THIS WEEK IN BERGEN CATHOLIC SPORTS

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Swimmers Qualify for NJ MOC, Sectionals and National Events

December 22 - Paramus, NJ - BC swimming has been off



to a fast team start locally but also recently had several swimmers qualify for individual state,

sectional and national championship events with new best times. In December, Tim Anderson, Julian Chun, Thomas Haemmerle, Sam Hughes, Alex Rose, and Ben Rose qualified for the NJ High School State Meet of Champs (MOC) which will be held on February 29 and March 1. With 6 swimmers already qualifying and several others on the cusp, BC is closing in on matching a school record of 7 different swimmers competing at the NJ MOC in individual events.

Going beyond state level competitions, sophomore Andrew Mazzacano recently qualified for the 2020 USA Swimming Sectional Championships to be held later this spring with a new best time in the 200-yard breast stroke. Andrew was swimming at MIT last weekend for the Condors Swim Club while achieving these new time standards.

Junior Thomas Haemmerle qualified for the YMCA National Championships to be held in Greensboro, North Carolina in April with a new best time in the 500-yard freestyle event while swimming at the Nassau Aquatic center last weekend.

Finally, Senior captain Julian Chun improved upon his previous times in both the 100 and 200-yard breaststroke events and qualified for USA Swimming Jr. National Championships which are held at Georgia Tech. Julian also achieved at Futures cut in the 200 IM while swimming for Scarlet Aquatics at Rutgers University last weekend.

Crusaders Wrestle Tough at Beast

December 22 – Newark, DE – The Crusaders placed fourth as a team behind Blair Academy (NJ), Brecksville (PA) and Malvern Prep (PA). Second through fourth places were separated by just a few points and BC's finish was just 2 points out of third place.

Six Crusaders placed at the two-day event including:



113 Joe Cangro 4th 120 Nick Kayal 5th 126 Robert Howard 6th 132 Dylan Cedeno 3rd 145 Joseph Zargo 7th 152 Alex Strashinsky 6th Coach, Dom Santoli was "a paragon of virtue and an indispensable resource of energy and knowledge," according to an appreciative Coach Bell whose team performed very well.

Zona's Double-Double Keys Win Over St. Thomas Aquinas

December 22 – Elizabeth, NJ – Senior forward, Matt Zona scored 16 and collected 15 rebounds as BC overcame a 37-36 deficit and pulled away to grab an 81-70 victory from St. Thomas Aquinas (NJ) on Sunday evening.



Will Richardson once again led all scorers with 29 points and Julian Brown tore it up with 23 of his own. Jahsiem Davis and Raejon Figures contributed a pair of field goals for 5 points apiece and Elijah Flournoy knocked down a trey for the Crusaders. C Jackson played strong on the boards, grabbing four rebounds and providing two assists as BC improved to 2-0.



BB photos can be purchased at https://bit.ly/2EMF6PD.





Brown Leads BC Over ICA to Open National Tourney

December 27 – Rock Hill, SC – Julian Brown netted 20



points to lead Bergen Catholic to a 56-52 win over Impact Christian (FL) at the Blue Star High School Invitational just

south of Charlotte, NC at the Rock Hill Sports and Event Center in South Carolina.

Bergen Catholic (3-0) led 27-23 at the half. Matt Zona connected on a trio of the three-pointers to add on 13 points to the win. Will Richardson chipped in seven points for Bergen Catholic.

Crusaders Fall in National Semi-Final

December 28 - Rock Hill, SC - The Crusaders dropped a



tough game to St. Andrew's Episcopal School (MD) by a score of 79-67. BC

will play in the third-place consolation game vs. Ardrey Kell HS (NC) on Monday at 6:00pm.



Forty Crusaders Named to North Jersey All-Decade Teams

December 29 – Hillsdale, NJ – Take a walk down memory lane and look back at some of the greats who have walked the hallowed halls.

<u>Name</u>	Grad Yr	Sport	All-Decade
Garrett Dickerson	2014	Football	2nd Team
Johnny Langan	2018	Football	2nd Team
Miles Franklyn	2016	Soccer	1st Team
Doug Edert	2019	Basketball	Hon. Mention
Zach Freemantle	2019	Basketball	1st Team
Tommy Scrivanich	2018	Swimming	Hon. Mention
Austin Lee	2018	Swimming	2nd Team
Josh Sembrano	2017	Swimming	1st Team

