

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

MONDAY MORNING PUBLISHING

September 19 - Oradell, NJ - Sitting in the Faculty Room, enjoying compliments about our TWIBCS, a criticism rang out.

"You know, the one thing I hate about the TWIBCS is when they come out at 8:30 pm, because I know the weekend is officially over."

I laughed. "That's funny I said. That's exactly the way I feel." Though I admit, my feeling is not one of longing for time gone by, but one of a sense of relief and completion.

After some discussion, we've decided that the TWIBCS will be available on the Sports Information Page at www.bergencatholic.org on Sunday nights if you're interested in reading before you go to bed. Otherwise, you will be receiving it around 7AM on Monday mornings via Constant Contact. Enjoy!

JENNINGS RUNS/THROWS

TO HELP BC OVERRUN PIRATE SHIP

September 19 - Oradell, NJ - The Junior Varsity quarterback Nigel Jennings ran for one touchdown and

threw for another as BC defeated Seton Hall Prep 13-0 on Monday.

After a scoreless first quarter, in which BC drove the ball down the field, the Crusaders opened the scoring in the second quarter.

Jennings' first work of art came on a quarterback sneak on fourth and one. Jennings made his way off right guard and continued to break through the grasp of eight (8) would be tacklers on his way to a 22-yard touchdown.



The Crusader defense was awesome throughout the game, keeping the Pirates off the board. Christian Cirilo led the D with 5 tackles. Dave Varoli terrorized SHP recording a sack and a tackle for a loss. Dave Matesic and Miguel Visbal also combined on a sack and Jesse DeNobile recorded a solo TFL and recovered a fumble for BC.

Jaiden Sinclair recorded four tackles at his outside linebacker position and Dylan Gilmore pitched in three tackles. Aasod Adams, William Dodds, Steve Copeland and Josiah Kearney each recorded two tackles on the afternoon.

The Crusaders played solid pass defense with Matesic, Gilmore, Michael Rinaldi and Andrew Boakye all defended passes.





Luca Cuttita and Mu Russell both had solid offensive games. Cuttita from the receiving end (80 yards) and Russell on the ground.



BC put the game away with a 12-yard touchdown pass from Jennings to Michael Campanile. Peter Vafiadis drove the extra point through the uprights to conclude the scoring on the afternoon.

The Crusaders are now 2-0 on the season. JV is often one of the very difficult year. Despite practicing all summer, players strive to make their marks on the field each Monday. Thanks to Coaches Feaster and Fusco for providing information about the team and leading them to another step closer to the field on Saturdays!



The Crusader offensive line helped pave the way for the running game. Christopher Vigna, Jason Gentilello, Carlos Zayas, Benjamin Carey, Jaiden Santiago and Adrian Jose Gomez all contributed to the offense.



TEAM	1	2	3	4	FINAL
BERGEN CATHOLIC (2-0)	0	6	0	7	13
SETON HALL PREP	0	0	0	0	0

BC PUTS UP 8 GOALS VS. PC

September 22 - Oradell, NJ - The Crusaders found themselves in a 1-0 hole, early into its varsity soccer match vs. the Paladins on Thursday. It did not take them long to rebound and reel off 8 unanswered goals and roll to an 8-1 victory at The Jack.

Spencer Neal used his left foot to drill a 30 yard rocket to the top left corner to knot the score up. It was such a remarkable shot, especially



considering Spencer is a righty. Neal put BC in front moments later and added an assist to finish with 5 points on the day.



Javier Torres recorded his first hat trick of the season and Tyler Ferris recorded a pair of goals for BC. Sebastian Ortega led Bergen with 2 assists and Conor Morin, Sebastian Londono, Antonio Mamsang, Guglielmo Picariello and Carter Pontone each recorded assists. Luke Vdaic and Ryan Loughlin helped to lock down the PC offense.

Kyle Tencza earned the win with 5 saves and Gabe Tinoco recorded a save, yielding no goals during his time between the pipes.

TEAM	1	2	FINAL
PARAMUS CATHOLIC (1-0-1)	1	0	1
BERGEN CATHOLIC HS (3-2-1)	3	5	8

JV SHUTS OUT PALADINS 5-0

September 22 - Ridgefield Park, NJ - The JV Soccer Team got back on a winning track, defeating neighboring rival, Paramus Catholic, 5-0 on Thursday evening.

