



TWIBCS SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

45-0

BERGEN



CELEBRATION!

CRUSADERS MELT DOWN IRONMEN

BC TAKES SEPTEMBER LESSONS AND MASTERS DBP 45-0

November 25 - East Rutherford, NJ - If you wanted to write a script for how to perfectly end the season, even Francis Ford Coppola couldn't have done it better than don Vito Campanile. In a season of high expectations, setbacks and a world bent on preventing a Crusader repeat, BC left no doubt who was the finest in the Garden State. It was 45 points worth of redemption. It was zero points worth of mercy. It was a thing of beauty, for some...for the Crusader faithful.

BC received the opening kickoff and sophomore Anthony Perrotti helped the Crusaders out immediately returning the kick 29 yards to the BC 41. BC's first two plays were passes and everyone there remembers the second one. It was a tunnel screen to the "x" receiver (sophomore Quincy Porter) who caught Dominic Campanile's pass and wove through enemy territory, sprinting for a 48-yard gain. As he has shown throughout the season, this play showed Quincy's

speed, agility and toughness and BC was first and ten at the Ironman 14 yard line.

Now, with Jack Duffy in at quarterback, he threw a quick completion to Saeed St.Fleur who would take the ball down to the 8 yard line. Duffy handed to junior running back, Kaj Sanders who started the fire, driving through the center of the Bosco front and reaching the endzone. Guytano Bartolomeo scored his first of 9 points on the evening, and BC was up 7-0. The Ironmen would never get closer than this.



Carmelo Velardo drove a strong kickoff deep to the 8 yard-line and the Ironmen ran a reverse on the return. It went 67 yards before Kaden Irby-Mason made a saving tackle at the Crusader 25. The BC defense now had to stop the team that ran rough-shod over them in week 5 of the season.



Photo by, John Hund '79

Malachi Mercer, Elijah Kinsler, Joe Barry and Christian Gonzales each made tackles to set up a fourth and two for the Ironmen at the BC 17. Junior Safety, Chris Mimmo and Senior Linebacker, Mercer stuffed the runner one yard short of the to-go marker.



Photo by, John Hund '79

Saeed St.Fleur rambled off an 18 yard run and while the drive stalled, it provided enough yardage to help BC continue to win the field-position battle. Punter Brandon Arpacilar downed the Ironmen at their own 25 yard line.

The Ironmen made their most successful drive of the evening, going 10 plays and 58 yards. Malachi Mercer deflected a pass on 3rd and 7 and BC need just one more big play to get off the field. They got it from Christian Gonzalez who tackled the DB receiver for a 6-yard gain.

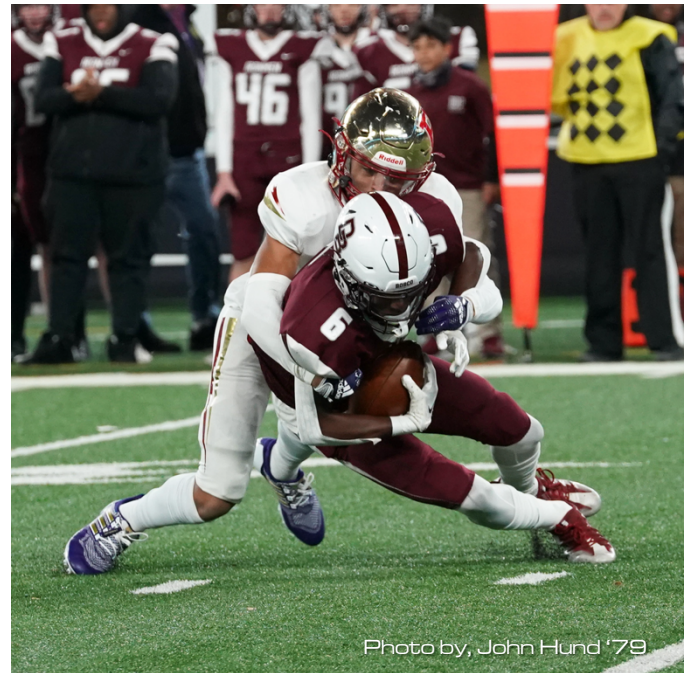


Photo by, John Hund '79

On first down, BC attempted to put the dagger in the heart. Campanile found Porter who sprinted 83 yards for an apparent touchdown. While the play was called back for an "unfortunate" holding call against BC, one player defined what this team was all about. Senior wide-receiver Logan Casey was well behind the play and well behind a pair of would-be tacklers who were chasing Porter down the sideline. The senior smartly and selflessly sprinted, cutting off the two players so Quincy could finish his run. Those of lesser character would have accepted less of themselves. While BC did not score on the drive, the passion and effort could not go unnoticed.