<u>Name</u>	Grad Yr	Sport	All-Decade
John Om	2015	Swimming	1st Team
Jacob Cardenas	2019	Wrestling	1st Team
Joe Grello	2016	Wrestling	1st Team
Robert Howard	2020	Wrestling	1st Team
Shane Griffith	2018	Wrestling	1st Team
Johnny Sebastian	2012	Wrestling	1st Team
Kevin Mulligan	2016	Wrestling	1st Team
Nick Suriano	2016	Wrestling	1st Team
Gerard Angelo	2018	Wrestling	2nd Team
Chris Foca	2019	Wrestling	2nd Team
Connor Melde	2012	Wrestling	2nd Team
Carmen Ferrante	2018	Wrestling	Hon. Mention
Nick Kayal	2020	Wrestling	Hon. Mention
Pete Lipari	2015	Wrestling	Hon. Mention
David Lamanna	2017	Baseball	2nd Team
Will Celiberti	2019	Golf	Hon. Mention
George Cultraro	2016	Golf	Hon. Mention
Zach Egermayer	2014	Golf	Hon. Mention
Ryan Rose	2013	Golf	Hon. Mention
Erick Alonso	2014	Golf	2nd Team
Brendon Kim	2015	Golf	2nd Team
Harrison Shih	2012	Golf	1st Team
Chris Lee	2018	Golf	1st Team
Jimmy Criscione	2017	Golf	1st Team
Brendon McGuire	2012	Lacrosse	3rd Team
Chris Blewitt	2014	Lacrosse	2nd Team
Kurt Holuba	2014	Lacrosse	~
Michael Reilly	2015	Lacrosse	1st Team
Matthew Haemmerle	2015	Lacrosse	2nd Team
Brendan Mackie	2015	Lacrosse	2nd Team
Jeremy Magno	2016	Lacrosse	2nd Team
Tariq Gray	2011	Track	Hon. Mention

BOTW: Red-Headed Woodpecker

December 29 - Ridgewood, NJ - While not a rare bird,

this attractive bird is not very common in Bergen County. Much to the good fortune of birders in New Jerseys great northeast, there seems to be potential for a nesting family in one of our County Parks. I have seen an immature male within the past two months and am looking forward to seeing his progress in the coming



months. If you are interested in learning more about this bird, please contact me

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outshooting BC 9-0. Worse is two of those shots found their way past BC's outstanding netminder Brendan McCaskey.



As the Crusaders were clearing their zone, a Bosco skater intercepted a short pass and broke free on the goal, creating the first goal. It seemed the Crusaders were a little frustrated and shortly after, a BC skater picked up an unnecessary, but well-deserved penalty for a cross check. That led to a second Ironman goal and put BC in a 2-0 deficit.



On the other side of the ice, Bosco did not commit any egregious fouls, not allowing BC's dangerous power-play to get on the ice. The two teams fought through a scoreless second period and BC ensured the game was still a great contest for the SRO, sell-out crowd assembled.



The third period, was a period to forget and move forward for both teams. While the host scored an additional two goals, there was plenty of hockey that did not show the best of either program.

Final score of the game: Don Bosco 4-Bergen Catholic 0. The Ironmen jumped from number three to two in the state polls and BC fell from #1 to #3.

Photos available for purchase here:

https://bit.ly/2SwMAOK

Crusader Holiday Basketball Tournament

JV Overwhelms Franklin in Opener

December 27 – Oradell, NJ – Gianluca Phelan and Elias Espinosa led the scoring while the defense was impenetrable as the JV team came away with a big win in the tournament opener 56-36.

Frosh Set the Tone in Game 1

December 27 – Oradell, NJ – The Freshman Basketball earned a well-fought victory over Franklin HS 59-49 in the first round of the Freshman Tournament at BC.

JV Defense Forces Bears into Hibernation

December 28 – Oradell, NJ – The Crusaders played another exceptional defensive game at the annual Crusader Holiday Basketball Tournament. They yielded only 28 points to Bergenfield HS in the Saturday afternoon Semifinal game. The offense was efficient and put up 53 points while Carlos "Big Los" Elters continued to be a force around the basket as he once again led the team in rebounds.

The Crusaders will take on Ramapo at 6:00pm in the Final on Monday night at BC.

Frosh Advance to Finals with Blowout Win Over St. Peter's Prep

December 28 – Oradell, NJ – The young Marauders were absolutely no match for BC on Saturday as the new Crusaders dropped 90 points on their rivals from Hudson County, good for a 90-37 victory and advance to the finals

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enough and Ramapo held BC off for a hard-fought 55-52 victory in Hoehl Gymnasium.

Elias Espinosa led the Crusaders with a strong second-half and 18 points, including three 3-pointers. Christian Ross added ten points while Gianluca Phelan contributed 9 for BC.





was a force on the cour. showing some great vision and touch in scoring 8 points and Mark Palermo made some clutch plays in the fourtn quarter, adding a pair of free throws and finishing with 5 points. He made a real impact though, forcing and playing very smart ball throughout.

Henry's 39 Saves, Not Enough to Hold Off St. Joseph Metuchen's Falcons

December 28 - Wayne, NJ - St. Joseph HS scored two



first period goals to build a 2-0 lead 2019 JV Holida 7 Tournament. Steve Saxton score 1 off a JT Verdino assist to cut the

lead in half with 9:02 remaining in the second period, but the Falcons regained their two-goal lead with 2:23 left in the period.

