

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Christian Charalambous Dazzles as Bergen Catholic Shuts Out Don Bosco

By, Joe Duffy, Sports Information Intern

May 3, Ramsey NJ – The undefeated Bergen Catholic Crusaders took on their biggest rival and number 2 team in the state, the Don Bosco Ironmen Prep, in what was sure to be one of the best games of the year.

The number 17 ranked Crusaders have been excellent this season in all facets of the game and despite a loss to Bishop Eustace, Don Bosco is one of the best clubs the state has to offer. Anytime these two teams get together you can bet on a good one and that is exactly what the fans got.

Don Bosco went to Caden Dana on the bump, a 6-foot 4-inch junior who is committed to play his college ball at Kentucky. Dana's first matchup of the game would come against Bergen Catholic shortstop and Virginia commit, Juan De La Cruz. The opening at bat displayed just the type of talent there was all over the field in this matchup, and it was De La Cruz who got the better of Dana, spraying a single out to right to get things started. De La Cruz would swipe second, he would then swipe third and see the throw get away to the outfield. De La Cruz would score on the error and the Crusaders had a 1-0 lead early.

Against a program as touted as Don Bosco, the Crusaders knew run support would be key, and they would continue to chip away at Dana and tack on as the game progressed, but pitcher Christian Charalambous would only need 1 on this day. Charalambous was sensational, striking out 6 and walking just 2 in 6.1 innings of work. Charalambous took a no hitter to the bottom of the 7th inning before finally allowing the first two hits off him all day. The junior impressed everyone in attendance, and his 100 pitch near no-hitter is a performance to be remembered in this storied rivalry.



The Bergen Catholic offense provided their pitcher with plenty of run support, chipping away at Dana and helping their starter outduel the Kentucky commit. Carsten Sabathia played an excellent game, flashing the leather at first base and adding two hits, one being an RBI double. Harrion Certo added an RBI single as well, while Juan and Luis De La Cruz each had two hits themselves. The Bergen offense did their part and Matt L'Hommedieu continued to look dominant in

relief for Charalambous, closing things out in just 7 pitches. The Crusader's would stay undefeated with the victory and proved yet again they are one of the best programs the state has to offer.

Don Bosco Doubles Up BC JV

May 3 – Lyndhurst, NJ – The JV Baseball Team fell to DBP on Monday 603. Chris Merrill had a 2 RBI triple in the second inning to give BC a 3-2 lead and Drew Giacomini threw 5 outstanding innings of 1 run relief.

Golf Wins Division Day

May 3 – Rockleigh, NJ – The Bergen County Golf Course at Rockleigh was the site of the most recent Crusader golf victory. Bergen's score of 152, edged St. Joseph Regional's 153. Third place was Don Bosco Prep (167), followed by DePaul Catholic (170) and Paramus Catholic (209).



Laser focus of the entire team on every shot is the foundation of a champion!

Liam White led BC in nine holes with 36. Thomas O'Neill was just two strokes behind at 38 and both Charlie Cummings and Nick Schwake shot 39. Adam Sincavage (41) and Colin Foley (48) rounded out BC's outstanding six.

JV Plays Well on the Road

May 3 – Old Tappan, NJ – The JV Golf Team shot 176 and defeated Northern Valley Old Tappan (182) by six strokes on Monday at Old Tappan Golf Club.

Andrew Lama led BC with a 39 and John Keyes shot a very respectable 41. Ryan Slovak and Jeremy Cammayo each scored with 48s and Calvin

Jung (52) and Johnny Tummino (56) played rounds that would most certainly beat Mr. Haemmerle, unless he was counting birds. Then it might be close...

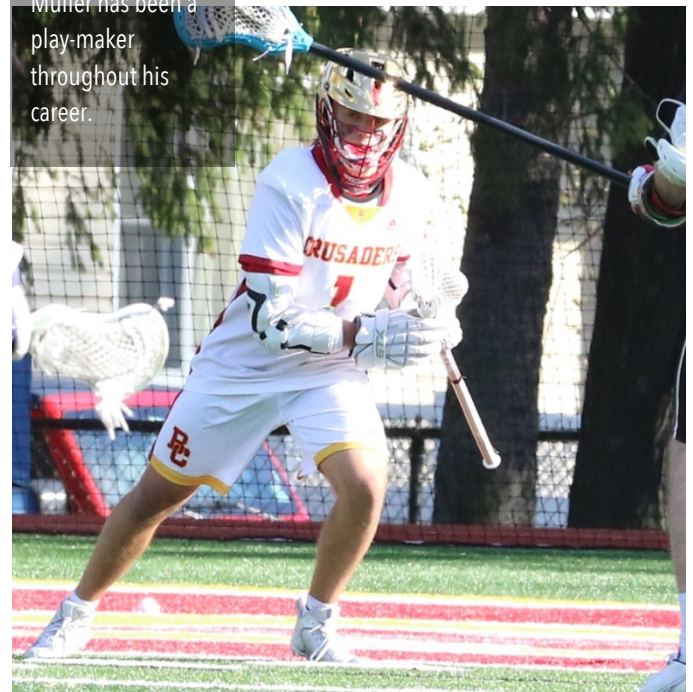
Ridgewood Stuns Bergen Catholic in Overtime

By, Joe Duffy, Sports Information Intern

May 4 – Oradell, NJ – The Bergen Catholic Crusaders would play host to Ridgewood high school in what was sure to be an incredibly competitive battle. Bergen Catholic would look to make it two straight wins, building off an incredible senior day performance over Christian Brother's Academy. The Crusaders hoped to get their record back to an even .500, but Ridgewood showed them right from the jump it was not going to be easy.