On second and 17, Joe Barry sacked the Ironman QB, setting up a 3rd and 35. The Crusaders forced a punt and they

were about to put some points up on the board in the second quarter.

The Crusaders were knocking on the doorstep when Campanile threw a screen pass to his right side to St.Fleur. This was to be Saeed's first of three TDs on the evening and his illustrious career would end with an exclamation point.



Photo by, John Hund '79

Bartolomeo hit the extra point, but BC wasn't finished this half.

The defense once again held the Ironmen and Bergen drove. With a first and Goal at the three, a touchdown seemed inevitable, but two penalties later, the Crusaders needed a couple of yards to get into field goal range. Kelsey Comeau came up with a big play, carrying the ball up to the 20 yard line. Following a couple of penalties and positive and negative gains, Bartolomeo kicked his field goal, making the score 17-0 at intermission.



Photo by, John Hund '79

The Crusaders kicked off to a desperate squad who seemed to spend an inordinate amount of time in the locker room at half. Whatever was said, did not help. Velardo's kick was deep to the 6 yard line and Ethan Cohall sawed down Bosco's returner at the 11. Then, on their first play of the half, Yale-bound linebacker Joe Barry intercepted and returned the ball to the three yard line.

Senior QB Jack Duffy ran the sneak from 4 yards out, giving BC a 24-0 lead.



Photo by, John Hund '79

With the Ironmen backed up, they faced a 3rd and 10 situation. Their QB decided to scramble and once again, Barry was there to make the play, forcing an Ironman punt.

This is when the wheels officially fell off the Maroon wagon. A bad snap turned into the punter mishandling the

ball which rolled toward his endzone, which he recovered at his own one yard line.

For whatever reason, first and goal at the one, seemed from here to eternity as it took BC five tries to score, but Saeed had his second touchdown of the game and BC was up 31-0.



Photo by, John Hurd '79

The Crusaders took over with 5 minutes left in the third and drove 78 yards in four minutes, in large part because of the running of St. Fleur. His third from four yards out, marked a running clock for the remainder of the game 38-0.

After driving the ball to midfield, the Ramseyans went for another fourth-down-conversion. This time it was sophomore Naiim Parrish who came up with the big tackle and giving BC back the ball.

St.Fleur ran the ball 45 yards to the four yard line setting up BC's final touchdown, a 4-yard plunge for DJ Samuels.

Congratulations once again to Coach Campanile and his Crusaders. For the third consecutive year, they are the #1 team in New Jersey and for the second consecutive year, State Champions!

SCORING:

TEAM	1	2	3	4	FINAL
#2 BERGEN CATHOLIC (11-1)	7	10	21	7	45
#1 DON BOSCO PREP (9-3)	0	0	0	0	0

STATISTICAL LEADERS:

PASSING: D. Campanile 13 for 22 – 178 yds, 1 TD, J. Duffy 4 for 4 – 29 yds.

RUSHING: S. St.Fleur 17 carries for 157 yds, 2 TDs, K. Sanders 5 for 47, 1 TD, J. Duffy 4 for 10, 1 TD, D. Samuels 3 for 22, 1 TD, D. Campanile 1 for 3.

RECEIVING: Q. Porter 5 for 106 yds, C. Carti 3 for 31, L. Casey 4 for 27, St.Fleur 3 for 24 1 TD, J.Comeau 1 for 3.

SACKS: J. Barry, M. Mercer, D. Samuels (1 each)

TFLs: J. Barry, M. Mercer, D. Samuels, D. Stewart (1 each)

INTERCEPTIONS: J. Barry (1)

TACKLES: M. Mercer 12, C. Gonzalez 7, E. Kinsler 7, J. Barry 6, D. Fludd 4, C. Mimmo 4, D. Stewart 4, K. Sanders 4, N. Parrish 3, E. Cohall 3, M. Giavacco 3, J. Gentilello 3, K. Irby-Mason 2, J. Marinaccio 2, Morales 2, S. Giavocco, E. Cohall, D. Samuels, K. Sanders, A. Seker, Mitchell, A. Fernandez, (1 each),

CATEGORY	CRUSADERS	IRONMEN
1 st Downs	24	7
Rushing Yards	244	68
Passing: Completions / Attempts	17/26	7/19
Passing Yards	207	51
Passing: Touchdowns / Interceptions	1/0	0/1
Total Plays	58	48
Total Offense	451	119
Fumbles / Lost	0 / 0	3 / 0
Penalties / Yards	8/63	7/51
Defensive Sacks / Yards Lost	3/21	0 / 0
Time of Possession	21:50	26:10
3rd Down Efficiency	2 of 6	4 of 13
4th Down Efficiency	1 of 2	0 of 4
Punts / Average	2 / 30.0	4 / 39.5

CRUSADER FOOTBALL HISTORY

November 27 - Oradell, NJ - The 2022 State Champion Crusaders became the 6th Crusader team to win back-to-back championships. Previous teams included 1965-66, 1979-80, 1991-92-93 and 1998-99.

