

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Lacrosse Scores 14-5 Win Over Moorestown

May 10 – Moorestown, NJ – The Crusader Varsity Lacrosse Team won big over Moorestown in Camden County on Monday.



The Crusaders jumped all over the home Quakers with a 4-0 first quarter and extended their lead to 9-2 at the half. Nick Muller led the scoring charge with five points (2G-3A) and Brenden Kelly continued his assault on opposing goals with yet another hat trick and one assist.

Riley Kahill, Joe Marinaccio and Brian Winters each scored two goals and Jack Patti (1-1) and Luke Macejka (0-2) each pitched in two points. Brady Twomey and Charlie Oropeza each scored a goal and Aidan Johnston and Jake Nelson assisted on one apiece.

Dan Sheppard led the Crusaders with 10 ground balls and Patrick Cece picked up 5. Sheppard won all



11 of his draws at the face off X and Cece won 7 of 10.

Parker Day recorded 6 saves in the victory and Rob Brennan pitched in between the pipes as well.

JV Lacrosse Helps Crusaders Sweep Moorestown

May 10 – Moorestown, NJ – Dylan Natalicchio's two goals led BC to a 6-5 victory over the Quakers. Justin Martin and Jason Gentilello each recorded a goal and an assist and Mark Ruggiero and Joe Gandara each tallied a goal for BC. DJ Watros and Ryan Loughlin each set up BC goal-scorer in the effort.

Tyler Larson played in the goal and made 5 saves. Jason Gentilello and Justin Martin combined 10 wins out of 15 attempts on the face offs.

Frosh Take Moorestown to School

May 10 – Moorestown, NJ – Jimmy Carey and Jake Taromina each scored four goals and Jack Tenaglia, John Mustard recorded a goal apiece to pace BC's freshman lacrosse team 10-3. Tenaglia recorded 2 assists and Trevor Kim earned his first assist as Aidan Hynes turned away 5 shots in the victory.



Team Prayer – A Bergen Catholic Tradition

DePaul Upsets Baseball Behind Solid Pitching

By, Joe Duffy, Athletic Department Intern

Monday, May 10th, Wayne NJ – The Bergen Catholic Crusaders hit the road to take on the DePaul Catholic Spartans. The Crusaders were able to bounce back from their first loss of the season with a dominant win their last time out against Teaneck. Bergen Catholic would look to mount a new win streak coming into this matchup and they would do so with Christian Charalambous on the bump.



Christian Charalambous put forth one of the best pitching performances of the year against Don Bosco Prep his last time out. The Crusaders provided their starter with run support in that start and they would do the same early in this one getting out to a 2-0 lead.

Carsten Sabathia would drive in both runs on an RBI single after the Crusaders loaded the bases giving them the early edge, but the offense would slow down from there.

DePaul pitcher Anthony Holtje weathered the storm that was a strenuous first inning and put together a stellar performance. Holtje would go 5 innings, allowing just the two runs, on only 4 hits. Charalambous was solid for Bergen Catholic yet again as well. The Crusader starter also went 5 innings, dueling with Holtje in a 2-2 battle for a few innings after DePaul posted runs in the 2nd and 3rd.

DePaul would get to Charalambous in the bottom of the 5th inning, stringing together 3 consecutive hits, the last which being a bases clearing triple to give the Spartans a 4-2 lead. Spartans reliever Cooper Montelbano would shut the door, allowing just 2 hits in 2 innings of work, capping a beautifully pitched game against an explosive Bergen Catholic offense. This would mark just the second loss of the season for Bergen Catholic, but they would have a chance to avenge the loss against the Spartans later in the week.

Frosh Baseball Wins 10-0

May 10 – Lyndhurst, NJ – Michael Delpome and Luke Dellentash pitched combining to shutout Paramus HS on Monday. Noah Sims had a double, Christian Malenda was 2 for 3 in the victory.



Track and Field vs DBP

May 11 – Ramsey, NJ – The Crusader Track and Field Team defeated Don Bosco Prep 85-46 at Don Bosco on Tuesday. BC is now 3-0 on the season in the Big North Conference United Red Division.