The Crusaders would break the ice early as Brenden Kelly got his own rebound off a shot that rang the pipe and fed Jake Nelson for the goal to make it 1-0. The fans were buzzing at the Jack, but Ridgewood would silence them a minute late with an equalizer of their own. After a quick start from Bergen Catholic, Ridgewood stole the momentum and put the Crusader's on their heels. Ridgewood

Muller has been a play-maker throughout his career.



would score the next two goals giving them a 3-1 lead. It looked like Ridgewood might take that two-goal lead into the second quarter, but Brenden Kelly would get one back late in the first to make it a 1 goal game.

Ridgewood came out and had a few good chances to start the second quarter, but goalie Dominic Pira was up to the challenge, making a couple of beautiful saves. Pira's stops in net led to a Crusader chance on the other end where Nick Muller ripped a shot from the high slot to tie things up and the Crusaders were right back in it.



Dom Pira has played consistently in his first year starting.

But Ridgewood would have yet another response, winning the ensuing faceoff, and marching down to take the lead yet again. Ridgewood would take a 4-3 lead into the half after a quiet quarter.

Bergen Catholic was going to have to take back control of this game in the third quarter if they wanted to come away with a win and they did just that. Brenden Kelly would go on to tie the game at 4 and the Crusaders tallied another to take a 5-4 lead heading to the fourth.

The Crusaders carried over their play from the third at the start of the fourth and made it a 7-4 game after notching back-to-back goals to start. Bergen Catholic appeared to be in the driver's seat, and it was going to take a valiant effort from Ridgewood to pull a positive result out of this game, and a valiant effort is exactly what they gave.

Ridgewood mounted a late 3 goal fourth quarter comeback, scoring twice in less than a

minute, and tying the game up with 1:43 to go. The game would ultimately go to overtime, where



KING GEORGE "THE FIFTH"!

George Talarico, the fifth brother to don the #18 for BC is always applying pressure on his man.

Ridgewood wasted no time getting back on the offensive and sealing the deal.

While it was an incredible comeback for Ridgewood, but a devastating loss for the Crusaders who moved to 2-4 on the season.

Ridgewood Edges JV Lax in OT

May 4 – Oradell, NJ – The JV Lacrosse Team lost 6-5 to Ridgewood in overtime on Tuesday. Mark Ruggerio and Declan Schmidt each scored two goals and Justin Martin had a goal for BC.



Tyler Larson, a great communicator, is between the pipes for the Crusaders.

Dan Cummings, Ethan Daly and Michael Giovacco played solid on the close defense. Ryan Phelan and Michael Illardi played effective at long-stick midfield, containing Maroon dodgers all day.

Parker Day saved seven shots and Tyler Larson made six to keep the Crusaders in it.

Frosh Lacrosse Lays the Wood

May 4 – Ridgewood, NJ – The freshman lacrosse team travelled down the road to Ridgewood and defeated the Maroons at Maple, 6-5. Jake Taromina recorded a hat trick, including the game winner assisted by Jack Tenaglia with about 2:00 remaining in the fourth quarter.



BC was trailing 5-4 entering the fourth quarter when Tenaglia made a double move at X (the area directly behind the goal) and found an open Taromina to tie. Minutes later, Jimmy Carey forced a turnover and scooped a ground ball. He quickly moved the ball to Tenaglia whose eyes were up and found Taromina for the game winner.

The starting defense of Sean Irving, Dillon Mayo, Nico Martino, Nick Angeli and Conor Kelly kept the hosts in check throughout the day and Aidan Hines was exceptional in the goal, turning away 8 shots on goal including two in the last two minutes.



Noah Kochman won 14 of 15 face offs. Johnny Mustard, Anderson Chang and Matt Reilly all scored for BC.

Varsity Golf Defeats B-Tech

May 4 – Emerson, NJ – The Crusaders won the battle of the Bergens as BC defeated BT 166-212 at Hackensack Country Club on Soldier Hill Road on Tuesday.



Jeremy Cammayo's 36 led the way followed by Thomas O'Neill (39), Colin Foley (40), Adam Sincavage (41), Andrew Lama (50) and Ryan Slovak (56).

B-Tech Over BC in Tennis

May 4 - Ridgely Park, NJ – BC took on the Bergen Tech on Tuesday and came up short against the county's top team.



Phillip Saint Cyrus
Has been playing
very solid tennis all
season in the First
Singles slot for BC.

Marcus and Ryan Kim each won three games in their sets and all of BC's team gave a very solid effort.

