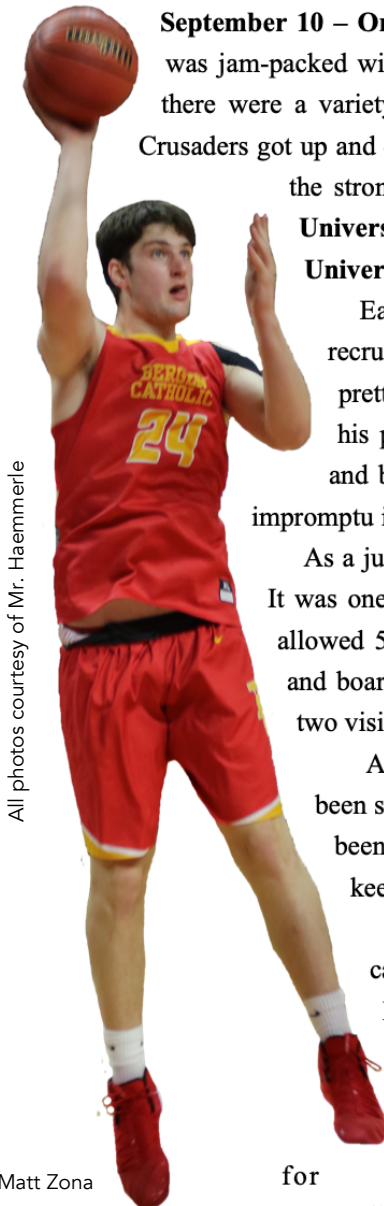


TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

BC – Be Seen!



All photos courtesy of Mr. Haemmerle

Matt Zona

September 10 – Oradell, NJ — Tuesday's open gym at the Hoehl Gymnasium was jam-packed with coaching talent to see the Scarlet and Gold Talent. While there were a variety of students participating in various activities, a number of Crusaders got up and down (the court), putting on display their potential for some of the strongest schools in the nation including: **Vanderbilt, Harvard, University of Pennsylvania, Penn State, Davidson, St. Joseph University and Notre Dame.**

Each of those schools were in attendance to take a step closer to recruiting senior shooter, Matt Zona to its university. For Matt, it's pretty clear he's narrowed his list down to some which fit within his priorities. "I'm looking for somewhere with great academics and basketball and somewhere I feel at home," replied Zona in an impromptu interview in HR class on Wednesday.

As a junior, he visited the University of Pennsylvania in Philadelphia. It was one "official visit" he made during his junior year. Athletes are allowed 5 official (paid) visits, where a college can cover travel, room and board costs, for a student athletes. He was preparing for his next two visits including Penn State and Notre Dame.

According to Matt, the best part of the recruitment process has been seeing his hard work come to fruition. The worst part so far has been the attention. "I don't love (it)." He said, "I really like to keep to myself."

There have been a number of other coaches on campus including Cael Sanderson, Head Wrestling Coach at Penn State University. The Nittany Lions have won 9 NCAA Team National Championships in Coach Sanderson's 10 years at the helm of the program.

University of Wisconsin was also making its pitch for senior, Joe Zargo who earned All-American status during this summer's wrestling circuit.

While certain sports are able to get coaches on BC's campus, that is not the case for EVERY SPORT! Be proactive. Speak with your coaches and the Crusader College Placement Center to assist with communicating with coaches and ensuring your son has an opportunity to participate in the college level if that is his desire.

God – Family – Study – Athletics & Arts – The Brotherhood!

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Driver's Seat

September 9 – Ramsey, NJ – My most sincere apologies to the Crusader Soccer family. Regrettably I missed the first 10 minutes of the Don Bosco Prep game on Monday night, under the lights in Ironland. Having said that, BC was in a 2-0 hole when I arrived and I would like to express my most sincere appreciation for the three unanswered goals you scored in the ensuing 85 minutes.

Chris Barile had a day. Two goals, the first coming off a first-half throw-in by Nick Shannon and the second coming off a second-half throw-in by...Nick Shannon.



Chris Barile's game-tying header off Nick Shannon's throw-in.

Ryan Langberg was solid with 2 saves in the first half and Andrew Remias was outstanding in the goal throughout the second half and overtime stopping 5 shots.



Andrew Remias setting up the defense prior to a Bosco penalty kick.

As time expired and the teams knotted at two, the stadium was abuzz with the same question: what do they do now? In short order, the question was answered. The teams play a

10-minute sudden victory overtime. There was only one problem. There was no sudden victory, so after 10 minutes, the stadium once again was abuzz with a question: what do they do now?

