

# TWIBCS SPORTS

THIS WEEK IN B CATHOLIC SPORTS



8 Year Old Cole Falcone - Crusader Crazy - Class of '33

# CRUSADERS SOAR INTO STATE FINAL

Photo by, John Hund '79

## TWENTY EIGHT UNANSWERED POINTS LIFT CRUSADERS IN PURSUIT OF REPEAT

**November 19 - Oradell, NJ** - The Bergen Catholic Crusaders overcame an early deficit to steamroll and fly over Delbarton in the NJSIAA Non-Public "A" Semi-Finals at the Jack on a cold and windy Saturday 28-7.

The two teams seemed to be feeling each other out in the early part of the contest, with Delbarton winning the field position battle in part due to a high snap in which punter Brandon Arpacilar fielded a high snap and was able to salvage a very bad situation and turn it into a not-so-bad, 5-yard loss.

The Crusaders held the Green Wave who then punted, putting BC deep in the own part of the field at the 20. The field position battle was at this point being won by the visitor

who forced a punt. This snap was good, but a tsunami hit young Brandon, blocking his punt, which was returned for a touchdown. After a PAT, the Wave led 7-0 in sunny Oradell.

BC needed to answer. That is just what the offense did. The Crusaders relentlessly bullied Delbarton down the field: seventeen plays, eighty yards and six minutes, closing out the first quarter and going a minute into the second when senior QB, Jack Duffy scored his first touchdown of the afternoon on a four-yard keeper.



Photo by, John Hund '79



Guytano Bartolomeo drove the ball through the uprights and the score was tied at 7.



Carmelo Velardo kicked off, putting the ball nice and high, allowing the Crusader coverage to get downfield and stop the Wave inside their 20.

BC defense held Delbarton three and out and the Crusaders took possession of the ball at their own 41. This time, eleven plays were all it took for the Crusaders to find paydirt. Once again it was Duffy taking it in on the keeper off the left side for the score and BC had a lead it would never relinquish.

After a three and out, Delbarton punted to BC and Bergen took over with 53 seconds remaining in the half. Saeed St.Fleur carried for 6 yards and was tripped by the Wave



defender. A personal foul for tripping was assessed, giving BC a first down.

On the next play, Dominic Campanile dropped back and found a wide open Quincy Porter who reached around and made an incredible pass. He eluded one defender, picked up a block from Logan Casey and ran the ball in for a 44-yard touchdown reception. Bartolomeo's PAT was good and BC was up 21-7 going into the half.



The Crusader offense overpowered the Wave defensive front helping Saeed St.Fleur to 158 yards on the afternoon. It is the sixth time the senior has rushed for over 100 yards in a game this season. He currently has 1,279 yards rushing on the season and over 1,500 yards from scrimmage.

BC pounded out 262 yards on the ground due as Kaj Sanders (33 yards), Dominic Campanile (23 yards) and Duffy (23 yards, 2 TDs) all pitched in a bunch.

The Crusaders were highly effective in the air as well with Campanile delivering a pair of touchdown passes: one to Porter and another to TE Jack Comeau who showed how a senior can fly on his last game at The Jack.

While the offense generated 22 first downs and 362 yards, the defense stifled the Wave, holding them to just 88 yards rushing and 25 passing. Delbarton managed only seven first downs as four of their eight drives resulted in three-and-outs.

Not shockingly, Malachi Mercer led the Crusaders in tackles with 10. He now has 106 on the season. Christian Gonzalez assisted on seven tackles and picked up one solo.



Kaden Irby-Mason was in on five tackles and Elijah Kinsler and Kaj Sanders each made four tackles. Sophomore defensive lineman and discus and shot-putting star Benji Shue got in on the action with a tackle as well.



Photo by: John Hund '79

**Above AJ Seker (10) and Miguel Visbal (58) get help from Benji Shue (75) in roughing up a Delbarton ball-carrier.**

The Crusaders will be facing Don Bosco Prep in the Non-Public "A" State Championship on Friday, November 25, 2022 at 6:00 pm at MetLife Stadium in East Rutherford.