Golf Advances to T.O.C

May 11 – West Orange, NJ – The Varsity Golf team took home second place on Tuesday with a collective 319 in the North Non-Public A Conference Championship at Francis A. Byrne Golf Course. The top two teams from each conference qualify for the tournament of champions, to be played Wednesday May 19th

Senior Charlie Cummings led the way with a 74 for the Crusaders, he was also the low-man for the



tournament. Liam White shot 77 which was tied for 5th. The scores rounded out with an 81 from Thomas O'Neill, an 87 from Adam Sincavage and an 88 from Nick Schwake.

JV Baseball Make it Three Straight Wins in Victory Over DePaul

By, Joe Duffy, Athletic Department Intern

Tuesday, May 11, Ridgefield Park NJ – DePaul



Catholic travelled to Ridgefield Park to take on the (8-3) Bergen Catholic Crusaders. After dropping back-to-back games to Don Bosco, the Crusaders bounced back with wins over Kearny and Teaneck. DePaul was likely to be a step up in competition and the Crusaders were ready for that challenge from the jump.

The Crusader offense would threaten early in this one, but runs were not always easy to come by. Bergen Catholic loaded the bases but were unable to come away with any runs in the first inning. The offense would however breakthrough in the second as Dhruv Vengurlekar hit an RBI single to give the Crusaders the lead. Bergen Catholic would get solid pitching and defense all game, and they would need it because as much as they threatened on offense, DePaul did a good job of working out of trouble. The Crusaders would add another run on a passed ball to extend their early lead and an inning later Jack Staff added an RBI single. The Spartans gave themselves chances to battle back into this one but ultimately the Crusaders did just enough to hold off the Spartans by a score of 4-3.

Frosh Lax and Ridgewood Ends in a Tie???

May 12 – Oradell, NJ – The Freshman Lacrosse



team got off to a great start on Wednesday against Ridgewood in what was expected to be the rubber game of this three-game set. The

Maroons took the first meeting and BC won the second, making this one for all the bragging rights along Oradell/Ridgewood Avenues.



Jack Tenaglia led BC with two goals and one assist. His partner in crime, Jake Taromina, recorded a pair of goals on the attack as well and Johnny Mustard pitched in a goal from the midfield. Even long-stick middle, Conor Kelly got in on the scoring fun, recording an assist on one of Tenaglia's goals.

Aidan Hines was remarkable in the cage, making a number of exceptional saves especially in the waning moments of the game.

Aidan Hines was exceptional, turning away 5 shots in the first period alone. Aidan saved a final Ridgewood attempt at victory with just 5 seconds remaining to put the game into BC built a 5-goal lead and

On defense, Dylan May, Sean Irving and Nico Martino and Conor Kelly played well. Jack Scribner played some strong short-stick defensive midfield to hold Ridgewood to 5.

As the game was to move to overtime, the referees left the game. Despite trying to finish, it was not to be. The good news? One more time to break the tie! The two teams are now 1-1-1 against one another and this fourth one should do the trick.

Frosh Baseball Sweeps Spartans

May 12 – Paramus, NJ – The Freshman baseball squad got some early offense and strong pitching to take their two-game series from Paramus HS.



A happy battery lights the world. Thanks to the bullpen for making me feel welcome at the game.



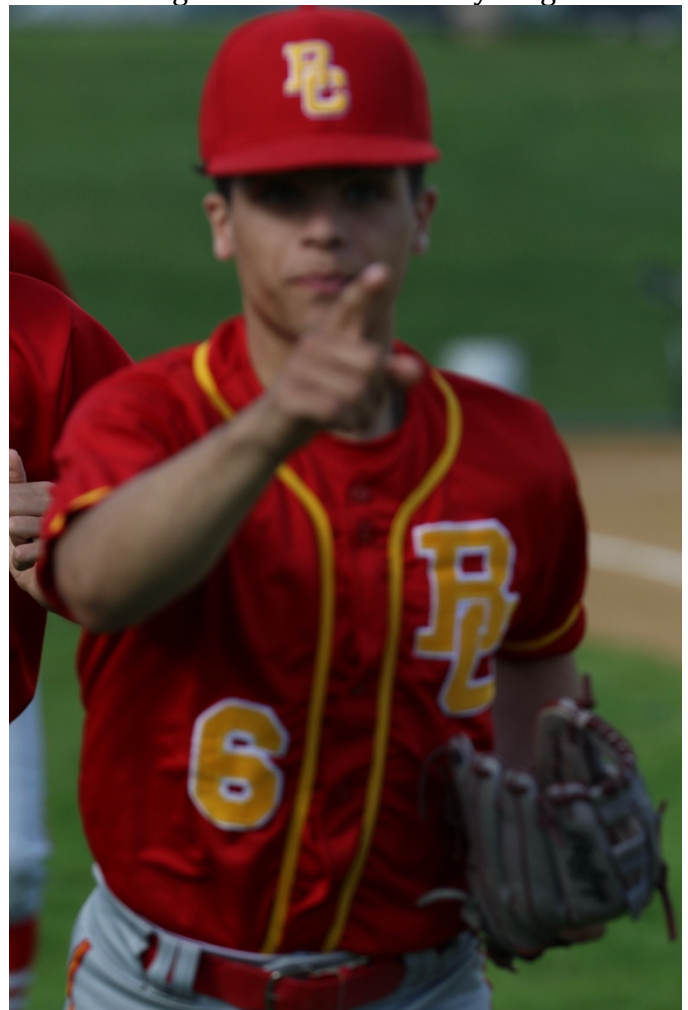
Coach is feeling good about this one!



