

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Crusaders Fill All-Bergen Teams

To the Victors Go the Spoils: BC leads with 8 on Offense and 8 on Defense.

December 12 - Oradell, NJ - Bergen Catholic High School is proud to share the Players making All-County from this 2021 State Champion Crusader Football Team.

Add to that a kicker, whose season was nearly perfect (Carbonaro - 3/3 FGM - FGA, 58 PAT/59 ATT) and it is hard to argue against the selections.



| OFFENSE | PLAYER | POS | YEAR |
|----------|---------------------|-----|------|
| 1st Team | Dominick Brogna | OL | Sr |
| 1st Team | Christian Carti | TE | Jr |
| 1st Team | Santino Correa | WR | Sr |
| 1st Team | Steve Angeli | QB | Sr |
| 1st Team | Ryan Butler | RB | Sr |
| 1st Team | Giancarlo Carbonaro | PK | Sr |
| 2nd Team | Joe Matone | OL | Sr |
| 2nd Team | Saeed St. Fleur | RB | Jr |

It's no wonder the team that achieved so much on its 12-0 run earned so many spaces on first and second teams. The Crusaders scored 421 points en-route to its 18th state championship, a whopping 35.1 points per game. The Crusaders churned out 4,442 yards from scrimmage with three primary contributors over 1,000 yards: Angeli (1,724 passing) and, Butler (1,489 yards from scrimmage and St. Fleur 1,016 yards from scrimmage).



| DEFENSE | PLAYER | POS | YEAR |
|----------|----------------|-----|------|
| 1st Team | DJ Samuels | DL | Jr |
| 1st Team | Sydir Mitchell | DL | Jr |
| 1st Team | John Fiore | LB | Sr |
| 1st Team | Jayden Bellamy | DB | Sr |
| 1st Team | Jaeden Gould | DB | Sr |
| 2nd Team | Christian Ross | DL | Sr |
| 2nd Team | Malachi Mercer | LB | Jr |
| 2nd Team | Fabian France | DB | Sr |

As good as the offense was, defensively, BC may have been even more dominant, holding teams to under 100 points for the entire season (just 94) at a meager 7.8 points per game. BC surrendered just 20 points through second halves of games 1-12, a remarkable accomplishment. Between the "No-Fly Zone" of Gould, Bellamy and France, Sack Exchange of Samuels, and Ross and run stoppers Fiore, Mercer and Mitchell, the Crusaders were simply the best on defense. And those don't even include the tackle leaders of John Fiore and Malachi Mercer.

A MAGNIFICENT SEVEN

December 12 - Oradell, NJ - In 63 years of history of Bergen Catholic Football, only 36 players we recognized First Team All-State. If we were to ask the pollsters, "Will you still need me, will you still feed me, when I'm 64?" The answer would be an emphatic **"YES!!!"** Six Crusader Gridders were awarded 1st Team All-State by the USAToday Network. This is a school record to say the least, doubling the highest total of 3 in 2017. Heck, the Team of the Century (12-0, 1998 Crusader State Champions) garnered only ONE first teamer, Rich Scanlon (Syracuse, Kansas City Chiefs).

FIRST TEAM ALL STATE OFFENSE

QB STEVE ANGELI (SR)

RB RYAN BUTLER (SR)

OL DOMINICK BROGNA (SR)

FIRST TEAM ALL STATE DEFENSE

DL DJ SAMUELS (JR)

DB JAEDEN GOULD (SR)

DB JAYDEN BELLAMY (SR)

SECOND TEAM ALL STATE DEFENSE

DL SYDIR MITCHELL (JR)

PREVIOUS 1ST TEAM CRUSADERS AT POSITIONS OF THE 2021 TEAM

| O LINE | | QB | | RB | | D LINE | | D BACK | |
|---------------|----|---------------|----|--------------|----|------------------|----|---------------|----|
| MANNY GARCIA | 65 | TANNER MCEVOY | 10 | MIKE MORGAN | 84 | ANTHONY MATESIC | 87 | JOE PIELA | 94 |
| JACK MCGOVERN | 75 | JOHN GERMANO | 12 | TOM KEARNEY | 86 | TOM FOLEY | 91 | RICH SCANLON | 98 |
| JON GALAN | 97 | | | ERIC LANE | 91 | JIM TELESMANICH | 95 | BRIAN CUSHING | 03 |
| BRIAN FELTER | 17 | | | RICH SCANLON | 98 | DOUG RIGG | 09 | BRIAN CUSHING | 04 |
| BRIAN FELTER | 19 | | | JOE SANDBERG | 01 | HUNTER KISELICK | 11 | JOE SANDBERG | 01 |
| JOHN MATESIC | 92 | | | JOE SANDBERG | 02 | J. JEAN-BAPTISTE | 17 | JOE SANDBERG | 02 |
| RYAN CARFLEY | 94 | | | | | JEREMIAH GRANT | 18 | | |

