TWIBC SPORTS
THIS WEEK IN BERGEN CATHOLIC SPORTS

THAT'S NOT

God - Jamily - Study - Athleties & Arts - The Brothenhood!

Crusaders Send Clear Message: This Is Not Sparta; or Paramus

January 13 - Oradell, NJ - The Crusaders defended their



home mat against a sparse Spartan squad on Monday night. The visiting Paramus team forfeited 5 of 14 weight classes, helping BC to a

lopsided 58-21 victory

Crusaders who actually wrestled included Riley Halal, Eric Broadie and Alex Strashinsky was dominant in his defense of the home mat as well.

Hughes Hattie Helps Bergen Buck Rams

January 11 - Hackensack, NJ - Matt Hughes opened the



scoring for BC on Saturday night and then tied the score in the second and gave BC a lead with his third goal. It was a lead the

Crusaders would not relinquish.

JT Verdino assisted Hughes at the seven-minute mark of the first period to give BC a 1-0 lead. After Ramsey tied the score, Michael Spinelli was assisted by Zachary Cestero (who finished with one goal and two assists on the evening) to give BC a short-lived lead. The Rams would score two goals in the next sixty-three seconds to take a 3-2 lead into the second.

The second period was then the Hughes and Cestero show, and while the Rams added a late goal with under 20 seconds remaining, BC did not lose focus as it entered the third period.

Ethan Leja opened the goal scoring in the third, assisted by Steve Saxton and Max Baldomir and Joe Garcia was set up by Leonard Carlucci and Jake Barnes to extend BC's lead to 7-4. Charlie Borg started and finished the game in goal turning away 25 shots, giving him an 84% save percentage on the evening.

Crusaders Bowl Over Ghosts

January 13 - Hackensack, NJ - John DelJuidice led the



bowlers with a 491 series as BC took 7 points away from Eastside in victory. Tommy Muir rolled a 185 which was the highest game of any bowler on the day. BC

took all three games and total pins from Paterson Eastside 1774-1215.

JV Beats Standard Scores

January 13 – Hackensack, NJ – Paul Brignola rolled high game (170) and high series (436) as the JV gained some experience against themselves. Liam Chin (362 series, 135 high game), Dan Chung (350, 133), Brady Menapace (338, 121), Sean McEnery (296, 106) and Anthony Liggio (240, 96) all bowled for the Crusaders.

As the Ghosts had no bowlers, their spots are represented as "Blind", with a score of 110 pins for each bowler each game. BC defeated them, winning both games and taking total pins, 1019-880 to earn all 5 points.

Crusaders Hold Down the Fort vs. Talented Indian Team

January 14 - Hackensack, NJ - This was a day for a



tremendous bowling match between well-paired teams. Passaic's Indians came to the county seat and rolled some terrific games.

After BC took, Game 1 660-638, it was apparent, this would not be a runaway. Passaic bowled a tremendous game in the second, winning 765-790 and taking a fifty-three-pin lead going into the final game. If they took Game 3, it would result in a 5-2 victory.

In Game 3, Passaic did bowl very well, rolling a 693, but Mike Bellifemini saved his best for last, rolling a highgame 237 and led his team to a 702-693 victory in the third

game. His 653 series was also tops on the day as he bowled three games over 200.

John DelJuidice rolled a 553 series with a high game of 191. Tyler Butkera pitched in a438/158 and Tommy Muir helped with a 408/156. BC won the afternoon 4-3 over PHS.



Coach Larry Fierro at the lanes with Crusader alumnus and bowler of a 300 game, Robert Grippo.

JV Bowlers Sweep Points vs Passaic

January 14 – Hackensack, NJ – Liam Chin rolled top Series (256) and Ethan Gayam rolled high game by one pin (139) as BC defeated Passaic 5-0. Paul Brignola and Gayam each rolled 250 series and Dan Chung and Brady Menapace broke the 200-point series (2 games) as well. Anthony Liggio and Sean McEnery each rolled one game for the Crusaders.

Crusaders Clean Sweep Comets

January 14 - Oradell, NJ - Matt Zona recorded a game-



high 27 points and two of his teammates, Julian Brown (20) and Raejon Figures (23) hit the twenty-point mark as BC opened up a 16-point half-time

lead to improve to 10-2 on the season. BC, ranked #5 in New Jersey, got 9 points from Will Richardson, 4 from Jahsiem Davis and 2 from Elijah Flournoy to lead them to an 85-68 victory.