Garrett Kata scored with 2:12 for BC to give them a chance late in the game, but alas, the clock was the enemy and ran out on a potential comeback. Ryan Henry finished with a .925 save percentage on the day as the Falcons outshot the Crusaders 42-15 on the afternoon.

Crusader JV Hockey Blasts Bosco 6-1

December 29 - Wayne, NJ - The Crusaders scored two



goals per period and finally yielded a goal with just :34 in a strong victory over DBP on Sunday afternoon at the Ice Vault.

Garrett Kata registered two goals for BC and Leonard Carlucci added a power play goal and an assist on the day. Tyler Ugliono provided two

assists while Jake Barnes, Steve Saxton and Joe Garcia each pitched in goals. BC's other setup men included Kelly, Ilardi and Hughes (good name for a law firm) as Ryan Henry turned away 26 shots. That law firm does have nice given names...Tim Kelly, Michael Ilardi and Matt Hughes.

Crusader Basketball Earns Third in Blue Star Tourney

December 30 - Rock Hill, SC - The Crusaders were



challenged by a talented Ardrey Kell (NC) squad in the third-place consolation game of the Blue Star National Championship Division

Tournament. After grabbing an early 21-18 lead, the Crusaders found themselves needing to find some resolve to overcome a 5-point deficit at half.

That is just what they did, outscoring Rock Hill 41-28 in the second half, to earn a 76-68 victory in their final game of the decade.

Julian Brown led Crusader scorers with 24 points as Matt Zona (19 points) and Will Richardson (18 points) played huge scoring roles. Joe Scrivanich made four freethrows for BC, adding 6 points of his own, while Jahsiem Davis, Chase Jackson and Elijah Flournoy added 4, 3 and 2 points respectively.

... and speaking of the decade, what a decade it was...

As a team under Coach Armstrong (who became BC's fifth

head coach in 2011) the Crusaders have won 163 games out 222 played, good for a .734 winning percentage.

In BC's 63-year history of Crusader basketball, the Scarlet and Gold won its 9th and 10th Bergen County Jamboree Titles (2015 & 2019) and its 10th NJSIAA NPA North Championship, 4th NPA State Championship and First trip to the TOC Final.

Individuals thrived as well. 1,000-point scorers list grew from 9 to 14 through the decade with: Nadi Beciri '14, Taj-Malik Benning '17, Doug Edert '19, Zach Freemantle '19 and Justin Salem '15 making the banner in the Hoehl Gymnasium looking over the Christopher J. Donfield Court.



Bergen Catholic Sports Next Week at a Glance

Day/Date	Time	Sport	Opponent	Location
Monday, December 30	6:00 PM	Var Basketball	Ardrey Kell HS (NC)	Rock Hill, SC
Monday, December 30	4:30 PM	Fr Basketball	Archbish. Step. (NY)	Hoehl Gymnasium
Monday, December 30	6:00 PM	JV Basketball	Ramapo	Hoehl Gymnasium
Tuesday, December 31	1:00 PM	JV Hockey	Monsignor Farrell (NY)	Ice Vault
Wednesday, January 1	8:00 PM	Var Basketball	St. Raymond's (NY)	Hoehl Gymnasium
Friday, January 3	4:30 PM	Var Indoor Track	Zaccone Invitational	FDU
Friday, January 3	4:30 PM	Fr/So Indoor Track	Zaccone Invitational	FDU
Friday, January 3	4:00 PM	JV Hockey	Seton Hall Prep	Floyd Hall
Friday, January 3	4:00 PM	Fr Basketball	Fair Lawn HS	Fair Lawn HS
Friday, January 3	5:30 PM	JV Basketball	Fair Lawn HS	Fair Lawn HS
Friday, January 3	7:00 PM	Var Basketball	Fair Lawn HS	Fair Lawn HS
Friday, January 3	TBA	Var Wrestling	Doc Buchanan Tourn	Clovis HS (CA)
Saturday, January 4	TBA	Var Wrestling	Doc Buchanan Tourn	Clovis HS (CA)
Saturday, January 4	9:30 AM	Var Indoor Track	Garfield Shot/High Jump	Garfield HS
Saturday, January 4	9:30 AM	Fr/So Indoor Track	Garfield Shot/High Jump	Garfield HS
Saturday, January 4	9:00 AM	Var Indoor Track.	Hispanic Games	168 St. Armory, NYC
Saturday, January 4	7:15 PM	Var Basketball	Hudson Catholic	Ramapo College

CURRENT TEAM RANKINGS BASKETBALL WRESTLING HOCKEY SWIMMING









Prayer of Thanks for Blessed Edmund Rice

O God, we thank you for the life of Edmund Rice. He opened his heart to Christ present in those oppressed by poverty and injustice. May we follow his example of faith and generosity. Grant us the courage and compassion of Edmund as we seek to live lives of love and service.

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