FIZULICH, CHONG EARN ALL-COUNTY HONORS

December 12 - Oradell, NJ - BC is proud to recognize senior Owen Fizulich for earning first -team All Bergen County and sophomore Ryan Chong who earned Second Team Honors.



Owen Fizulich made the transition from defense to offense this year and drew considerable attention from opponent defenders. The highly athletic senior put together 8 G - 4 A this season, but his heart, hustle and competitiveness were the keys to much of BC's success this year. 9/4

Ryan Chong is the player, small in stature, but whose lightning fast, aggressive play grabbed everyone's attention. Chong's 25 points led the Crusaders. The sophomore recorded 11 goals and 3 assists on the season, bringing his career totals to 13 and 5.

The Crusaders finished the 2021 Season 11-5-3 overall. The team finished 2nd in the BNC United Division with a 6-2 record and reached the Non-Public "A" North Semi-Final against eventual State Champion, Seton Hall Prep.

CRUSADERS PLACE FIVE ON ALL-BNC UNITED SOCCER TEAM

December 12 - Oradell, NJ - BC is proud to announce the members earning All Big North Conference, United Division Soccer Team.

FIRST TEAM: Owen Fizulich, Ryan Chong, Ethan Bogg, Conor Morrin, Brian Maron

SECOND TEAM: Kyle Tencza, Daniel Kissil, Ken Hoang, Eddie Payan, Luca Nazor, Luca Duardo, Luke Vidaic

HONORABLE MENTION: Nick Schwake

SHAIA FINISHES 1st TEAM ALL- BNC

December 12 - Oradell, NJ - Bergen Catholic High School is proud to announce its Honorees for the 2021 Big-North Conference Boys Cross Country All-United Team.

FIRST TEAM - Alex Shaia

SECOND TEAM - Matthew Marques, Nicholas Pesanello, Joseph Griffith, James Hughes, Elias Garcia

HONORABLE MENTION - Miles Suitt

ROGERS, SHAIA EARN HM ALL-BERGEN COUNTY

December 12 - Oradell, NJ - Bergen Catholic High School is proud to announce its Honorees for the 2021 Boys Cross Country All-Bergen County Team. Thomas Rogers, junior whose season was cut short due to injury and senior Alex Shaia were both recognized by the BCCA on its Honorable Mention team.

ALL-NORTH JERSEY? ALL BERGEN CATHOLIC!

December 12 - Oradell, NJ - Bergen Catholic High School is proud to announce its Honorees for the 2021 All-North Jersey Football Team.

FIRST TEAM OFFENSE

Steve Angeli, senior quarterback

Angeli finished his career as an undefeated state champion, guiding the Crusaders to a 12-0 season and the Non-Public A title while throwing for 1,717 yards and 15 TDs and rushing for 218 and four scores. He has committed to Notre Dame.

Dominick Brogna, senior lineman

Brogna, a two-sport standout, was a two-way star up front for the Crusaders, anchoring the offensive line and ranking fourth on the team in total tackles (47). He added four sacks on defense.

Ryan Butler, senior running back

Butler was the engine that drove the Crusaders offense. He finished with more than 3,000 rushing yards in his career (remember, the 2020 season was shortened), good for second all-time in school history. This year featured 1,193 yards and 23 TDs, and he is committed to Princeton.

Giancarlo Carbonaro, senior kicker

Carbonaro led North Jersey in kicking points with 67. He connected on 58-of-59 extra points and made all three of his field-goal attempts.

FIRST TEAM DEFENSE

Jayden Bellamy, senior defensive back

Bellamy showed off his elite ball skills, tying for the team lead with four interceptions. He also finished with 27 tackles. He has committed to Notre Dame.