### SCORING:

TEAM	1	2	3	4	FINAL
#6 DELBARTON (6-6)	7	0	0	0	<b>7</b>
#2 BERGEN CATHOLIC (10-1)	0	21	7	0	<b>28</b>

### STATISTICAL LEADERS:

**PASSING:** D. Campanile 10 for 11 – 102 yds, 2 TD, J. Duffy 2 for 3 – 16 yds.

**RUSHING:** S. St.Fleur 23 carries for 170 yds, K. Sanders 6 for 33, J. Duffy 6 for 23, 1 TD, D. Campanile 8 for 23.

**RECEIVING:** Q. Porter 3 for 70 yds, 1 TD, J. Comeau 1 for 4, 1 TD, L. Casey 4 for 20, S. St.Fleur 3 for 14, K. Sanders 1 for 10.

**SACKS:** A. Morales and S. Mitchell (.5 each).

**TFLs:** A. Morales (2), C. Gonzalez, S. Mitchell, M. Mercer (1 each).

**INTERCEPTIONS:** none

**BLOCKED PUNT:** D. Samuels (1)

**TACKLES:** M. Mercer 10, C. Gonzalez 8, K. Irby-Mason 5, E. Kinsler 4, K. Sanders 4, A. S. Mitchell 3, M. Visbal 2, J. Barry 2, Morales 2, E. Cohall, J. Comeau, D. Fludd, J. Gentilello, R. Phelan, D. Samuels, A. Seker, B. Shue, D. Stewart (1 each).

CATEGORY	CRUSADERS	GREEN WAVE
1 <sup>st</sup> Downs	22	7
Rushing Yards	244	88
Passing: Completions / Attempts	12/14	2/12
Passing Yards	118	25
Passing: Touchdowns / Interceptions	2 / 0	0 / 0
Total Plays	64	38
Total Offense	362	113
Fumbles / Lost	0 / 0	0 / 0
Penalties / Yards	7 / 35	3 / 30
Defensive Sacks / Yards Lost	2 / 5	0 / 0
Time of Possession	28:49	19:11
3rd Down Efficiency	3 of 9	3 of 10
4th Down Efficiency	3 of 3	1 of 2
Punts / Average	3 / 8.0	5 / 26.4

# BERGEN – BOSCO

## The Best of the Best

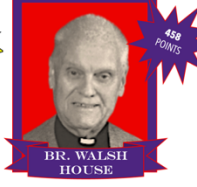
**November 20 – Oradell, NJ** – The Crusaders and Ironmen will be meeting up for the 78<sup>th</sup> time on the gridiron this Friday night at MetLife Stadium. It is the thirteenth time the two schools have met in the title game as the Crusaders look to repeat with a victory over their rivals in this year's championship. The 2021 Final was BC 28-DBP 7. The Crusaders are 5-7 in state finals vs. the Ironmen. In the last meeting between the two teams, Bosco defeated BC in week 5 this year 31-7. It ended BC's 17 game winning streak and knocked BC out of the top 10 in the National Rankings.

### THE RIVALRY BY THE NUMBERS:

Overall:	34-41-2	.455
First Meeting:	1958	14-0(W)
First Victory	1958	14-0
Last Victory	2021	28-7
Home	18-16-1	.529
Away	13-19-1	.409
Neutral	3-6-0	.333
Thanksgiving:	17-12-1	.583
Regular Season:	26-30-2	.466
Playoffs:	3-4	.429
State Finals:	5-7	.417
Pts For - Avg./G	1261	16.4
Pts Against - Avg./G	1330	17.3
Current Streak	DBP	1 win

# CRUSADER HOUSE STANDINGS

as of NOVEMBER 20, 2022



## THE HOUSE CUP

**November 20 - Oradell, NJ** - For the second consecutive week, **Br. Keane House**, named for the school's second principal, is in first place with 680 points. One can only imagine the pride that Collin Kraus and Richard Knab feel as they remain on top.

Next is a man who started teaching career before I was born (I'll leave that time period to your imagination) and lived the remainder of his life at BC, through the mid 2010s, **Br. Beyer** (pronounced BUYer). Christian Carti's house is #2, just like the number on his jersey. Must be his good works along with Che Koonce and Christian Roche that have helped Br. Beyer over the 600 point mark.

Joe Barry in the **Br. Murphy House** is representing on the gridiron each week. Joe Griffith, Harold Williams and Heyden Hernandez. They have Murph in the top 3 with 587.