Ah, once again, the question was answered with a 10-minute sudden-victory overtime. It was getting late and no matter what anyone was saying, there were classes tomorrow. I was so hoping for a different kind of buzzing after this period. But it was a little nerve-wracking. The Crusaders had been assessed a red card just prior to the conclusion of the first overtime.

YELLOW –
not good.

RED -REALLY
NOT GOOD.



In soccer, there are two, colored cards: yellow and red (not gold and scarlet). The yellow card is the lesser (in severity) of the two infractions. If a player receives a yellow card, he may continue to play, but two yellow cards equal a red card. When a red card is given, the player is ejected from the game AND the team plays without a player in his position for the remainder of the game. This meant that BC would be playing 10 vs. 11 for the second overtime period.

Thankfully, Nick Shannon gave the Crusader Crazies and his teammates all a reason to road instead of buzz. He drilled a 35-yard penalty kick, good for the sudden victory and

God – Family – Study – Athletics & Arts – The Brotherhood!

rendition of the beloved “This is Our House” and “We love Shannon” chants.



While the season is just beginning, the victory certainly puts BC in the driver's seat in pursuit of its fifth consecutive Big North Conference, United Division Title as they improve to (4-0, 2-0).

JV Soccer Gets It Going vs. Spartans

September 9 – Paramus, NJ – The JV Crusaders scored a very solid win over a talented group from neighboring Paramus HS 3-0.



Joe Casali recorded a goal and an assist and Ryan Finizzio and Fernando Orsini scored goals for the Crusaders. Tim Caufield and Alex Lupu added assists for the Crusaders.



Frosh Offense Stymied by Ironmen

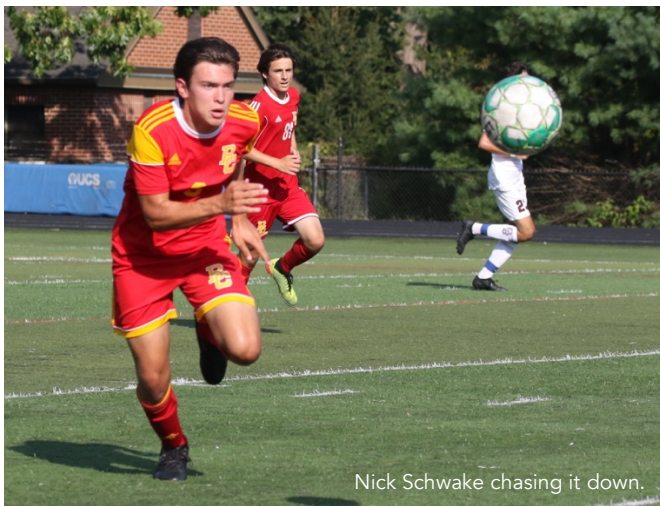
September 9 – Ramsey, NJ – The young soccer Crusaders struggled to generate offense vs. Don Bosco Prep on Monday afternoon, falling 0-3 to the Ironmen.

JV Soccer Stunned in Last Minutes vs. Don Bosco Prep 0-1

September 11 – Oradell, NJ – You couldn't help but feel proud of the effort given by the Crusader JV team on Wednesday. Michael Remschel, Brian Maron gave good defensive support in front of goalie Kyle Tencza, who had a tremendous day, turning away 14 Ironman shots!



The kickoff following the DBP goal saw a beautiful drop pass to Greg Schwake who displayed his great leg strength, drilling a shot just over the crossbar, some 60 yards away. Great things to come from this young group of Crusaders for certain!



Nick Schwake chasing it down.

Frosh Drop Tough Game to Red Raiders

September 13 – Cliffside Park – BC played with a lot of heart, but came up just short to a talented Cliffside Park Team 0-1.

Crusaders Socc It to St. Joe's

September 14 – Montvale, NJ – After hitting the ovals on the ACT exam Saturday morning, the Crusaders hit the pitch in Montvale and ran roughshod over the hosting Green Knights 3-1. Massimo Gomes drove a pair of goals home and Gavin Sapontzis added one of his own. Chris Barile, Nick Shannon and Jake Sweeney all assisted.

Once again, BC had strong defensive play from Aidan Monahan and strong goalie play by Andrew Remias (1 save) and Ryan Langberg who made two saves including saving a penalty kick.

The Crusaders are now (5-0, 3-0) on the season.

Massimo Gomes – drives home 2.



JV Soccer Completes Sweep of Green Knights

September 14 – Montvale, NJ – The Crusaders scored two goals, while allowing just one vs. St. Joseph Regional on Saturday afternoon.

Crusader Football Home Opener

September 21 – Oradell, NJ – Are you ready for some HOME football? The Crusaders certainly are. This year, St. Peter's Prep will visit Crusader Stadium for Opening Day.



There is certain to be quite a bit of discussion about this game in the coming days and I will leave much of that to prognosticators, commentators and those who opine for a living.