John Fiore, senior linebacker

Fiore was the tone-setter in the Crusaders' powerful defense. He was the run-stuffer and player who made wide receivers think twice about crossing the middle, finishing second on the team with 87 tackles.

Jaeden Gould, senior defensive back

Gould was the other key player in the Crusaders backfield, tying his first-team teammate Bellamy with four picks and two passes broken up. Originally committed to USC, he is now looking for a new college home.

Malachi Mercer, junior linebacker

Of all these superstar Bergen Catholic players, the one the coaches might talk about the most is Mercer. He fills in every hole. He led the Crusaders with 103 tackles, 6.5 for losses, and made three sacks.

Sydir Mitchell, junior lineman

Yes, Mitchell is only a junior. The physically gifted lineman was unblockable at times for the Crusaders, blocking running lanes and forcing the issue on the pass rush. Despite steady double teams, he finished with 40 tackles and two sacks.

DJ Samuels, junior lineman/running back

Samuels already is the all-time leader in school history with 22 sacks, and he still has a year to go. He's likely the top defensive prospect in New Jersey in the Class of 2023, and don't forget his running touchdown against Don Bosco in the state final.

SECOND TEAM OFFENSE**Christian Carti, junior tight end****SECOND TEAM DEFENSE****Fabian France, senior defensive back****JV ICE HOCKEY JUMPS ST. JOSEPHS**

December 5 - Monsey, NY - The Crusaders unloaded a scoring barrage on the Green Knights of St. Joseph Regional on Sunday Night, 11-1. BC jumped out to a 4-0 lead after one period of play and 9-0 after the second.



| SCORING | | | | | SHOTS ON GOAL | | | |
|---------|---|---|---|-----|---------------|----|----|-----|
| TEAM | 1 | 2 | 3 | TOT | 1 | 2 | 3 | TOT |
| BC | 4 | 5 | 2 | 11 | 11 | 18 | 16 | 45 |
| SJR | 0 | 0 | 1 | 1 | 3 | 8 | 4 | 15 |

Lucas Spinelli recorded a goal to open the game off an assist from Jason Ko. It was his first of two goals on the evening. JT Verdino put home an unassisted goal to give BC a 2-0 lead. Will Micholas (2 goals, 1 assist) and Chris Donnelly (1 goal, 2 assists) each scored three points.

| PLAYER | GOALS | ASSISTS | POINTS |
|-------------------|-------|---------|--------|
| Will Micholas | 2 | 1 | 3 |
| Chris Donnelly | 1 | 2 | 3 |
| Jason Ko | 0 | 3 | 3 |
| Jack Driscoll | 2 | 0 | 2 |
| Michael Ilardi | 2 | 0 | 2 |
| Lucas Spinelli | 2 | 0 | 2 |
| JT Verdino | 1 | 1 | 2 |
| Michael Spinelli | 1 | 0 | 1 |
| Zongzien Jiang | 1 | 0 | 1 |
| GOALIE | SAV | GA | SAV % |
| Alessandro Capano | 14 | 1 | .933 |
| SJR | 34 | 11 | .756 |

Crusader

ICE HOCKEY

FRIDAY NIGHT JV ICE HOCKEY

December 3 - Hackensack, NJ - The Crusaders skated well, but dropped a 2-1 decision to Delbarton School on Friday at the Ice House.



Chris Donnelly with only goal. Cody Arnold played very well in the Goal for the Crusaders making 8 outstanding saves on the night.

Crusader

BOWLING

CRUSADERS BLANKED BY SJR

December 6 - Hackensack, NJ The varsity bowling team lost to St. Joseph Regional of Montvale 7-0 on Monday. Teams bowl three games with the winning team taking home 2 points for each game won and a 7th point is awarded to the team that knocks down more total pins.

Senior John DelJuidice had the high series of 497 and recorded the high game of 195 as well.

JV BOWLERS SWEEP SJR 5-0

December 6 - Hackensack, NJ - The JV Bowling Team swept the Green Knights 5-0. JV matches are 2 games with winning teams taking 2 points per game and one point awarded for team with the most total pins.