OFFENSIVE! The 2022 Crusaders were one of only 14 BC teams to score over 400 points. They rank 12th overall with 410. As far as state champions go, they scored the 6th most points of any state champion team. The Crusaders have now scored 40 or more points in a state championship game 5 times.

1996	Holy Cross	48-28
2022	Don Bosco Prep	45-0
2017	St. Peter's Prep	44-7
1992	Paramus Catholic	44-34
1999	Don Bosco Prep	42-13

DEFENSIVE! The 2022 Title Game was the SIXTH SHUTOUT posted by a Crusader defense and the first one since BC shutout Don Bosco Prep in 1993. Previous shutouts were:

1980	Seton Hall Prep	12-0
1982	Immaculata	25-0
1986	St. Peter's Prep	33-0
1991	St. Joseph Regional	14-0
1993	Don Bosco Prep	7-0

2022 Don Bosco Prep 45-0

MARGIN OF VICTORY! The 2022 State Championship Victory was the largest margin of victory in the history of state championship games since they began in 1974.

2022	Don Bosco Prep	45-0
2017	St. Peter's Prep	44-7
1986	St. Peter's Prep	33-0
1998	St. Joseph's Regional	35-9
1982	Immaculata	25-0



Photo by, John Hund '79

QB, Jack Duffy set a single-season record for completion percentage (72.6%) after going 4-for-4 in the state final.



Photo by, John Hund '79

Above: Sr. DB Daquan Stewart tackling a Bosco ball-carrier.
Below: CRUNCH! BC tacklers take the high road and the low road.



Photo by, John Hund '79

Below: Quincy Porter is leaving Bosco bodies pile up in his wake, en-route to a 100 yard receiving day.



Photo by, John Hund '79



Above: Malachi Mercer asking Joe Barry if he wants him to run the ball into the endzone following Barry's third quarter pick. Below: Carmelo Velardo, no matter how many "I"s you put in his name was outstanding and an unsung hero in helping BC earn its first shutout of the season.



Below: Coach Kicker Joe DiFilippo and the K squad! L-R - Peter Vafiadis, Velardo, Coach D, Bartolomeo and Arpacilar.



High Pointers! Above Quincy is un-guardable. Below, Christian Carti shows that he is too! Dominic Campanile: perfect form...





Christian Mimmo sells out to make a diving tackle on a Bosco punt returner. Fathers, Sons and a Nephew! Cartis (Christian and Coach Ron) flank the Campanile trio (Dad Coach Vito, Son, Dominic and nephew Michael).



Below: Logan Casey doing another thing he does best, make people miss.



Above: Christian Gonzales (above) tackling the DBP Quarterback. Below: Crusader offensive line working in unison.



Kaj Sanders turning on the jets!



SOCCKER SERVES



November 12, 19 - Paterson, NJ - The Crusader Soccer program took some time to give of themselves through service. Members of the Varsity, Junior Varsity and Freshmen Teams pitched in at the Father English Community Center.



CRUSADER HOUSE STANDINGS

as of NOVEMBER 20, 2022



THE HOUSE CUP

November 27 - Oradell, NJ - We look forward to everyone at their best this week as we have so much to be thankful for. Updated standings will arrive following this week.

ATTENTION TEACHERS: If you have a house member you would like to highlight in the **HOUSE CUP** report, please let me know and I will share your thoughts.

Black-Throated Gray Warbler

November 26 - Galloway Township NJ - Honestly, it was a GREAT weekend. Not only did BC WIN ITS 19TH STATE CHAMPIONSHIP, but I picked up life bird #438! Frankly, I had hoped to see it on the Grand Canyon Trip in June, but for some reason, this western bird, the Black-throated Gray, was in New Jersey for Thanksgiving weekend!?!



It's probably better this way. In Jersey, this is a rare bird. They are somewhat common in the west. And I know people have been asking...Are we traveling this summer? YES! Pacific Northwest. Possibly some white water rafting, whale watching Mount Rainier NP and Olympic NP and Seattle, WA. More information to follow regarding our June 12-16, 2023 adventure...



Hey, Nick Antonucci!

Thanks for sending in this cool photo of a Great Blue Heron. They are certainly striking birds and if you let them, they'll let you quietly share their company (at a distance) for a while.



