be

Glory be to the Father and to the Son and to the
 Holy Spirit,
 as it was in the beginning, is now and ever shall be,
 world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
 In choosing to do wrong and failing to do good,
 I have sinned against you whom I should love above
 all things.
 I firmly intend, with your help, to do penance, to sin
 no more, and to avoid whatever leads me to sin.

Serenity Prayer

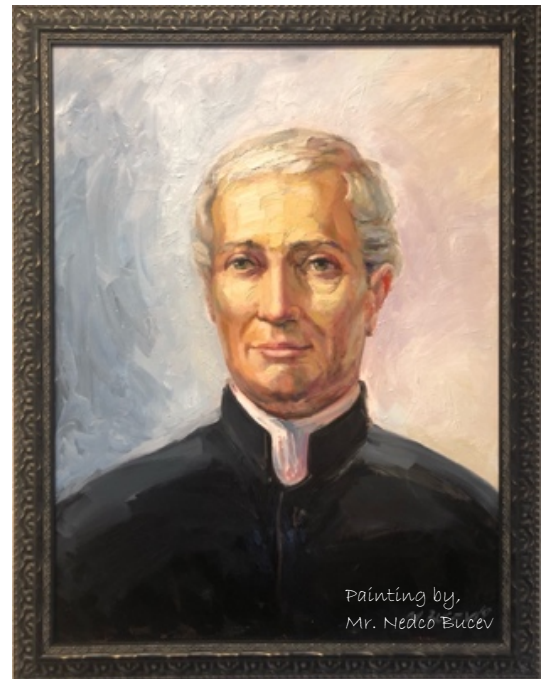
God, grant me the
Serenity to accept the things I cannot change,
Courage to change the things I can and
Wisdom to know the difference.
 Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
 have mercy on me, a sinner.

Blessed Edmund Rice

Creator God, we thank you for the life and work of
 this gifted man, Blessed Edmund Rice. He opened
 his heart generously to Christ present and appealing
 to him in the poor who were oppressed by poverty
 and injustice. May we follow his example of faith and
 generosity. O God, give us the courage and
 compassion of Blessed Edmund as we seek to
 support one another, protect the vulnerable and care
 for the earth, our common home. We make this
 prayer through Jesus Christ Our Lord. Amen.



Apostles' Creed

I believe in God, the father almighty, Creator of
 heaven and earth, and in Jesus Christ, his only Son,
 our Lord, who was conceived by the Holy Spirit, born
 of the Virgin Mary, suffered under Pontius Pilate, was
 crucified, died and was buried; he descended into hell;
 on the third day he rose again from the dead; he
 ascended into heaven, and is seated at the right hand
 of God, the Father almighty; from there He will come
 to judge the living and the dead. I believe in the Holy
 Spirit, the holy catholic Church and the communion
 of saints, the forgiveness of sins, the resurrection of
 the body and life everlasting. Amen

The Golden Rule

Love one another as I have loved you.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall lose none of all those He has given me, but raise them up at the last day.

make me a channel of your peace (prayer of st. francis)

¶1 Make me a channel of your peace
Where there is hatred let me so your love
Where there is injury, your pardon Lord
And where there's doubt true faith in You.
¶2 Make me a channel of your peace
Where there's despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy.
¶3 Oh, Master grant that I may never seek
So much to be consoled as to console.
To be understood as to understand.
To be loved as to love with all my soul.
¶4 Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.
¶3
¶2

PRAYER FOR PEACE

(ESPECIALLY FOR RUSSIA AND UKRAINE)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.
Amen

- Pope Saint John Paul II

an irish Blessing

May the road rise up to meet you.
May the Wind be always at your back.
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and
Kindle in them the fire of your love. Send forth your
Spirit and they shall be created and You shall renew the
face of the earth.

O, God, who by the light of the Holy Spirit, did instruct
the hearts of the faithful, grant that by the same Holy
Spirit, we may be truly wise and ever enjoy in Her
consolations through Christ Our Lord, Amen.

SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.



And for our daily bread
When we need to be fed.
We thank you Lord, for giving us food.
Duh, Duh, Duh, Duh, Dum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh.
Duh, duh, duh, duh.
Duh, duh, duh, duh, SNAP, SNAP.

LITURGICAL CALENDAR 2023

- **ORDINARY TIME** (Jan 6-Feb 21)
- **ASH WEDNESDAY** (Feb 22) **LENT**
- **HOLY WEEK** (Apr 2-8)
- **HOLY THURSDAY** (Apr 6)
- **GOOD FRIDAY** (Apr 7)
- **EASTER** (Apr 9)
- **PENTECOST** (May 28)
- **ORDINARY TIME** (Jun 4- Dec 2)
- **ADVENT** (Dec 3 – Dec 24)
- **CHRISTMAS** (Dec 25 – Jan 7, 2024)

Footprints in the Sand

One night I dreamed a dream.

As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.

For each scene,

I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,

I looked back at the footprints in the sand.

I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

This really troubled me, so I asked the Lord about it.

"Lord, you said once I decided to follow you,

You'd walk with me all the way.

But I noticed that during the saddest and most
troublesome times of my life,
there was only one set of footprints.

I don't understand why, when I needed You the most,
You would leave me."

He whispered, "My precious child, I love you and will
never leave you

Never, ever, during your trials and testings.

When you saw only one set of footprints,
It was then that I carried you."

"Rivers do not drink their own water, trees do not eat their own fruit, the sun does not shine on itself and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is, life is a good when you are happy, but much better when others are happy because of you."

Pope Francis



The Ten Commandments

*I am the Lord your God: you shall not have
strange gods before me.*

*You shall not take the name of the Lord your
God in vain.*

Keep holy the Lord's Day.

Honor your father and mother.

You shall not kill.

You shall not commit adultery.

You shall not steal.

*You shall not bear false witness against your
neighbor.*

You shall not covet your neighbor's wife.

You shall not covet your neighbor's goods.

Prayer to Our Lady of Perpetual Help



Mother of Perpetual Help, you have been blessed and favored by God.

You became not only the Mother of the Redeemer, but the Mother of the redeemed as well. We come to you today as you are loving children.

Watch over us and take care of us.

As you held the child Jesus in your loving arms, so take us in your arms.

Be a mother ready at every moment to help us. Our greatest fear is that in time of temptation, we may fail to call out to you, and become lost children. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you.

Mother of Perpetual Help. Pray for us!

Amen.

Share Catholic
www.ShareCatholic.com

How can we honor Mary in the month of May?

May crownings are one of the most popular ways to celebrate the month of Mary. Make a crown of flowers for your Mary statue and adorn your indoor and outdoor Mary statues with fresh blooming flowers this month. Add a candle too for an extra touch. If you don't have a Mary statue, now would be a good time to get one.