Zona, dominant under the boards and running the court through the three quarters he played, passed 1991 graduate Robin James on BC's All-Time Scoring List. Zona career points now stands at 1,072, #10 on the list.

JV Hoops Harnesses Hackensack

January 14 – Oradell, NJ – A solid team effort, passing and assisting teammates helped BC secure a sound 74-49 victory over Hackensack on Tuesday at the Hoehl Gymnasium. Kishan Sahu, Carsten Sabathia, Carlos "Big Los" Elters all showed solid play, good hustle, vision and passing. Kevin Cahill kept the offense moving, using Michael Scott's philosophy of you miss every shot you don't take.

Frosh Faster Than a Speeding Comet

January 14 – Oradell, NJ – The Freshman basketball showed Superman-like abilities, racing past Hackensack 86-42 in the first game of BC's triple header. Their 44-point victory on Christopher J. Donfield Court set the tone for a triple header that would be swept by the home teams by a combined score of 250-159 (a 91-point differential).

Top NJ Recruit, Ty Malone Talks About His Journey

January 15 – Oradell, NJ – BC has a standout two-sport student-athlete looking to compete at the next level in both sports. Junior, Ty Malone, is looking to accomplish goals

in football, and in baseball which he loves equally well.

In my most recent memory, the last player to compete in both sports in college from BC was Mark DeRosa who led the



University of Pennsylvania to two undefeated seasons as QB of the Quakers and an Ivy League Championship in Baseball. From there DeRosa started a MLB career with the Atlanta Braves, won a World Series with the San Francisco Giants. To read more on Ty, https://tinyurl.com/TYMALONE.

Minnetian Recognized as a NJ Devils Player of the Month

January 14 - Newark, NJ - Aram Minnetian became at



least the third Crusader named as a New Jersey Devils High School Player of the month. Minnetian's debut on the NJ high school scene made a big splash as the freshman recorded 13 goals and 3 assists, sparking the Crusaders to a 6-2

record and top 5 ranking in NJ.

Minnetian was preceded by BC player: standout goalie, Gennaro Anzevino who was recognized by the Devils for this Gordon Conference play in January, 2014 and Matt Radoslovich in January, 2001.

Congratulations Aram! Here's to many more!!!

Wrestlers Tame Mustangs



January 15 – Clifton, NJ – The state's top-ranked grapplers travelled to Passaic County to wrestle Clifton's Mustangs. The

Crusaders took 11 of 14 bouts including a forfeit in harnessing the Mustangs 57-15.

106 lbs: Aidan Wallace win by pin in 3:06

113 lbs: Joseph Cangro win by pin in 1:18

120 lbs: Nick Kayal win by pin in 2:21

126 lbs: Riley Halal win by decision 4-2.

132 lbs: Dylan Cedeno win by pin in 0:38

138 lbs: Eric Broadie win by decision 7-5.

145 lbs: Joseph Zargo win by tech fall 26-11 (5:35).

152 lbs: Alex Strashinsky won by forfeit.

160 lbs: Nate Camiscioli win by pin in 2:37

170 lbs: Justin Onello win by pin in 0:08

195 lbs: John Fiore win by major decision 14-6.

PHOTOS AND CONTENT WANTED

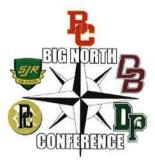
If you have stories/photos of BC Sporting Events and or Birds for our BOTW column, you are welcome to share by

e-mailing them to: jhaemmerle@bergencatholic.org.

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Indoor Track Wins Fourth Straight League Title

January 15 – Staten Island, NY – The BC Indoor Track



team made it four in a row at the Big North Conference United Division Championships at Ocean Breeze Athletic



Center on Wednesday. Battling with a talented Paramus Catholic team down to the last event, the Crusaders pulled out a

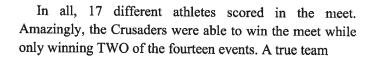
107 to 105 win, ensuring that seniors Sean Lennox, Nick Martinez, and Andrew Chi would never experience an indoor conference meet loss in their high school careers.

BC was led by junior Jaden Ebanks, who won the long



jump and took seconds in the high jump and triple jump. The only other individual winner was junior Owen McCarthy, who took the 800. Other multiple-event scorers were

sophomore Fabian France (2nds in the 55, 200, and long jump) and freshman Allan Hilton Clarke (places in the 55, long jump, and high jump).