Photo by Nick Antonucci, '24

Our Father

Our Father, Who art in Heaven
 Hallowed be Thy Name
 Thy Kingdom Come.
 Thy will be done
 On Earth as it is in Heaven.
 Give us this day our daily bread.
 And forgive us our trespasses
 As we forgive those who trespass against us.
 And lead us not into temptation.
 But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
 The Lord is with You
 Blessed are you among women
 And blessed is the fruit of your womb, Jesus.
 Holy Mary, Mother of God
 Pray for us sinners
 Now and at the hour of our death.
 Amen.

Glory Be

Glory be to the Father and to the
 Son and to the Holy Spirit,
 as it was in the beginning, is now
 and ever shall be,
 world without end. Amen

Act of Contrition

My God, I am sorry for my sins
 with all my heart.
 In choosing to do wrong and
 failing to do good,
 I have sinned against you whom I
 should love above all things. I firmly intend, with
 your help, to do penance, to sin no more, and to
 avoid whatever leads me to sin.

Serenity Prayer

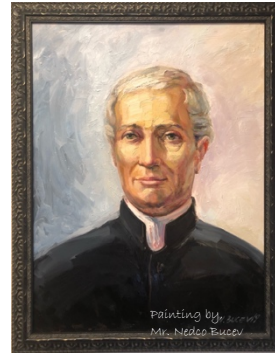
God grant me the serenity
 to accept the things I cannot change,
 Courage to change the things I can, and
 Wisdom to know the difference.
 Amen

The Jesus Prayer

Lord Jesus Christ, Son of God,
 have mercy on me, a sinner.

Blessed Edmund Rice prayer

Creator God, we thank you for the life and work of
 this gifted man, Blessed Edmund Rice. He opened
 his heart generously to Christ present and appealing



to him in the poor who were
 oppressed by poverty and
 injustice. May we follow his
 example of faith and
 generosity. O God, give us
 the courage and compassion
 of Blessed Edmund as we
 seek to support one another,
 protect the vulnerable and care
 for the earth, our common
 home. We make this prayer
 through Jesus Christ Our Lord.
 Amen.

The Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Apostles' Creed

I believe in God, the Father
 almighty,
 Creator of heaven and earth,
 and in Jesus Christ, his only Son,
 our Lord, who was conceived by the
 Holy Spirit, born of the Virgin
 Mary, suffered under Pontius Pilate,
 was crucified, died and was buried;
 he descended into hell; on the third
 day he rose again from the dead;
 he ascended into heaven,
 and is seated at the right hand of
 God the Father almighty;
 from there he will come to judge
 the living and the dead.
 I believe in the Holy Spirit,
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and life everlasting.
 Amen.

The Golden Rule

Love one another as I have loved you.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall
lose none of all those He has given me, but raise
them up at the last day.

Prayer of St Francis



Lord, make me an instrument of Your peace
Where there is hatred let me sow
love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled
as to console
To be understood, as to understand.
To be loved. as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

PRAYER FOR PEACE

(ESPECIALLY IN UKRAINE AND RUSSIA)

Lord Jesus Christ, who are called
the Prince of Peace, who are
yourself our peace and
reconciliation, who so often said,
"Peace to you," grant us peace.

Make all men and women
witnesses of truth, justice, and
brotherly love. Banish from their hearts whatever
might endanger peace. Enlighten our rulers that
they may guarantee and defend the great gift of
peace. May all peoples on the earth become as
brothers and sisters. May longed for peace blossom
forth and reign always over us all.

Amen

- Pope Saint John Paul II



an Irish Blessing

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and
kindle in them the fire of your love. Send forth your
Spirit and they shall be created and You shall renew
the face of the earth.

O, God, who by the light of the Holy Spirit, did
instruct the hearts of the faithful, grant that by the
same Holy Spirit we may be truly wise and ever
enjoy His consolations,
through Christ Our Lord, Amen.

SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.



And for our daily bread
When we need to be fed
We thank you Lord, for giving us food
Bum, bum, bum, bum, bum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh.
Duh, duh, duh duh.
Duh, duh, duh duh. SNAP SNAP.

How to Pray the Rosary

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the *Apostles' Creed*.
3. On the first bead, say an *Our Father*.
4. Say one *Hail Mary* on each of the next three beads.
5. Say the *Glory Be*
6. For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the *Our Father*.
7. While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a *Glory Be*. (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*)
8. After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

<https://www.usccb.org/how-to-pray-the-rosary>

The Joyful, Sorrowful and Glorious Mysteries can be found on this page.



THE PRAYERS OF THE ROSARY

LITURGICAL CALENDAR 2022

ORDINARY TIME

ADVENT (11/27 – 12/24)

CHRISTMAS (12/25-1/5/23)

LITURGICAL CALENDAR 2023

ORDINARY TIME (1/6-2/21)

ASH WEDNESDAY (2/22/23)

EASTER (4/9/23)

PENTECOST (5/28/23)

ORDINARY TIME (6/4-12/2)