Daniel Dictenberg continues to be a scoring machine, leading BC with a pair of goals. J'Niles Simpson promised me a goal and an assist during school and delivered with just that during the game. Justin Botta also recorded a goal and an assist while Matthew Avalone scored a goal.

Alex Palacios, Christian Roche and PJ Sorrentino all recorded assists for the Crusaders. BC had excellent goalie play with JP Sinagra and Nate Johnston each recording a save to combine for the shutout.

TEAM	1	2	FINAL
BERGEN CATHOLIC HS	2	3	5
PARAMUS CATHOLIC	0	0	0

BC EDGED BY HIGHLANDERS

September 24 - Allendale, NJ - Despite outshooting the Highlanders 8-5, Northern Highlands was the only team to get a shot across the goal line in a 1-0 soccer contest on Saturday afternoon.



Kyle Tencza recorded 5 saves for BC. The two Sebastians (Londono and Ortega) each led BC with two shots on goal for the Crusaders.

TEAM	1	2	FINAL
BERGEN CATHOLIC HS (3-3-1)	0	0	0
NORTHERN HIGHLANDS (2-5)	0	1	1

JV TAKES DOWN HIGHLANDERS

September 24 - North Arlington, NJ - Dan Dictenberg once again led the JV Crusader Soccer Team with a pair of goals as BC defeated Northern Highlands 3-1. Justin Botta continued his three game goal-scoring streak in the victory.

The Highlanders were able to put 9 shots on goal. Junior Goalkeeper JP Sinagra played well, turning away eight in the victory.

TEAM	1	2	FINAL
NORTHERN HIGHLANDS	0	1	1
BERGEN CATHOLIC HS (3-1-2)	1	2	3

FROSH SOCCER WINS 3-1

September 24 - North Arlington, NJ - The Crusader Freshman Soccer Team swept the JV-Frosh double header in North Arlington with a 3-1 victory over Northern Highlands.

James Melia was the set-up man, assisting on all three Crusader goals. The three finishers were Andrew Coyne, Saif Khan and D'Angelo Tavarez. Thomas Harmke saved 7 of the 8 shots that came his way.

TEAM	1	2	FINAL
NORTHERN HIGHLANDS	0	1	1
BERGEN CATHOLIC HS (4-2-1)	1	2	3

WHY THEY PLAY THE GAME

September 24 - Oradell, NJ - "Things are never as good as they seem and they are never as bad as they seem. Reality generally lies somewhere in between." Those immortal words shared by Coach Stengel are quite appropriate for this weekend's football result.



Bosco is that opponent for BC that you can simply throw all records, streaks, etc. out the window. We are the same for them. Just because they won this contest 31-7 over the Crusaders donning a new look, doesn't mean anything for the next game of the season or the state tournament.



Ultimately, how each team will refocus and make the most of each day as the season progresses as anything can happen.

The Ironmen received the opening kickoff as BC deferred the coin toss. Bosco moved the ball quickly down the field for an opening touchdown and a 7-0 lead.

BC got the next opportunity and Kaj Sanders ran a pair of jet sweeps, one to the right for 9 yards and a second to the left for a 69 yard touchdown. Guytano Bartolomeo knotted up the score at 7 as his PAT sailed perfectly through the center of the uprights.

The next two quarters were all Ironmen as they put two touchdown drives together in the second quarter and a field goal and a TD in the third quarter. Neither team scored in the fourth quarter, but Bosco was able to keep the ball away from the Crusaders who only had 27 snaps on offense.



Above, Jack Duffy passing the ball in the fourth quarter for the Crusaders. Below, Malachi Mercer recorded 21 tackles to lead all defenders.



Of BC's 18 State Championship Football Teams, only SEVEN went undefeated and untied. We are looking forward to our 2022 team's rise! Getting back up off the ground is one of the great signs of BC Championship Teams!

SCORING:

TEAM	1	2	3	4	FINAL
#3 DON BOSCO PREP (3-2)	7	14	10	0	31
#1 BERGEN CATHOLIC (4-0)	7	0	0	0	7

STATISTICAL LEADERS:

PASSING: J. Duffy 6 for 9 - 83 yds, D. Campanile 2 for 6 - 13 yds, 1 INT.