Swimmers Come up Short vs. Bridgewater-Raritan

January 16 – Bridgewater, NJ – One of the state's premier swim programs handed the Crusaders their first loss of the season on Thursday. Bridgewater-Raritan High School took 8 of 11 events to earn a 108-62 victory over BC, whose record now stands at 7-1. Thomas Haemmerle won the 500



Free with a time of 4:18.57 and Ian Liu won the 100 Breast with a time of 1:07.08. BC finished on as positive note, winning the

400 Free Relay with a time of 3:50.79 recorded by Haemmerle, Ben Rose, Liu and Alex Rose.

200 Medley Relay - BC team of Ben Rose (SR), Ian Liu (SR), Tim Anderson (SR), and Sam Hughes (JR) took 2nd place.

200 Freestyle - Tom Haemmerle (JR) and Ben Rose (SR) took 2nd and 3rd place.

200 IM - Bridgewater swept 1st, 2nd, and 3rd place.

50 Freestyle - Sam Hughes (JR) took 3rd place.

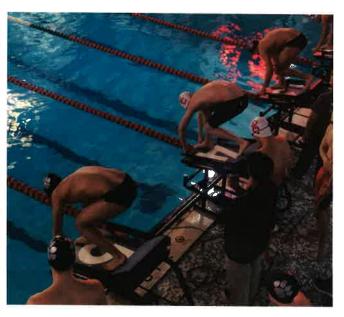
100 Fly - Alex Rose (FR) and Ian Liu (SR) took 2nd and 3rd.

100 Freestyle - Sam Hughes (JR) took 3rd place.

500 Freestyle - Alex Vester (JR) took 3rd place.

200 Freestyle Relay - Alex Rose (SO), Tom Haemmerle (JR), Tim Anderson (SR), and Sam Hughes (JR) took 3rd place





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Varsity Basketball Takes Tough One from Surging SJR

January 15 – Montvale, NJ – Two nights following the Green Knight's 3OT victory over Don Bosco Prep, the home team was hoping to pull off another major upset. The Crusaders guards eliminated any thought of that happening as Julian Brown dropped in a season-high, game high 32 points, followed by Will Richardson's 25 to lift BC 78-70 over the previously undefeated Green Knights.



Julian Brown comes off a Matt Zona pick to get free for three, on his way to a 32-point night.

Raejon Figures scored 11 and besides 32 outstanding minutes up and down the court, Matt Zona contributed 6 (1,078) and Jahsiem Davis 4 points in the victory.

Frosh and JV Split with SJR

January 15 - Montvale, NJ - The Crusader freshman



basketball team suffered its first setback of the 2019-2020 season, falling to the Green Knights 72-60. The JV took care of business in the

middle game, defeating SJR 76-66.

Crusaders Defeat DePaul, 80-35

January 17 - Wayne, NJ - The win helps BC to an



overall record of 8-1 and sets up the de facto BNC United Red Championship vs. Don Bosco Prep on Thursday. Here are the winners:

200 Medley Relay: Ian Liu, Sam Hughes, Andrew

Mazzacano, Alex Vester - 2:00.79 200 IM: Ben Vester - 2:19.78

50 Free: Andrew Mazzacano - 0:28.48

100 Fly: Sam Hughes. - 1:04.09 100 Free: Alex Rose - 0:52.46

200 Free Relay: Gavin Perez, Jaden Lee, Alex Rose, Ben

Rose. - 1:46.50

100 Back: Jaden Lee - 1:01.50 100 Breast: Gavin Perez - 1:14.06

Kelly-to-Kelly Combo Lifts BC in OT Over Feisty Maroons

January 17 - Wayne, NJ - Whoever thought a first-round



county tournament game for the #2 seed would be a laugher was not laughing late on Friday night. While the Crusaders jumped out to a 3-0 lead into the second

period, a number of penalties allowed the 7th seeded Maroons to eventually tie the score.

The Crusaders took charge of the game early as Billy O'Connor threaded the needle on a long pass to Anthony Rosa who had skated past the Ridgewood defense. He was one-on-one with the goalie and made him pay, putting BC up 1-0 just 2:05 into the game. It wouldn't be for another twelve minutes and fifty seconds before Antonio Arcaroli received a Jake Antonucci pass and put the Crusaders ahead 2-0 with just five seconds remaining in the opening period.

BC scored a power play goal at 8:47 off Brenden Kelly's first goal of the year, a beautiful left-handed wrist shot and BC had a 3-0 lead. Nick Stoebling and Antonucci assisted Kelly on the goal.