James Salazar bowled the high series of 447 and the high game was rolled by Sean McKechnie Of 186

Crusader SWIMMING

SWIMMERS SINK 2nd OPPONENT

December 7 - Wayne, NJ - Doyee Kim, Alex Rose and Andrew Mazzacano all took home four first place finishes to lead BC to a 99-69 victory over Passaic Tech in their most challenging meet so far this season. The three anchored the 200 Medley and 400 Free Relay Teams while Kim won the 200 Free and 100 Breast, Rose won the 100 Fly and 100 Back and Mazzacano finished first in the 200 IM and 100 Free.

| Event: 200 Medley Relay | | |
|----------------------------------|--|---------|
| Pl | Time | Time |
| 1 | Doyee Kim, Alex Rose, Andrew Mazzacano, Jaden Lee | 1:40.14 |
| 2 | Matthew Semelsberger, Ellias Garcia, Jeremiah Tomioka, Christian Skaff | 1:48.06 |
| Event: 200 Free | | |
| 1 | Doyee Kim | 1:47.66 |
| 3 | Raymond Stelmark | 1:50.98 |
| 4 | Jeremiah Tomioka | 1:58.39 |
| Event: 200 Individul Medley (IM) | | |
| 1 | Andrew Mazzacano | 2:00.80 |
| 4 | Elias Garcia | 2:12.77 |
| 6 | Matthew Semelsberger | 2:21.42 |
| Event: 50 Free | | |
| 2 | Jaden Lee | 23.09 |
| 3 | Christian Skaff | 23.86 |
| 6 | Ricky Wright | 25.03 |
| Event: 100 Fly | | |
| 1 | Alex Rose | 0:55.54 |
| 3 | Elias Garcia | 0:57.51 |
| 4 | Eric Kwon | 0:58.16 |
| Event: 100 Free | | |
| 1 | Andrew Mazzacano | 0:51.34 |
| 2 | Christian Skaff | 0:53.60 |
| 5 | Jeremiah Tomioka | 0:54.28 |
| Event: 500 Free | | |
| 2 | Raymond Stelmark | 5:06.73 |
| 4 | Ricky Wright | 5:34.92 |
| 5 | Benjamin Vester | 6:10.77 |

| Event: 200 Free Relay | | |
|-----------------------|---|---------|
| 1 | Christian Skaff, Elias Garcia, Jaden Lee, Raymond Stelmark | 1:34.50 |
| 2 | Logan Andrade, Harris Kinnear, Enzo Yuen, Ricky Wright | 1:44.69 |
| Event: 100 Back | | |
| 2 | Alex Rose | 0:57.55 |
| 3 | Eric Kwon | 0:58.89 |
| 4 | Matthew Semelsberger | 0:59.26 |
| Event: 100 Breast | | |
| 1 | Doyee Kim | 1:02.23 |
| 4 | Benjamin Vester | 1:08.65 |
| Event: 400 Free Relay | | |
| 1 | Raymond Stelmark, Alex Rose, Doyee Kim, Andrew Mazzacano | 3:28.39 |
| 2 | Jeremiah Tomioka, Ricky Wright, Eric Kwon, Matthew Semelsberger | 3:39.71 |

Crusader ICE HOCKEY

JV ICE HOCKEY TIES PIRATES

December 8 - Hackensack, NJ - The Crusaders matched goals with Seton Hall Prep on Wednesday at the Ice House 3-3.

| TEAM | SCORING | | | | SHOTS ON GOAL | | | |
|------------|---------|---|---|----------|---------------|-----|-----|-----|
| | 1 | 2 | 3 | TOT | 1 | 2 | 3 | TOT |
| SHP | 1 | 2 | 0 | 3 | n/a | n/a | n/a | n/a |
| BC | 1 | 0 | 2 | 3 | n/a | n/a | n/a | n/a |

Jack Driscoll evened the score at 1 for the Crusaders off an assist from Chris Donnelly. Matt Bender found JT Verdino cutting toward the net who redirected the puck into the net to bring BC within a goal. Driscoll then scored his second of the game to tie the game with just two minutes remaining. Lucas Spinelli found Driscoll to help earn the tie. Cody Arnold was outstanding in the goal, holding the Pirates all game and then shutting them out in the third period.

| PLAYER | GOALS | ASSISTS | POINTS |
|----------------|-------|---------|--------|
| Jack Driscoll | 2 | 0 | 2 |
| Chris Donnelly | 0 | 1 | 1 |
| JT Verdino | 1 | 0 | 1 |
| Lucas Spinelli | 0 | 1 | 1 |
| GOALIE | SAV | GA | SAV % |
| Cody Arnold | n/a | n/a | n/a |
| SHP | n/a | n/a | n/a |