RUSHING: K. Sanders 2 carries for 78 yds, 1 TD, S. St.Fleur 6 carries for -3 yds, DJ Samuels 1 for 4, D. Campanile 3 for -4 yds.

RECEIVING: J. Comeau 3 for 59 yds, C. Carti 3 for 23 yds, Q. Porter 1 for 10 yds, M. Delpome 1 for 4 yds.

SACKS: DJ Samuels 1.

INTERCEPTIONS: 0

TACKLES: M. Mercer 21, C. Gonzalez 10, J. Barry 8, S. Mitchell 7, E. Kinsler 7, K. Sanders 6, DJ Samuels 5, A. Morales 5, D. Stewart 4, N. Parrish 3, C. Mimmo 2, D. Fludd 2. D. Campanile 1, B. Carey 1.

CATEGORY	CRUSADERS	IRONMEN
1 st Downs: Rushing - Passing - Penalty	N/A	N/A
Rushing Yards	75	237
Passing: Completions / Attempts	8/15	9/14
Passing Yards	96	153
Passing: Touchdowns / Interceptions	0 / 1	2 / 0
Total Plays	27	63
Total Offense	171	390
Fumbles / Lost	1 / 1	0 / 0
Penalties / Yards	N/A	N/A
Defensive Sacks / Yards Lost	1/7	4/38
Time of Possession	11:52	36:08
3rd Down Efficiency	N/A	N/A
4th Down Efficiency	N/A	N/A
Punts / Average	3 / 35.7	1 / 42.0

THE STREAK ENDS

With its victory over Seton Hall Prep, BC now earned a 17-game winning streak dating back to 2020 when the Crusaders defeated St. Peter's Prep 22-15 in the season finale. Bookend losses to the Ironmen of Don Bosco Prep will give the Crusaders an opportunity to start again.

It should be noted that this, the 4th longest winning streak in school history included two #1 state rankings (2020 and 2021) and an undefeated 12-0 season in New Jersey's uber-competitive Super Football Conference. The Crusaders were the first team to go undefeated through a SFC United Division and State Tournament since the league was created.

Congratulations men, now it's a great time to start a new streak!

YEARS	HEAD COACH	THE STREAK
1991-1993	Coach Stengel	23 Games
1997-1999	Coach Stengel	22 Games
1964-1966	Coaches Krayner & Norton	19 Games
2020-Present	Coach Vito Campanile	17 Games
1982-1983	Coaches Karcich & Piccinich	16 Games
1996-1997	Coach Stengel	16 Games
1993-1994	Coach Stengel	15 Games

FROSH FOOTBALL MOVES TO 4-0

September 24 - Ramsey, NJ - The Freshman Football Team remained

unbeaten after a 20-6 victory at Granatell Stadium on Saturday morning. In a hyped-up game (the first freshman game I've ever seen written about

in a major publication...northjersey.com), the young Crusaders played with passion, toughness and poise, defeating the Ironmen.

In the first quarter, Mason Marck powered his way into the endzone off right end to give the young Crusaders a 7-0 lead.

The Ironmen made their way to scoring position but Dante Kain came up with the big hit, sticking the IronQB at the three yard-line and keeping him out of the endzone on fourth and goal.

Devan Zitt threw a beautiful ball to CJ Edwards who ran a perfect Hitch and Go. The play was good for an 80-yard touchdown and BC had a big lead. Zitt completed a corner route to Jordan Thomas and BC put 14 points up.

In the third quarter, the Zitt to Jordan combination completed the scoring on the morning and BC had a 20-6 victory.



The defense had some outstanding moments, especially a number of tackles and passes defended by Petros Rougeris.

TEAM	1	2	3	4	FINAL
BERGEN CATHOLIC (4-0)	6	8	6	0	20
DON BOSCO PREP	0	6	0	0	6

ROGERS & HUGHES FINISH 1-2: XC PLACES 3rd AT XAVIER INVITE

September 24 – Staten Island, NY – Thomas Rogers and James Hughes, finished number 2 and three respectively in 5000m race at Ocean Breeze on Saturday.

PLACE TEAM POINTS

Individual Results were:

PLACE	RUNNER	TIME	PTS
2	Thomas Rogers	16:40	2
3	James Hughest	17:26.9	3
14	Elias Garcia	18:24.4	18
21	Jacob Rodman	19:10.7	31
27	Daniel Calianese	19:57.2	36
37	Christian Choi	20:15.1	39

JV Finishes Competes in Xavier Invite

September 24 – Staten Island, NY – The JV 5000m race was well run by BC.