Matt Avalone's and other academically responsible housemates attitudes (are helping the **Br. Walsh House** (BMW House - his initials) to close in on 500 points. Keep up the great work Pat Cece and Christian Choi!

The **Br. Jensen House** had a strong week and picked up a 21 points since last reported, up to 270 in large part due to efforts of guys like Mason Gonzalez, Aanand Pandey and Alejandro Fernandez.

While the most difficult to pronounce, there is some real talent in **Br. Roepke House** (pronounced REP-key). Freshman Kevin Sweeney is showing to be one of the most remarkable students in the freshman year as is Dylan Lozano. Andrew Boakye is also having a good year for Roepke.

## BIRD OF THE WEEK

### The Nuthatch

**November 21 - Oradell, NJ** - Desperation. This is the BOTW for state championship week. What's the bird? It's got to be the perfect choice! I can't decide. I know, I'll ask the teachers as they always have all the answers!

Thanks to Mrs. Barone we are proud to announce the Nuthatch as our State Championship Bird of the Week. Now, nuthatch is still a little too general, and I really couldn't decide, so I picked the two nuthatches we find in northern New Jersey.

The white-breasted nuthatch is far more common in the area and you can generally spot them climbing on trees or eating at your feeders in the backyard. The often pop around with the black-capped chickadees, tufted titmice and northern juncos.

If you're lucky, you may also see, or attract to your feeder the slightly smaller, red-breasted nuthatch. They are also very attractive birds.

Unlike woodpeckers and brown creepers, they girdle tree trunks upside down. This skill allows them to find food the other upward-facing birds cannot.

Why are these little guys the perfect choice for this week? I'd like to think it's because you can always feel at home when you see nuthatches. Familiar, warm, happy. Just like the feeling of beating Don Bosco at Metlife Stadium, without all that exhilaration and extasy and pride and accomplishment and tailgating and stuff.

**ATTENTION TEACHERS:** If you have a house member you would like to highlight in the HOUSE CUP report, please let me know and I will share your thoughts.



## Our Father

Our Father, Who art in Heaven  
 Hallowed be Thy Name  
 Thy Kingdom Come.  
 Thy will be done  
 On Earth as it is in Heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses  
 As we forgive those who trespass against us.  
 And lead us not into temptation.  
 But deliver us from evil. Amen.

## Hail Mary

Hail Mary, full of grace  
 The Lord is with You  
 Blessed are you among women  
 And blessed is the fruit of your womb, Jesus.  
 Holy Mary, Mother of God  
 Pray for us sinners  
 Now and at the hour of our death.  
 Amen.

## Glory Be

Glory be to the Father and to the  
 Son and to the Holy Spirit,  
 as it was in the beginning, is now  
 and ever shall be,  
 world without end. Amen

## Act of Contrition

My God, I am sorry for my sins  
 with all my heart.  
 In choosing to do wrong and  
 failing to do good,  
 I have sinned against you whom I  
 should love above all things. I firmly intend, with  
 your help, to do penance, to sin no more, and to  
 avoid whatever leads me to sin.

## Serenity Prayer

God grant me the serenity  
 to accept the things I cannot change,  
 Courage to change the things I can, and  
 Wisdom to know the difference.  
 Amen

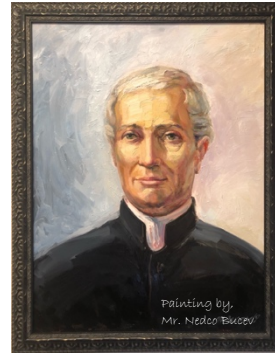
## The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a  
 sinner.

## Blessed Edmund Rice prayer

Creator God, we thank you for the life and  
 work of this gifted man, Blessed Edmund Rice.

He opened his heart generously to Christ present and  
 appealing to him in the poor who  
 were oppressed by  
 poverty and injustice. May we  
 follow his example of  
 faith and generosity. O God,  
 give us the courage and  
 compassion of Blessed  
 Edmund as we seek to support  
 one another, protect the  
 vulnerable and care for the earth,  
 our common home. We make  
 this prayer through Jesus Christ  
 Our Lord. Amen.