Here are some game day keys for families new to BC.

1. Students typically gather at the Oradell Swim Club located on Ridgewood Avenue prior to the game. From there, they march to BC before kickoff.
2. STUDENTS PLEASE
 - a. respect our neighbors' property.
 - b. Stay off people's lawns.
 - c. Be respectful with your language.
 - d. Be sure the facility in Oradell is cleaned prior to your march and
 - e. follow directions during the march from Oradell PD
3. Parking is at a premium. A number of spaces are reserved for referees, volunteers who are making runs on and off campus. There is parking around Oradell. **A map and guidelines to ensure a terrific day is attached on this edition of TWIBC to assist with your planning.**

This is sure to be an exciting day and if this is your **FIRST** Crusader Home Game, something you won't want to miss!

Harriers Take Off at Second Meet in Three Days

September 10 – Mahwah, NJ – The Crusader Cross Country runners beat three of four opponents on Tuesday at Darlington County Park in the 2019 Big North Conference United Batch Meet. BC defeated DePaul Catholic 15-50; Paramus Catholic 15-48; St. Joseph Regional 18-41, but dropped their score to Don Bosco Prep 31-24.

Owen McCarthy on the verge of a 150 yard sprint to the finish...



In Cross Country, like golf, low scores win. A runner who places first earns 1 point, second-2, and so on. Owen McCarthy ran a terrific race, using every ounce of energy remaining to burst at the end. His time of 17:07 was good for 2nd over all, just 1 second behind the winner. Alex Shaia ran a 17:55, placing fourth overall. Alex Costabile took 7th overall with a time of 18:17.

The next BC placers were Nick Martinez (18:27), Andrew Chi (19:00), Tate Barnard (19:43), and Nick Pesanello (19:44)

JV Runners that contributed and ran in the same race defeated most varsity runners from other high schools as well. Congratulations to a good effort from James Adadms, Jack O'Kane, Mile Suitt, Matthew Maques, Antonio Mascaro, Michael Tuohy and Elijah Sommerville.

For those wondering what DETERMINATION looks like: Alex Shaia.



Frosh Cross Country Finishes Second at Big North Batch Meet

September 10 – Mahwah, NJ – In a day everyone knew the course (including officials), the young Crusaders ran hard, but were edged by Don Bosco Prep at the BNC Batch Meet.

Jimmy Hughes. Competitor.



James Hughes finished 2nd and recorded BC's best time with a 10:10 for the 2800 meter run. Joseph Griffith (10:17) and Aidan O'Malley (10:32) placed 4th and 5th as BC took 3 of the top 5 places.

Ninth Place finisher Nate Booth (10:46) continues to make strides as does Tommy Sullivan (10:58), Drewe Giacomini (11:04), Danny Grabstein (12:04), Ryan Dockery and Jack Sheehan (both 12:20). Ronan Flynn rounded out the BC line-up with a strong run as well (12:48).



BC Crew: Save the Date!

OCTOBER 13, 2019

The Crew program, rowers, parents, coaches and alumni would like to invite the freshman class to join us at our only local race this fall. We will be tailgating and supporting BC crew! Come out and learn about crew and eat at our chuckwagon.

For more information: <http://www.hopr.org/>



BOTW: Pied-Billed Grebe

September 10 – Mahwah, NJ – Did you ever have that nagging goal that always seemed just out of reach? It seemed like the cards were stacked against you and you were never going to reach your destiny.

That's the way I was feeling about seeing a Pied-billed Grebe this year.

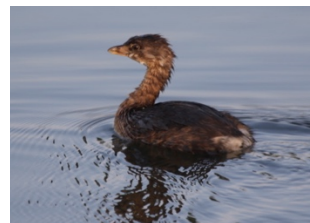
No GroupMe texts nor Bergen County Needs List Alerts seemed to help. By the time I would arrive, no grebe. Oh, what is a grebe you ask?

Cornell University's birding site, www.allaboutbirds.org describes a pied-billed grebe as this: *Part bird, part submarine, the Pied-billed Grebe is common across much of*

North America. These small brown birds have unusually thick bills that turn silver and black in summer. These expert divers inhabit sluggish rivers, freshwater marshes, lakes, and estuaries. They use their chunky bills to kill and eat large crustaceans along with a great variety of fish, amphibians, insects, and other invertebrates. Rarely seen in flight and often hidden amid vegetation, Pied-billed Grebes announce their presence with loud, far-reaching calls.

Back to the grebe story. So thanks to a good friend, Mr. Mascaro, I was able to follow his directions and after about 40 minutes he and I located this pied-billed grebe (pied means having two or more colors) in the pond at the first

parking lot at Darlington after the Cross Country meet.