PLACE	RUNNER	TIME	PTS
28	Aiden Pacheco	20:28.0	
29	Andrew Byrnes	20:38.6	
48	Matthew Gerhaghty	24:51.0	
56	Ronan Flynn	27:11.3	
97	Shayne Anthony-Walters	28:33.8	

White and Schoeler Lead BC Frosh to Stong Finish at Xavier Invitational

September 17 – Staten Island, NY – Freshman Markus White ran an outstanding 10:25.50 to place second the 3000m race at Ocean Breeze Track and Field Facility on Saturday. He and third place finisher Luke Schoeler (11:00.90) led his team to an overall 3rd place finish behind Manhasset (NY) and Archbishop Molloy (NY).

PLACE	RUNNER	TIME	PTS
2	Markus White	10:25.5	2
3	Luke Schoeler	11:00.9	3
16	Max Yoo	12:22.1	15
30	Liam McDevitt	13:03.6	28
31	Sean Keating	13:04.5	29
64	Lucas Machado	15:45.7	44
65	Joseph Canavan	16:40.0	45

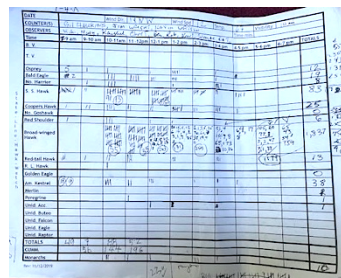
BIRD OF THE WEEK RAPTORS!



September 25 – Alpine, NJ – One of the reasons people love State Line Lookout, is the perspectives you can get on migrating raptors (a bird of prey, e.g., an eagle, hawk, falcon, or owl.)

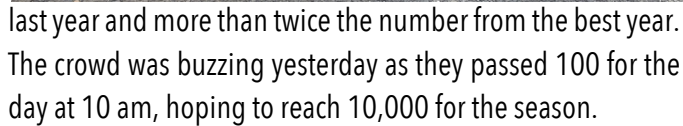
Pictured here are two species of birds, bald eagle and broad-winged hawk. Eagles are spectacular. They are VERY large birds, our national emblem, that soar. On the left, a second-year bald eagle is showing off a typical coloration pattern of a bird 1.5-2 years old. On the bottom right is an adult (or at least 5th-year old) bald eagle. As you can see, this perspective is from above on the 520' cliffs overlooking the Hudson River.

The smaller species is a broad-winged hawk. Broad-wings are buteos (thicker birds) and live solitary lives. When they migrate, however, they can move in tremendous numbers, though solitary in their movement as opposed to Canada Geese that fly in formation and encourage one another as they travel.



Here is a Hawk Watch Count which is maintained by a volunteer. Usually a dozen or more birders gather to assist.

Daily records are posted with year-to-date, previous year and all-time high results for all raptor species that migrate though annually. Notice the number of broad-wings. This year's count has yielded 10x the number of broadies from



Please be sure to check the team page at bergencatholic.org on the day of each scheduled event as weather and other factors may impact scheduling.

THU, SEP 29	4:30PM	N	BNC DIV. CHAMPIONSHIP
SAT, OCT. 1	TBD	N	NB SHORE CONF. INVITE

FRI, SEP 30	4:15 PM	A	VAR - DEPAUL CATHOLIC
FRI, OCT 1	9:30 AM	H	FR - DEPAUL CATHOLIC
FRI, OCT 3	4:15 PM	H	JV - DEPAUL CATHOLIC

MON, SEP 26	4:15PM	H	FRO – ST. PETER'S PREP
WED, SEP 28	4:15PM	H	VAR - DEPAUL CATHOLIC
WED, SEP 28	4:15PM	A	FR - KEARNEY
FRI, SEP 30	4:15PM	A	JV – DON BOSCO PREP
SAT, OCT 1	7:00PM	A	VAR - DON BOSCO PREP
FRI, SEP 30	4:15PM	H	FR – DON BOSCO PREP