Crusader BOWLING

BRIGNOLA BRINGS IT FOR BC

December 9 - Wayne, NJ The varsity bowling team defeated DePaul Catholic 7-0 on Thursday. Paul Brignola's 206 high game and high series of 567 led the Crusaders to the victory.

| Bowler | G1 | G2 | G3 | Total |
|-----------------|------------|------------|------------|-------------|
| Paul Brignola | 191 | 170 | 206 | 567 |
| James Salazar | 171 | 188 | 163 | 522 |
| Liam Chin | 157 | 176 | 185 | 518 |
| John DelJuidice | 136 | 173 | 172 | 481 |
| BC | 655 | 707 | 726 | 2088 |

MARTIN'S 640 SERIES SETS THE BAR FOR ALL CRUSADER BOWLERS

December 9 - Wayne, NJ - Justin Martin's 640 series in the JV match vs. DePaul Catholic defeated ALL bowlers, Varsity or JV, by at least 73 pins. Ethan Gayam rolled a 217, high game for all Crusader bowlers, but Martin's three games over 200 (215, 211 and 214) set the pace for the day. The Crusaders defeated DePaul Catholic 5-0.

| Bowler | G1 | G2 | G3 | Total |
|-------------------|------------|------------|------------|-------------|
| Ethan Gayam | 153 | 217 | 157 | 527 |
| Calvin Villanueva | 107 | 173 | 200 | 480 |
| Sean McKechnie | 152 | 154 | 93 | 399 |
| Justin Martin | 215 | 211 | 214 | 640 |
| Nick Rossig | 98 | X | 84 | 192 |
| Donovan Greene | X | 81 | X | 81 |
| BC | 627 | 755 | 664 | 2036 |

Crusader SWIMMING

December 9 - Clifton, NJ - Eric Kwon defeated freshman classmate Ricky Wright in the 200 Free as BC dominated Clifton's Mustangs on Thursday. Jeremiah Tomioka won the 200 IM, Andrew Mazzacano took the 50 Free and 100 Free and Elias Garcia won the 100 Fly. Raymond Stelmark won the 500 Free and 100 Breast and Doyee Kim led the 200 Medley and 400 Free Relays while winning the 100 Back in between. Final score: BC 117 - Clifton 50.

Event: 200 Medley Relay

| Pl | Time | Time |
|----|---|---------|
| 1 | Doyee Kim, Andrew Mazzacano, Christian Skaff, Alex Rose | 1:53.03 |
| 2 | Eric Kwon, Harris Kinnear, Benjamin Vester, Enzo Yuen | 1:54.84 |

Event: 200 Free

| | | |
|---|--------------|---------|
| 1 | Eric Kwon | 1:51.70 |
| 2 | Ricky Wright | 2:01.17 |
| 3 | Enzo Yuen | 2:59.38 |

Event: 200 Individual Medley (IM)

| | | |
|---|------------------|---------|
| 1 | Jeremiah Tomioka | 2:17.95 |
| 2 | Benjamin Vester | 2:21.28 |
| 3 | Logan Andrade | 2:49.57 |

Event: 50 Free

| | | |
|---|------------------|-------|
| 1 | Andrew Mazzacano | 24.22 |
| 2 | Alex Rose | 24.39 |
| 3 | Matthew Unanue | 33.31 |

Event: 100 Fly

| | | |
|---|-----------------|---------|
| 1 | Elias Garcia | 0:56.91 |
| 2 | Benjamin Vester | 1:00.56 |
| 3 | Harris Kinnear | 1:05.63 |

Event: 100 Free

| | | |
|---|------------------|---------|
| 1 | Andrew Mazzacano | 0:53.02 |
| 2 | Alex Rose | 0:55.06 |
| 3 | Matthew Unanue | 1:15.73 |

Event: 500 Free

| | | |
|---|------------------|---------|
| 1 | Raymond Stelmark | 5:09.47 |
| 2 | Elias Garcia | 5:48.58 |
| 3 | Christian Skaff | 6:10.68 |

Event: 200 Free Relay

| | | |
|---|---|---------|
| 1 | Ricky Wright, Eric Kwon, Jeremiah Tomioka, Raymond Stelmark | 1:39.73 |
| 2 | John Tregidgo, Matthew Unanue, Logan Andrade, Enzo Yuen | 2:01.05 |