## The Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## Apostles' Creed

I believe in God, the Father  
 almighty,  
 Creator of heaven and earth,  
 and in Jesus Christ, his only Son,  
 our Lord, who was conceived by  
 the Holy Spirit, born of the  
 Virgin Mary, suffered under  
 Pontius Pilate, was crucified,  
 died and was buried; he  
 descended into hell; on the third  
 day he rose again from the dead;  
 he ascended into heaven,  
 and is seated at the right hand of  
 God the Father almighty;  
 from there he will come to judge  
 the living and the dead.  
 I believe in the Holy Spirit,  
 the holy catholic Church,  
 the communion of saints,  
 the forgiveness of sins,  
 the resurrection of the body,  
 and life everlasting.  
 Amen.

## The Golden Rule

Love one another as I have loved you.



## Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts  
Which we are about to receive from  
thy bounty, through Christ, Our Lord. Amen

### DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall  
lose none of all those He has given me, but raise  
them up at the last day.

### Prayer of St Francis



Lord, make me an instrument of Your peace  
Where there is hatred let me sow  
love.  
Where there is injury, pardon.  
Where there is doubt, faith.  
Where there is despair, hope.  
Where there is darkness, light.  
Where there is sadness joy.  
O Divine master grant that I may  
Not so much seek to be consoled  
as to console  
To be understood, as to understand.  
To be loved. as to love  
For it's in giving that we receive  
And it's in pardoning that we are pardoned  
And it's in dying that we are born...  
To eternal life.

## PRAYER FOR PEACE

(ESPECIALLY IN UKRAINE AND RUSSIA)

Lord Jesus Christ, who are called  
the Prince of Peace, who are  
yourself our peace and  
reconciliation, who so often said,  
"Peace to you," grant us peace.

Make all men and women  
witnesses of truth, justice, and  
brotherly love. Banish from their hearts whatever  
might endanger peace. Enlighten our rulers that  
they may guarantee and defend the great gift of  
peace. May all peoples on the earth become as  
brothers and sisters. May longed for peace blossom  
forth and reign always over us all.

Amen

- Pope Saint John Paul II



## an Irish Blessing

May the road rise up to meet you.  
May the wind be always at your back.  
May the sun shine warm upon your face,  
The rains fall soft upon your fields,  
And, until we meet again,  
May God hold you in the palm of His hand.

## Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and  
kindle in them the fire of your love. Send forth your  
Spirit and they shall be created and You shall renew  
the face of the earth.

O, God, who by the light of the Holy Spirit, did  
instruct the hearts of the faithful, grant that by the  
same Holy Spirit we may be truly wise and ever  
enjoy His consolations,  
through Christ Our Lord, Amen.

## SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.  
We thank you Lord, for giving us food.



And for our daily bread  
When we need to be fed  
We thank you Lord, for giving us food  
Bum, bum, bum, bum, bum.

## Addams Family Grace Before Meals

We thank you for this food, Lord.  
For Mom and Dad and you, Lord.  
We thank you for this food, Lord.  
And for our family.  
Duh, duh, duh duh. SNAP SNAP.  
Duh, duh, duh duh. SNAP SNAP.  
Duh, duh, duh duh.  
Duh, duh, duh duh.  
Duh, duh, duh duh. SNAP SNAP.

## How to Pray the Rosary

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the *Apostles' Creed*.
3. On the first bead, say an *Our Father*.
4. Say one *Hail Mary* on each of the next three beads.
5. Say the *Glory Be*
6. For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the *Our Father*.
7. While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a *Glory Be*. (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: *O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.*)
8. After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:  
V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

*Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

<https://www.usccb.org/how-to-pray-the-rosary>

The Joyful, Sorrowful and Glorious Mysteries can be found on this page.



### THE PRAYERS OF THE ROSARY

#### LITURGICAL CALENDAR 2022

##### ORDINARY TIME

##### ADVENT (11/27 – 12/24)

##### CHRISTMAS (12/25-1/5/23)

#### LITURGICAL CALENDAR 2023

##### ORDINARY TIME (1/6-2/21)

##### ASH WEDNESDAY (2/22/23)

##### EASTER (4/9/23)

##### PENTECOST (5/28/23)

##### ORDINARY TIME (6/4-12/2)