It was at this point, Ridgewood started to gain some momentum and worked to tie the score at three with 10:28 remaining in regulation. In Overtime, most frightening was the sight of the puck entering the mouth of the BC goal in overtime as Ridgewood players and fans rejoiced jubilantly.



Above, Devon Kelly scoring the game-winning overtime goal vs. Ridgewood in the BCCA Quarterfinals 4-3.

The goal was waved off, however, and moments later BC had the puck deep in its own end. As the puck was passed behind the goal to junior defenseman, Brenden Kelly, senior, Devon Kelly started making his way behind his defender on the Ridgewood point. Brenden hit Devon with a perfect pass and the senior skated furiously up the left win on a breakaway, beating the Ridgewood goaltender, and lifting BC into the County Semi-finals vs. SJR on Monday night.

JV Hockey Ties SJR 1-1

January 17 - Wayne, NJ - The JV Crusaders took on the



Green Knight at the Ice Vault on Friday Night, skating to a 1-1 tie. Kelly (JT & Kata); Ryan 18 saves – 2nd period goads for each team, nc first.

Crusader and Bees Split a Pair

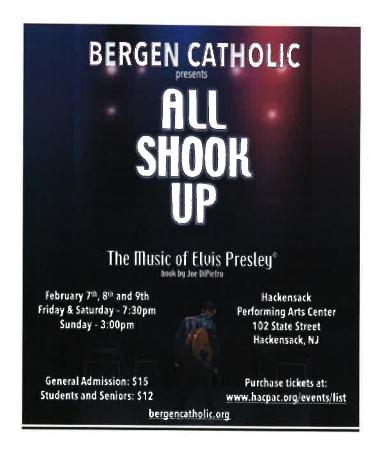
January 18 - Oradell, NJ - An outstanding doubleheader with fine young players occurred on the



Christopher J. Donfield Court on Saturday morning. In the opener, BC's frosh rebounded from its first setback of the season to win

70-49. The JV was unable to complete the sweep and was stung by St. Benedict's Prep of Newark 51-41.







Crusaders Place Third at Beat the Streets Brawl in Illinois

January 18 &19 – Oak Park, IL – The Crusaders took on some of the nation's top-ranked-wrestling teams this weekend. The Crusaders #7 in the USA, went 3-1, defeating #14, Tuttle (OK), #43 Fort Dodge (IA), #25 Liberty (MO) and #6 Lake Highland Park (FL).

BC 58 – #43 Fort Dodge (IA) 13



106 lbs. Aiden Wallace win by decision 8-3.

113 lbs. Joseph Cangro win by pin 1:38

132 lbs. Dylan Cedeno win by pin 2:21

138 lbs. William Grater win by pin:38

145 lbs. Joseph Zargo win by pin 2:45

152 lbs. Alex Strashinsky win by major decision 10-1.

160 lbs. Nate Camiscioli win by pin 3:39

170 lbs. Justin Onello win by pin 1:39

182 lbs. John Fiore win by decision 8-5.

220 lbs. Remy Brancato win by pin 1:31

285 lbs. Esquire Boyce win by pin 2:11

BC 42 – #25 Liberty (MO) 27



106 lbs. Aiden Wallace win by pin 1:03

113 lbs. Joseph Cangro win by major decision 12-1.

132 lbs. Dylan Cedeno win by decision 7-5.

138 lbs. William Grater win by pin 5:25

145 lbs. Joseph Zargo win by technical fall 27-12.

152 lbs. Alex Strashinsky win by decision 6-0.

160 lbs. Nate Camiscioli win by pin 1:38

195 lbs. John Fiore win by decision 3-1.

285 lbs. Esquire Boyce win by pin 1:15

BC 15 – #6 Lake Highland Prep (FL) 43



Dylan Cedeno won his match in Ultimate Tie Breaker. Here is my concise "UTB" translated...Wrestlers are tied after 3 periods. They remain tied after 1:00 sudden victory. After two, 30-second tie-breaker period, they remain tied. A final "UTB" 30 second period occurs. Wrestlers start in "referee position." The first wrestler to

score a point, wins. If neither score, but the wrestler ontop rides his man for the entire 30 seconds, he wins.

113 lbs. Joseph Cangro win by decision 7-0.

132 lbs. Dylan Cedeno win by decision 2-1 (UTB).

145 lbs. Joseph Zargo win by pin 4:35

220 lbs. Remy Brancato win by decision 3-1.