Event: 100 Back

| | | |
|---|---------------|---------|
| 1 | Doyee Kim | 0:58.62 |
| 2 | Logan Andrade | 1:19.09 |
| 3 | John Tregidgo | 1:22.16 |

Event: 100 Breast

| | | |
|---|------------------|---------|
| 1 | Raymond Stelmark | 0:58.62 |
| 2 | Harris Kinnear | 1:13.67 |
| 3 | Enzo Yuen | 1:20.63 |

Event: 400 Free Relay

| | | |
|---|--|---------|
| 1 | Elliot Garcia, Jeremiah Tomioka, Christian Skaff, Doyee Kim | 3:43.20 |
| 2 | Ricky Wright, Logan Andrade, Harris Kinnear, Benjamin Vester | n/a |

Crusader

ICE HOCKEY

ARNOLD, JV ICE HOCKEY TAME COLTS

December 10 - Hackensack, NJ - The Crusaders defeated Christian Brothers Academy of Lincroft 4-1 on Friday.

Sophomore goalie Cody Arnold turned away 25 of 26 shots as the Crusaders were outshot 26-9 in the contest.

The Crusaders were powered by a pair of goals from Lucas Spinelli, who recorded a power play goal in the middle of the second and an unassisted even goal to start off the third period, stretching the Crusader lead to 2-1.

| TEAM | SCORING | | | | SHOTS ON GOAL | | | |
|------------|---------|---|---|----------|---------------|---|----|-----|
| | 1 | 2 | 3 | TOT | 1 | 2 | 3 | TOT |
| CBA | 0 | 1 | 0 | 1 | 6 | 8 | 12 | 26 |
| BC | 1 | 1 | 2 | 4 | 2 | 4 | 3 | 9 |

As in their previous game with Seton Hall Prep, Jack Driscoll evened the score at one for the Crusaders, this time unassisted in the first period.

Connor Kelly finished off the scoring for the Crusaders as he received and assist from Alessandro Capano and Driscoll with just over 5 minutes remaining in the game.

| PLAYER | GOALS | ASSISTS | POINTS |
|-------------------|-------|---------|--------|
| Jack Driscoll | 1 | 1 | 2 |
| Alessandro Capano | 0 | 1 | 1 |
| Connor Kelly | 1 | 0 | 1 |
| Lucas Spinelli | 2 | 0 | 2 |
| GOALIE | SAV | GA | SAV % |
| Cody Arnold | 25 | 1 | .962 |
| CBA | 5 | 4 | .556 |

SWAGALICIOUS

December '21 - Oradell-

JT Verdino and Grady White showing off their new duds. "Thanks Mom and Dad! We really appreciate it and so thankful, we don't even want anything else for Christmas this year." **JUST KIDDING!**
HO-HO-HO!



Crusader Football All-Time First-Team All-State List

| Year | Name | Pos |
|------|------------------------------------|-------|
| 1965 | Manny Garcia | G |
| 1974 | Joe Lally | LB |
| 1975 | Jack McGovern | C |
| 1979 | Joe Azelby | LB |
| 1982 | Mike Morgan | RB |
| 1986 | Tom Kearney | FB |
| 1987 | Anthony Matesic | NG |
| 1991 | Eric Lane | RB |
| 1991 | Tom Foley | DT |
| 1992 | John Matesic | T |
| 1994 | Joe Piela | DB |
| 1994 | Ryan Carfley | T |
| 1995 | Jim Telesmanich | DE |
| 1995 | Todd Giblin | LB |
| 1996 | Mike Higgins | LB |
| 1997 | Jon Galan | C |
| 1998 | Rich Scanlon - NJ DEF POY | LB/RB |
| 1999 | Dominic Santoli - NJ DEF POY | LB |
| 2001 | Joe Sandberg | DB/RB |
| 2002 | Joe Sandberg | DB/RB |
| 2003 | Brian Cushing | DB/LB |
| 2004 | Brian Cushing - NAT'L 2-WAY POY | LB/DB |
| 2007 | Bill Schautz | WR |
| 2009 | Doug Rigg | DL |
| 2010 | Tanner McEvoy | QB |
| 2011 | Hunter Kiselick | DL |
| 2011 | John Tsimis | WR |
| 2012 | JJ Kulcsar | WR |
| 2012 | Jon Germano - Gatorade NJ POY | QB |
| 2015 | Frankie Feaster | ATH |
| 2017 | Bryan Felter | OL |
| 2017 | Dylan Classi | WR |
| 2017 | Jevontae Jean-Baptiste | DL |
| 2018 | Jeremiah Grant | DL |
| 2018 | Tyler Devera | TE |
| 2019 | Bryan Felter | OL |
| 2021 | Steve Angeli | QB |
| 2021 | Ryan Butler | RB |
| 2021 | Dominick Brogna | OL |
| 2021 | DJ Samuels | DL |
| 2021 | Jayden Bellamy | DB |
| 2021 | Jaeden Gould - MaxPreps NJ DEF-POY | DB |