Safe by a mile! This is how you leg out an infield single. Speed by Don Ohnegian.



Taking care of business on the mound. Marcus Linder brought some smoke all day long!



I knew you were there! Michael Del appreciating his aunt and cousin's presence at the game!

Baseball Gets Revenge in Walk-Off Win

By, Joe Duffy, Athletic Department Intern

Wednesday, May 12, Lyndhurst NJ – The



DePaul Catholic Spartans got the better of Bergen Catholic in their first meeting of the season and they would give the Crusaders all they could handle again,

but the Crusaders were up to the task this time and prevailed in dramatic fashion.

BC would start this matchup exactly how they started the last, blanking the Spartans in the first and putting up 2 runs of their own to take the lead. Luca Reyes smoked an RBI double to open the scoring and the Orlando Pena would drive him in with an RBI single himself. Starter Jack Duffy gave the Crusaders 3 strong innings, but the Spartans would get to the Crusaders pitching in the top of the 4th.

DePaul chased Duffy out of the game, picking up 2 runs to tie the game, but the tie would not last long. In the bottom half of the 4th Carsten Sabathia drove in Zach Wasserlauf on an RBI triple to give Bergen Catholic the lead right back. Nick Barros, who pinch ran for Sabathia, then scored on a passed ball to make it a 4-2 game in favor of the Crusaders. These were 2 huge runs for the Crusaders who gave up a 2-0 lead in a losing effort to DePaul just days before. It was important for Bergen Catholic to respond as the Spartans have not let up in them and they kept coming.

DePaul would have an answer for the Bergen Catholic offense, scoring 1 in the top of the 5th, and then they would dramatically take a lead in the top of the 6th, scoring 2 more, making it a 6-4 game. Bergen Catholic faced yet another loss

because of a blown lead, but the offense would respond. In the bottom of the 6th inning the Crusaders scored 2 to tie the game up yet again. This game would stay scoreless through the 7th and the teams would head to extra innings.

Pitcher Matt L'Hommedieu gave Bergen Catholic 4 strong innings in relief, holding the Spartans scoreless through extras and giving his offense chances to win the game. Finally, in the

bottom of the 9th, with Luca Reyes on second base, Lukas Tsai would come through. Tsai placed a perfect bunt down, putting pressure on the Spartan defense to make a play and they could not. The Spartans tried to get the lead runner (Reyes) at third, but the ball skipped away down the left field line, allowing Reyes to score and giving the Crusaders the walk-off win. Small ball still plays and Tsai's execution at the plate forced the hand of the DePaul defense and ultimately won his team the

game. A win coming off a loss is always huge and doing it in walk-off fashion makes it a little sweeter.



Gillen Tosses No-Hitter as BC Defeats Pope John XXIII

By, Joe Duffy, Athletic Department Intern

Thursday, May 13th, Sparta NJ – The Bergen Catholic Crusaders made the trip out to Sparta, where they took on a highly impressive Pope John



program. Pope John came into the game ranked the number 1 team in the Morris/Sussex top 10. Bergen Catholic has gotten up for these marquee matchups

throughout the season and this one would be no different. The Crusaders would get up early as

Orlando Pena got his team on the board with an RBI double to drive in Luka Reyes in the 1st inning and that would be enough for their starting pitcher.

Mike Gillen would make his first start since a tough outing against Pascack Valley early in the season. The Seton Hall commit looked to get back on track in this one and did he ever. Gillen allowed just 4 walks and he hit one batter, but that is all Pope John would be able to muster offensively.