TWIBCS LEADERS

CROSS COUNTRY

5000M	TOM ROGERS '23	16:40.0	9/24/2022
3200M	MARKUS WHITE '26	11:29	9/17/2022
2900M	MARKUS WHITE '26	9:29	9/10/2022

FOOTBALL (5 GAMES)

POINTS	SAEED ST.FLEUR '23	36
TOUCHDOWNS	SAEED ST.FLEUR '23	6
TD PASSES	DOMINIC CAMPANILE '25	3
RUSHING YARDS	SAEED ST.FLEUR '23	452
PASSING YARDS	DOMINIC CAMPANILE '25	365
RECEIVING YARDS	JACK COMEAU '23	213
RECEPTIONS	CHRISTIAN CARTI '23	14
TACKLES	MALACHI MERCER '23	43
SACKS	ELJAH KINSLER '24	4.5
TFL'S	ELJAH KINSLER '24	6.5
	SYDIR MITCHELL '23	6.5
INTERCEPTIONS	MALACHI MERCER '23	3
FUMBLE RECOVERIES	SYDIR MITCHELL '23	1

SOCCER (7 GAMES)

GOALS	JAVIER TORRES '23	5
ASSISTS	SEBASTIAN ORTEGA '24	6
POINTS	JAVIER TORRES '23	11
SAVES	KYLE TENCZA '23	36
SAVE PERCENTAGE	KYLE TENCZA '23	.818

Our Father

Our Father, Who art in Heaven
 Hallowed be Thy Name
 Thy Kingdom Come.
 Thy will be done
 On Earth as it is in Heaven.
 Give us this day our daily bread.
 And forgive us our trespasses
 As we forgive those who trespass against us.
 And lead us not into temptation.
 But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
 The Lord is with You
 Blessed are you among women
 And blessed is the fruit of your womb, Jesus.
 Holy Mary, Mother of God
 Pray for us sinners
 Now and at the hour of our death.
 Amen.

Glory Be

Glory be to the Father and to the Son and to the
 Holy Spirit,
 as it was in the beginning, is now and ever shall be,
 world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
 In choosing to do wrong and failing to do good,
 I have sinned against you whom I should love
 above all things.
 I firmly intend, with your help, to do penance,
 to sin no more, and to avoid whatever leads me to
 sin.

Serenity Prayer

God grant me the serenity
 to accept the things I cannot change,
 Courage to change the things I can, and
 Wisdom to know the difference. Amen

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a
 sinner.

Blessed Edmund Rice prayer

Creator God, we thank you for the life and
 work of this gifted man, Blessed Edmund Rice.
 He opened his heart generously to Christ present and
 appealing to him in the poor who were oppressed by
 poverty and injustice. May we follow his example of
 faith and generosity. O God, give us the courage and
 compassion of Blessed Edmund as we seek to support
 one another, protect the vulnerable and care for the
 earth, our common home. We make this prayer
 through Jesus Christ Our Lord.
 Amen.



The Golden Rule

Love one another as I have loved you.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is *the will of Him who sent me*, that I shall
lose none of all those He has given me, but raise
them up at the last day.

Prayer of St Francis



Lord, make me an instrument of Your peace
Where there is hatred let me sow
love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I
may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved. as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

PRAYER FOR PEACE

(ESPECIALLY IN UKRAINE AND RUSSIA)

Lord Jesus Christ, who are called
the Prince of Peace, who are
yourself our peace and
reconciliation, who so often said,
"Peace to you," grant us peace.

Make all men and women
witnesses of truth, justice, and
brotherly love. Banish from their hearts whatever
might endanger peace. Enlighten our rulers that
they may guarantee and defend the great gift of
peace. May all peoples on the earth become as
brothers and sisters. May longed for peace blossom
forth and reign always over us all.

Amen

- Pope Saint John Paul II



an irish blessing

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and
kindle in them the fire of your love. Send forth your
Spirit and they shall be created and You shall renew
the face of the earth.

O, God, who by the light of the Holy Spirit, did
instruct the hearts of the faithful, grant that by the
same Holy Spirit we may be truly wise and ever
enjoy His consolations,
through Christ Our Lord, Amen.

SUPERMAN GRACE BEFORE MEALS

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.



And for our daily bread
When we need to be fed
We thank you Lord, for giving us food
Bum, bum, bum, bum, bum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh. .
Duh, duh, duh duh. .
Duh, duh, duh duh. SNAP SNAP.