And I can understand what you're thinking. If it looks like this, how can there possibly be more than one of them? While that criticism is

a little harsh, I apologize for taking this photo at this particular point in time as it is a bird in non-breeding plumage.



The second photo was of a PGB taking off from a pond I was visiting when we did our Football Trip to California in 2017.

Pied-billed grebes are CONSIDERABLY SMALLER than a mallard or many other duck-like birds. That are maybe 14" or so and often they are found alone. I've seen a number over the years at the Reservoir in Oradell.

Cornell describes them as part submarine because they've seen them do things that are quite unique. Unlike Cormorants, anhingas and other diving (ocean) ducks, these little ones can simply submerge. The first time you see it, the a-ha light goes off regarding the submarine comment.

In Bergen County to date, 247 unique species of birds have been spotted. The "top" e-birder in Bergen County has recorded 221 of them or 89.47%. Currently Br. Fagan and I have seen at least 156 species within Bergen Count or 63.16%.



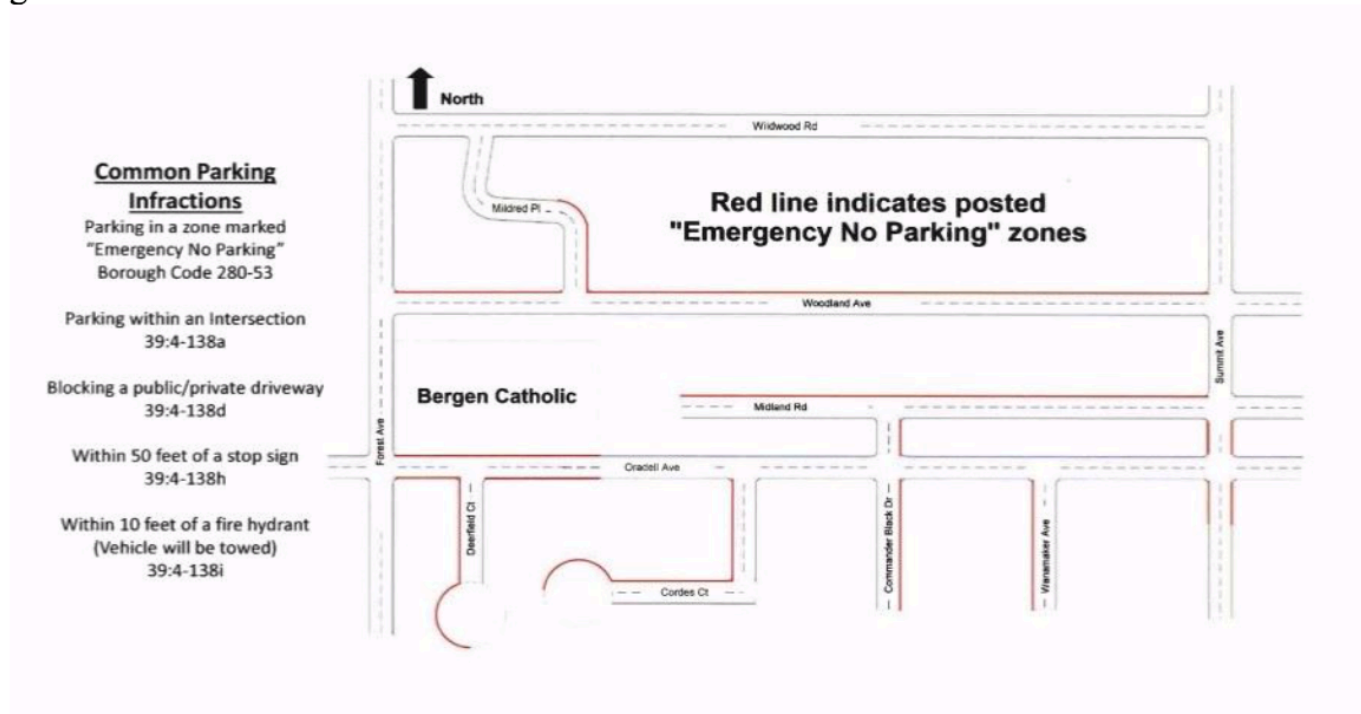
**BERGEN CATHOLIC
HIGH SCHOOL**

Sports Information Department

Welcome to Oradell, New Jersey Home of Bergen Catholic High School

We strive to be good neighbors with the families of Oradell. In doing so, please be aware of the following to make your visit a safe and pleasant one.

Please note the "Emergency No Parking" zones which will be in effect for Saturday's football game.



Please be aware no backpacks, food nor drink will be allowed into the game on Saturday.

Thank you for your cooperation in making Saturday a great day for Catholic Schools.

*Live Jesus in our Hearts...
Forever!*