Gillen was stellar, throwing 106 pitches, going the distance, blanking Pope John, and throwing a No-Hitter. A No-Hitter is an impressive feat on its own but to have done it against this level of competition, coming off his last start, it made it all the more impressive.

Gillen showed exactly why he is a division 1 commit and he led his team to a massive road win. Liam DeRubertis tacked on 2 more runs for the Crusaders in the 4th to make it a 3-0 game and that was the scoring there would be on the day.

Nick Buchman pitched well for the opposing side and he gave his offense the opportunity to get back in the game, but today was Gillen's day. Gillen was able to fight out of trouble and avoid the big hit, or any hit, all game long.

The road dugout exploded for their teammate as the last out was recorded, adding this game to a laundry list of memorable and impressive performances from the Crusaders this season. Bergen Catholic will be back next week with two big games against St. Joe's and another on the road against Wayne Hills.

Kelly's 100th Career Goal Sparks Crusaders Over SJR

May 13 – Oradell, NJ – Brendan Kelly scored his 100th Career Goal, becoming BC's seventh player to do so. The Penn State bound attacker tallied four goals to lead BC to a lopsided 11-5 victory.

Kelly, Gillen Make History

Thursday, May 13 – Oradell and Sparta, NJ –

Senior Brenden Kelly and Mike Gillen made history in their respective sports of lacrosse and baseball on Thursday afternoon. Kelly became the seventh player in school history to reach the 100 Goal mark in his career.

Mike Gillen accomplished a rare feat as well, recording a complete game no-hit, no-run game against Pope John XXIII in Sparta. Congratulations to both young men on such outstanding accomplishments!

Nick Muller scored five points (1G-4A) and freshman Crispin Kaye scored a pair of goals. Dom Pira turned away 2 goals for the Crusaders.

Currently, the all-time goal scoring record is held by Matt Haemmerle '15 with 128. With four games and two tournaments left, Kelly seems in a position to challenge it. Michael Reilly '15 is the Crusaders all-time leader in career points with 269 (107G-162A).

JV Lacrosse Defeats SJR 10-0

May 13 – Oradell, NJ – The JV Lacrosse Team played its most complete game of the season on Thursday, defeating St. Joseph Regional 10-0.

DJ Watros led the BC scoring machine with two goals and two assists. Dylan Natalicchio added a pair of goals and an assist and Mark Ruggerio scored two as well. Declan Schmidt, Nick Penza. Tommy Sullivan and Mike Gentilello each scored a goal and Connor Byrne and Mike Giovacco each recorded an assist.

The goalies were sharp as well with Tyler Larson and Parker Day each contributing 5 saves in the shutout.

The best defense is a good offense and BC dominated the face-off X throughout the day,

putting them on the offensive side a majority of the game. Jason Gentilello and Justin Martin combined 10 for 13 on face offs.

Track and Field Wins League Title

May 13 – Montvale, NJ – The Crusader Track and Field Team defeated St. Joseph Regional 120-19 at St. Joseph's on Thursday. BC finishes the league schedule 4-0, winning the Big North Conference United Red Division.

Crew Competes at Stotesbury Cup Regatta

May 14 – Philadelphia, PA – The BC Crew team travelled to Philadelphia for this year's Mid Stotesbury Cup Regatta. Here are the results:



Boys Junior Double

	TIME	PLACE
Ian Smith, Michael Khym	6:29.76	23 rd

Boys Junior Quad

Owen Ryan, Giacomo Dente, George Small, Matthew Kim	5:28.57	19 th
-----------------------------------------------------	---------	------------------

Boys Senior Double

Michael Chapman, Chris Viggiano	5:53.72	23 rd
---------------------------------	---------	------------------

Boys Senior Single

Andrew Lynch	6:43.37	28 th
--------------	---------	------------------

Freshman Lacrosse Sweeps Season Series Against Don Bosco

By, Joe Duffy, Athletic Department Intern

Friday, May 14th, Oradell NJ – The Don Bosco



Prep Ironmen made their way to Oradell, New Jersey, where they would meet the Bergen Catholic Crusaders in their second and final matchup of the regular season.

The first game got off to a slow start, but the Crusaders played a strong second half and earned a hard fought one goal victory. Don Bosco came in with revenge on their mind, but Bergen Catholic would be more than up for the challenge.