BC, #14 Tuttle (OK) Tussle

The Crusaders defeated a very strong Tuttle HS squad from Oklahoma on Saturday 40-28. The teams were evenly matched with the Crusaders taking 8 bouts to Tuttle's 6. I hope it's fair to say that there's a little Tuttle left in all of us,





285 - Esquire Boyce win by pin 3:24

113 - Joseph Cangro win by pin 5:25

120 - Nick Kayal win by pin 1:01

132 - Dylan Cedeno win by major decision 11-2

145 - Joseph Zargo win by major decision 17-8

152 - Alex Strashinsky win by decision 11-7

160 - Nate Camiscioli win by pin 2:43

170 - Justin Onello win by pin 4:29

Frosh Fab Four Achieve Gold at North Bergen Frosh Tournament

January 19 – North Bergen, NJ – The Freshman members of the national power wrestling team had a strong showing in Hudson County this weekend. Michael Biskup, Hunter Morton, Nick Bernick and Thomas Cusick all pictured below holding their trophies and charts.







As a parent I just watched my kid sit on the bench for 3 straight games today.

What an awesome opportunity to evaluate for me as a parent & my child as a player.

It's my job as a parent to teach my child how to deal with that & to help my child learn how to get off the bench.

Learning Center: The Parent Seat

January 16 – Indianapolis, IN – The National Federation of High Schools (NFHS) and the BNC are encouraging parents to watch the linked video, "The Parent Seat." This video speaks to the issue of sportsmanship which has

become of considerable concern throughout New Jersey in the past month or so, due to a number of incidents involving high school sports. The you are welcome to peruse. Here is the link to "The Parent Seat." If anyone has feed-back they would like to share via TWIBCS or just share with the athletics department, we encourage you to do so.

https://nfhslearn.com/library/videos/the-parentseat

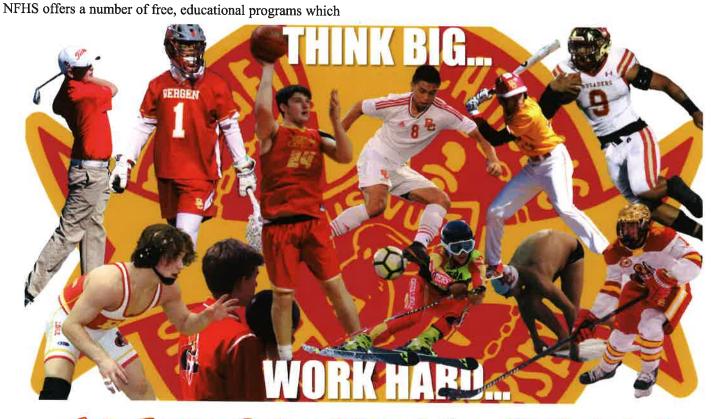
Jim McGovern Named 2019 Senior PGA POY for NJ

January 18 – Bedminster, NJ – Class of 1983 alumnus, Jim McGovern was named Senior Professional Golfers Association Player of the Year for New Jersey in 2019.

The **OMEGA** NJ Section Senior Player of the Year is the player who compiles the greatest number of points in the below events. He/she will awarded sponsor dollars provided from OMEGA.



Senior PGA Championship, NJPGA/NJSGA Senior Open, Senior Match Play Championship, MGA Senior Open, Charity Clambake, Section PGA Championship, National Senior PGA Championship & US Senior Open



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BOTW: Four Birds from a Mom

January 15 - All Over, Various Years - Well here we go. First, I would like to thank Maria Guglielmo Walsh, mom of Will Walsh '21 for providing us with this "Can you name this bird?" challenge.



So we will give it our best try starting with the gull to the top left side of the collage. It looks like a juvenile **Herring Gull**. While I can't see the size of the bird, it seems to have a large bill, which might rule out Ring-billed Gull (BOTW Week 18).

Clockwise, to the right, is one of the more aestheically-challenged species, the **Black Vulture**. It shares certain similarity to Turkey Vultures, which are also large omnivores, but the black face suggests this bird is a different species. I did not see the coloration and size of the bird flying, which cold change my mind, but for now, I stick with Black Vulture.

Continuing clockwise is a lovely **Cattle Egret**. You will see these as you travel through the south. As you may expect, these egrets, similar sized to our Snowy Egrets (which are all white) can be found more on grasslands as opposed to marshes.

Finally, this "black-headed" gull is NOT a Black-headed gull (Bonus BOTW Week 18). It is a species very common to the Jersey shore (and most eastern shores). They steal your popcorn and then laugh at you. It is an attractive gull known as a **Laughing Gull**.