BIRD OF THE WEEK

BLACK-NECKED STILT



December 5 - Phoenix, AZ – Celebrating my birthday, it was time to refresh the batteries and seek some new species to set a new record. I haven't exactly done a Big Year, yet. But each of my years, I try to beat the last. While not a life bird, this may be the best photo of the trip. This black-necked stilt can be found in New Jersey, but there are greater numbers at this time of year in the south.

These are good looking shorebirds birds that are relatively easy to spot and identify. The American Avocet is a similar species, but is slightly larger than a stilt, the distinctive black back to the neck and the Avocet's bill turns upward, where the stilt has a straight needle-like bill.

Learn more about the bird at [https://www.allaboutbirds.org/guide/Black-necked Stilt/](https://www.allaboutbirds.org/guide/Black-necked_Stilt/)



Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be,
world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance,
to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

Prayer for Lighting the Advent Candle Third Week

Lord God, may we, your people, who look forward to the birthday of Christ
experience the joy of salvation and celebrate that feast with love and
thanksgiving. We ask this through Christ our Lord.

Amen.

The T O O L B O X

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Blessed Edmund Rice Prayer 2021

Creator God, we thank you for the life and work of this gifted man,
Blessed Edmund Rice. He opened his heart generously to
Christ present and appealing to him in the poor who were
oppressed by poverty and injustice. May we follow his example of
faith and generosity. O God, give us the courage and compassion of
Blessed Edmund as we seek to support one another, protect
the vulnerable and care for the earth, our common home.
We make this prayer through Jesus Christ Our Lord, Amen.

Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

**st. patrick's Breastplate
(shortened)**

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie down.
Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved. as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life

WEEKLY SCHEDULE – DECEMBER 13-19

Monday, December 13, 2021

| | | | | |
|-----------------|--------|---|------------------|----------------|
| Swimming | 2:45pm | H | Pascack Valley | Ridgewood YMCA |
| Varsity Bowling | 4:00pm | H | Paramus Catholic | Bowler City |
| JV Bowling | 4:00pm | H | Paramus Catholic | Bowler City |

Tuesday, December 14, 2021

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|--------------------|--------|---|-----------|-----------------|
| Varsity Basketball | 4:30pm | H | Barringer | Hoehl Gymnasium |
|--------------------|--------|---|-----------|-----------------|

Wednesday, December 15, 2021

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|--------------------|--------|---|-------|-----------|
| Varsity Ice Hockey | 3:00pm | H | Ridge | Ice House |
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Thursday, December 16, 2021

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|--------------------|--------|---|---------|-----------|
| Varsity Ice Hockey | 3:00pm | H | Suffern | Ice House |
|--------------------|--------|---|---------|-----------|

Friday, December 17, 2021

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|-----------------|--------|---|----------------|-------------|
| JV Basketball | 5:30pm | A | PCTI | PCTI |
| Fr Basketball | 4:00pm | A | PCTI | PCTI |
| Varsity Bowling | 3:15pm | H | Don Bosco Prep | Bowler City |
| JV Bowling | 3:15pm | H | Don Bosco Prep | Bowler City |

Saturday, December 18, 2021

| | | | | |
|----------------|---------|---|---------------------|-----------------------------------|
| Var Wrestling | 12:00pm | N | XCalibur Tournament | Wilkes Barre Area School District |
| Var Basketball | TBD | N | TBA | TBA |

Sunday, December 19, 2021

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|---------------|--------|---|---------------------|-----------------------------------|
| Var Wrestling | 9:00am | N | XCalibur Tournament | Wilkes Barre Area School District |
|---------------|--------|---|---------------------|-----------------------------------|