These two bitter rivals got off to an awfully slow start in their first meeting. Both teams started the game tentatively and it was not until after the half that things started to open up. That would not be the case in this game as both teams were able to create offensive opportunities early and often. Don Bosco got on the board first early on and the Crusaders had an immediate answer for them as John Mustard scored to tie things up. Bergen Catholic would add another shortly after when Crispin Kaye scored, giving them a 2-1 lead.

Bergen Catholic would take their 2-1 lead to second quarter, but Don Bosco came out threatening from the first faceoff. Aidan Hines came up with a big save at the start of the quarter to maintain the lead, but the Ironmen would eventually get one by and tie the game up at 2 apiece. The Ironmen had a strong start to the quarter, but Bergen Catholic would have another response, and they would take the game over from there.

Anderson Chang made it 3-2 with a rocket from the slot and Jack Tenaglia would clean up a careless Don Bosco turnover to extend the lead to 4-2. Don Bosco would get back within 1 after a quick goal, but the Crusaders again responded on their next possession. Jake Taromina scored to give the Crusaders a 5-3 lead and with two seconds left in the half, Connor Kelly, scored a back breaking goal to make it a 6-3 game.

The second half would be all Bergen Catholic. The Crusaders scored the first 3 goals of the second half, giving them a 9-3 lead, and they would not look back from there. Don Bosco would go on to add a few late goals, but the game was out of reach at that point. Bergen Catholic won by a final score of 13-9 in a standout team effort. The Crusaders sweep the season series with Don Bosco and continue to prove to be one of the best freshman units in northern New Jersey.

Volleyball Mowed Down by Fair Lawn Cutters

May 14 – Oradell, NJ – The Crusader Volleyball team met a buzz saw as one of NJ's top teams, Fair Lawn, visited on Friday.



Giovanni Perone recorded 5 kills and James Deegan recorded 4 of his own to lead BC. Brian Mendoza did a terrific job of playing set up man, earning 10 assists.

Varsity Lacrosse Getting Hot at the Right Time

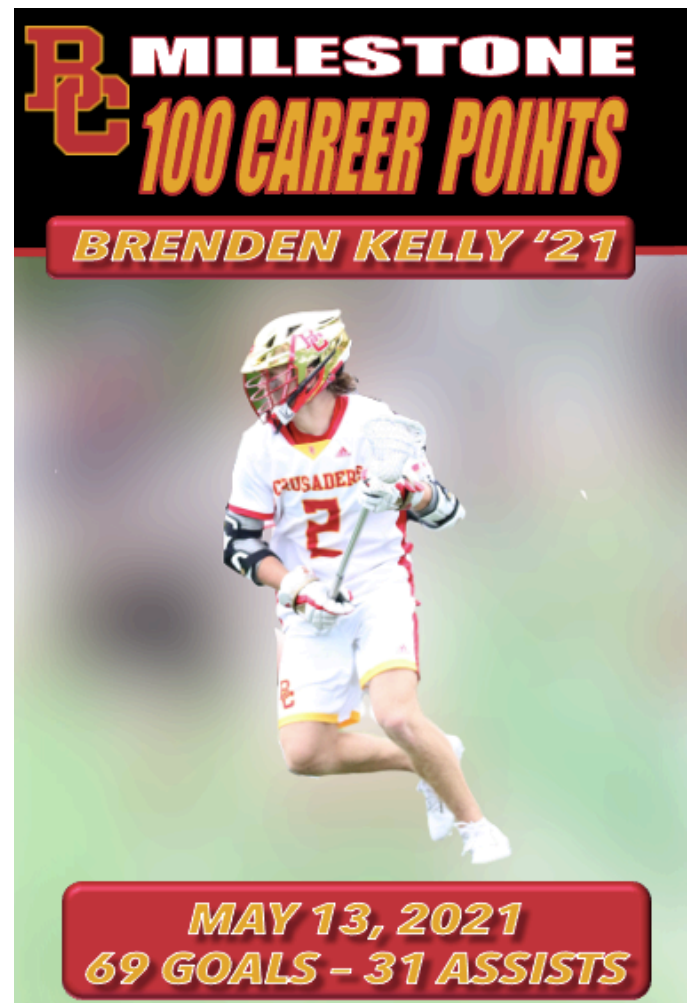
May 15 – Oradell, NJ – The Crusader Lacrosse team chose a great time to begin to peak. BC won all three of its games this week and has extended its winning streak to four, reaching the .500 mark after 10 games. Saturday's victim was a talented Scotch Plains-Fanwood team from Union County.