Thanks for sharing your terrific photos Maria! I hope you enjoyed our findings.

PHOTOS AND CONTENT WANTED

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TGIF Faculty Birding

January 17 – **Jersey Shore, NJ** – Br. Fagan and Mr. Haemmerle took a trip Ocean and Monmouth Counties on Friday to see how many birds they could see...

As it turns out, the count was somewhere over 1,000 (1,013 was our recorded number). We hit 8 birding hot spots from Manasquan to Spring Lake to Brielle (or somewhere around there). Here is the list and the route...

	,
Species (23)	<u>Qty</u>
American Black Duck	2
American Coot	12
American Robin	8
Brant	80
Bufflehead	9
Canada Goose	327
Common Loon	1
Double-crested Cormorant	7
Great Black Backed Gull	5
Great Blue Heron	2
gull sp.	30
Herring Gull	12
Hooded Merganser	7
House Sparrow	4
Lesser Scaup	120
Long-tailed Duck	21
Mallard	82
Mallard (Domestic type)	3
Northern Mockingbird	5
Red-breasted Merganser	22
Red-throated Loon	1
Ring-billed Gull	73
Rock Pigeon	3
Ruddy Duck	176
Wood Duck	1



The journey started at BC and proceed to (1) Gull Island in the Manasquan River. We then stopped at (2) Manasaquan Inlet, (3) Lake of the Lillies, (4) Wreck Pond, (5) Spring Lake Park, (6) Lake Como, (7) Silver Lake and Ferruggiaro Park and finally the (8) Shark River Inlet. We We departed BC at 8:00 am, reached out first stop at 9:48 and our last at 11:45 am, making it back to BC by 1:20 pm.

1013

TOTAL COUNT

Next Week in Bergen Catholic Sports

Day/Date	Time	Sport	Opponent	Location
Monday, January 20	6:00 PM	Varsity Hockey	SJR (BCCA Semis)	Ice Vault
Monday, January 20	6:15 PM	Indoor Track	Shot and High Jump	Garfield HS
Tuesday, January 21	2:30 PM	Swimming	Westfield	Westfield YMCA
Tuesday, January 21	3:30 PM	V/JV Bowling	DePaul Catholic	Bowler City
Wednesday, January 22	4:30 PM	Varsity Hockey	Pope John XXIII	Skylands Ice World
Wednesday, January 22	5:00 PM	Indoor Track	Bergen County Relays	168th Street Armory
Wednesday, January 22	6:00 PM	JV Wrestling	St. Joseph Regional	Hoehl Gymnasium
Wednesday, January 22	7:00 PM	Varsity Wrestling	St. Joseph Regional	Hoehl Gymnasium
Thursday, January 23	3:00 PM	Swimming	Don Bosco Prep	Ridgewood YMCA
Thursday, January 23	3:30 PM	V/JV Bowling	Don Bosco Prep	Bowler City
Thursday, January 23	5:00 PM	Skiing	Giant Slalom	Mountain Creek
Thursday, January 23	4:00 PM	Fr Basketball	Don Bosco Prep	Hoehl Gymnasium
Thursday, January 23	5:30 PM	JV Basketball	Don Bosco Prep	Hoehl Gymnasium
Thursday, January 23	7:00 PM	Var Basketball	Don Bosco Prep	Hoehl Gymnasium
Thursday, January 23	TBA	Varsity Hockey	BCCA Championship	Ice Vault
Friday, January 24	4:00 PM	V/JV Bowling	Bergen Tech	Bowler City
Friday, January 24	6:00 PM	JV Wrestling	NVOT	NVOT
Friday, January 24	7:00 PM	Varsity Wrestling	NVOT	NVOT
Saturday, January 25	TBA	Varsity Wrestling	Kingsway, Jackson, Por	oe John XXIII @ Kingsway
Saturday, January 25	11:00 AM	Fr Basketball	Ridge HS	Ridge HS
Sunday, January 26	9:30 AM	JV Wrestling	North Bergen Tour.	North Bergen
			-	S

CURRENT TEAM RANKINGS

Basketball wrestling hockey swimming









Prayer of Thanks for Blessed Edmund Rice

O God, we thank you for the life of Edmund Rice. He opened his heart to Christ present in those oppressed by poverty and injustice. May we follow his example of faith and generosity. Grant us the courage and compassion of Edmund as we seek to live lives of love and service.

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