With a flair for the dramatic, BC saw most of a 10-5 lead vanish in the fourth quarter before

responding with the final two goals of the game to hold on 12-9.

Brendan Kelly notched 5 goals and an assist while Nick Muller recorded 3 points (1G-2A). Goal scorers included Riley Kahill, Aidan Johnston, George Talarico, Luke Macejka, Jack Patti and Joe Marinaccio.

Dan Sheppard and Pat Cece combined to win 17 of 24 faceoffs and Dom Pira turned away 5 shots on goal in the win.

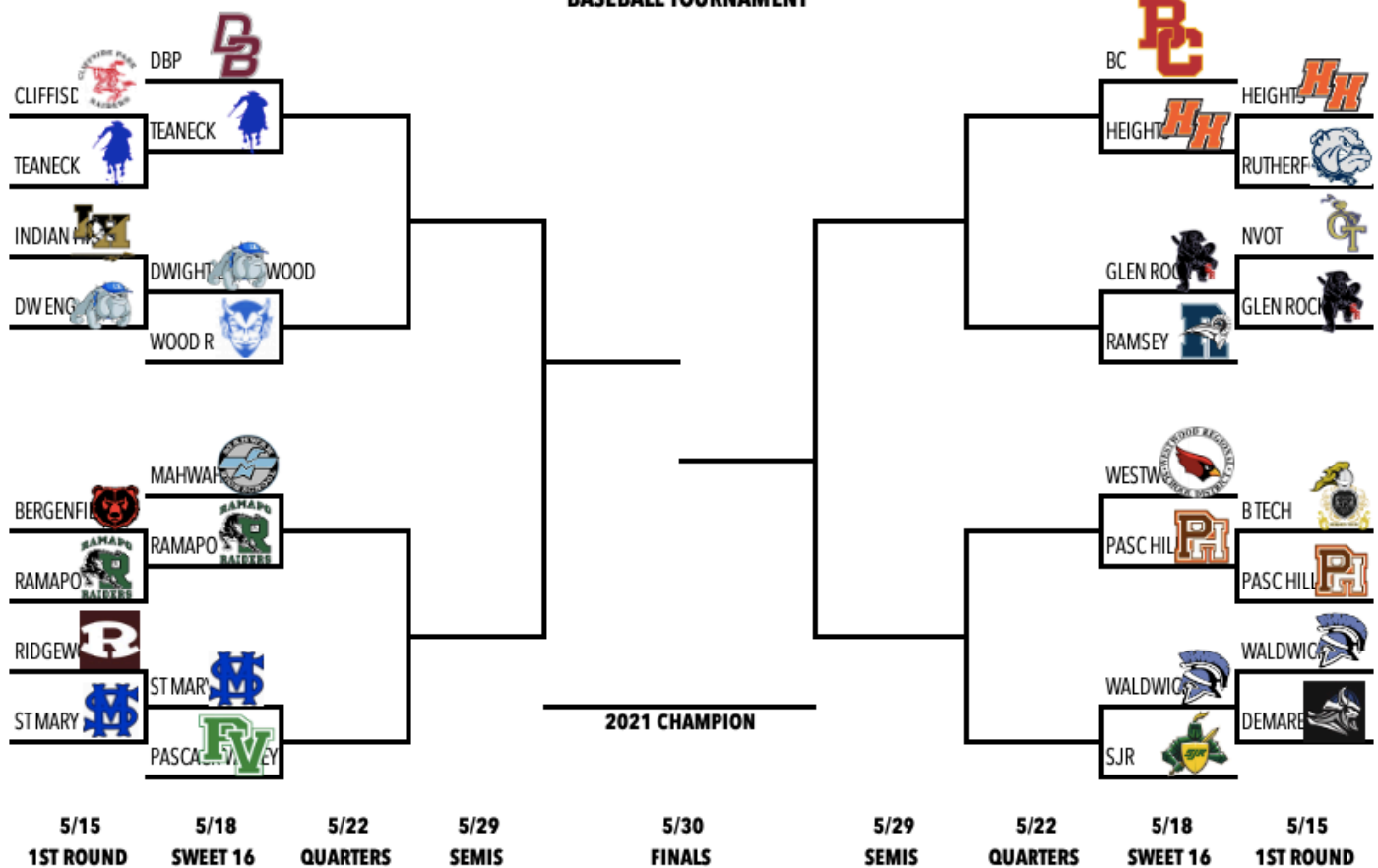


JV Lacrosse Halts Wayne Hills

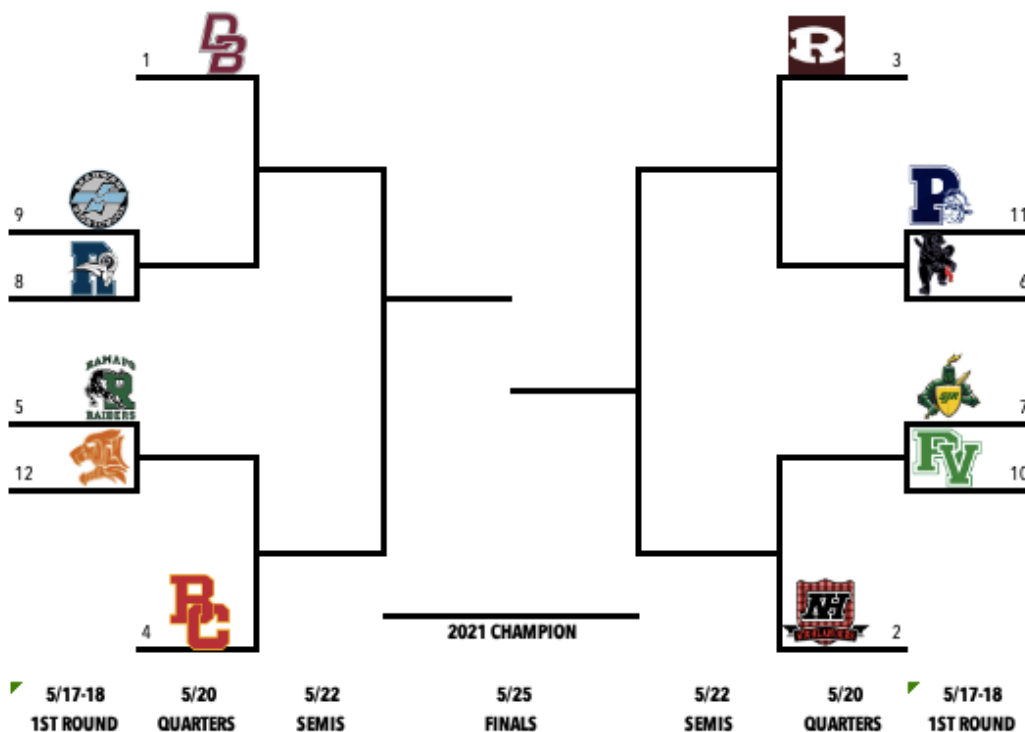


May 15 – Wayne, NJ – The Crusader JV team is starting to roll as well, winning its third game in a row. Saturday's 3-2 victory came over the Patriots from Wayne Hills. Tyler Larson made 5 saves in the victory.

**62ND ANNUAL BERGEN COUNTY COACHES ASSOCIATION
BASEBALL TOURNAMENT**



**14TH ANNUAL BERGEN COUNTY COACHES ASSOCIATION
BOYS LACROSSE TOURNAMENT**



Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have
sinned against you whom
I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

The

T

O

O

L

B

O

X

The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice Prayer

O God we thank you for the life of
Blessed Edmund Rice.
He opened his heart to Christ present in those
oppressed by poverty and injustice.
May we follow his example of
faith and generosity.
Grant us the courage and compassion of
Blessed Edmund as we seek to live lives
of love and service. Amen.

Grace Before Meals

Bless us, O Lord, And these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

St. Patrick's Breastplate (shortened)

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie
down. Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved, as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

And this is the will of Him who sent me, that I shall lose none of all those He has given me, but raise them up at the last day.

Deus Vult
Jn 6:39

Bird of the Week

May 14 – Mahwah, NJ – When you see a Rose-breasted Grosbeak, you typically feel very fortunate to witness this magnificent bird in the wild. When you see SEVEN in the same tree at the same time.... Suffice it to say, it is a remarkable event. That's what happened to us on Thursday morning as we got a good start to the day. A pair of birders were looking up in the tree, appreciating this gift, and as we began looking at the tree, more and more grosbeaks appeared: 4 males, 3 females.

Rose-breasted Grosbeak