Event	Player	W/L	1	2	3
1 st Singles	Phillip Saint Cyrus	L	0-6	1-6	
2 nd Singles	Andrew Song	L	2-6	0-6	
3 rd Singles	John DelJuidice	L	1-6	2-6	
1 st Doubles	Marcus Kim, Ryan Kim	L	3-6	3-6	
2 nd Doubles	John Nalbadian, Ethan Gayam	L	0-6	0-6	

JV Tennis Falls to Bergen Tech

May 4 - Hackensack, NJ – The Black Knights defeated BC 2-0 on Tuesday. Joe Pandorf and Nick Viggiano competed with great enthusiasm.

Bosco Bumps JV Baseball

May 4 - Ramsey, NJ – On Tuesday, BC travelled to Don Bosco Prep for JV Baseball and lost a tough game 10-4. Matt Clifford threw four innings of 1-run relief after entering the game with bases loaded.



Frosh Baseball Beats Bosco 4-1

May 4 - Ridgely Park, NJ – On Tuesday, the freshman baseball team defeated Don Bosco Prep by a score of 4-1. The Crusaders fell behind early 1-0 in the second inning but battled back.



Michael Delpome led off the top of the second with an infield single. Donald Onegan bunted and was safe at first, moving Delpome into scoring position. Then Luke Dellentash ripped a single to left scoring Delpome. Danny Spierer drove in the GWRBI as Onegan crossed the plate. Later Troy Sterling's infield single scored Dellentash.

Paul Warburton pitched four innings, striking out six along the way. Gio Moscatello earned the save.

Ridgewood Edges Varsity Tennis

May 6 - Ridgely Park, NJ – The Varsity Tennis Team lost to Ridgewood 2-3 on Thursday. Andrew Song won in straight sets, 6-1- and 6-2, in



the second Singles slot. The Second Doubles team of John Nalbadian and Ethan Gayam worked through a grueling three sets of tennis to win as well.

First Singles, Phillip Saint Cyrus went to three sets as did captain, third singles player John DelJuidice. Overall, it was a terrific effort by the Crusaders.

(continued next page)

Event	Player	W/L	1	2	3
1 st Singles	Phillip Saint Cyrus	L	4-6	3-6	4-6
2 nd Singles	Andrew Song	W	6-1	6-2	
3 rd Singles	John DelJuidice	L	4-6	6-2	3-6
1 st Doubles	Marcus Kim, Ryan Kim	L	3-6	2-6	
2 nd Doubles	John Nalbadian, Ethan Gayam	W	6-2	3-6	10-4

JV Tennis fell 3-0 to Ridgewood in Ridgewood.

Varsity Golf Improves to 20-0 on the Season

May 6 – Haworth, NJ – Liam White shot a 37 and



Adam Sincavage shot 39 as BC defeated Ramsey High School to improve to 20-0 on the season. Nick Schwake

(41), Colin Foley (44), Ryan Slovak (46) and Joe Casali (51) all shot well for the Crusaders.

Bosco Edges Bergen Late in Pitchers' Duel

By, Joe Duffy, Sports Information Intern

Thursday, May 6, Ridgefield Park NJ – Bergen



Catholic would play host to Don Bosco in a rematch of their battle earlier in the week as they look to stay undefeated. The Crusaders edged out the Ironmen in the first game behind a

dominant pitching performance, and pitching would continue to be the story in the second meeting of these two rivals.

Starters Jack Duffy and Kevin Jaxel would put on a pitching clinic, and they would do it in completely different ways. Duffy gave Bergen Catholic 6 strong innings of work, allowing just 2 hits. Duffy struck out just one, pitching great to contact and trusting the defense behind him.

The Bergen Catholic defense played excellent, coming up with big plays when needed, most

notably when catcher Luis De La Cruz retrieved a wild pitch to beat an Ironmen base runner to the plate.

Duffy and the defense did their part to keep Don Bosco off the board for most of the game, but Kevin Jaxel would be up to the task and match Duffy stride for stride. Jaxel blanked the Bergen Catholic offense, going the distance, allowing just 3 hits and striking out a jaw dropping 15 batters.

It was an incredible performance by Jaxel against one of the best lineups in the state, and Don Bosco needed it as their offense had gone 13 innings without scoring against Bergen Catholic, and 18 innings overall.

The Don Bosco offense would eventually break the door open in the 7th, as Noah Rodriguez would hit a go-ahead home run to put the Ironmen up 2-0. Jaxel shut the door on Bergen Catholic in the bottom half of the 7th, evening up the season series at 1 game apiece. The Crusader pitching silenced the Ironmen offense for the better part of two games, but the Ironmen finally came through in a big spot, and it marked the first blemish on the Crusader record this season. Bergen Catholic look to bounce right back against Teaneck.

Frosh Lax Tames Cougars

May 6 – Oradell, NJ – The Crusaders defeated Chatham's Cougars 11-6. An earlier scrimmage between the two saw Bergen fall behind 6-1 early, before the young Crusaders came back to win.



In this version, Noah Kochman opened the game with three face off wins which ultimately led to 3 goals and BC was on its way.

The team dedicated the game to Brendan Mahoney who was injured during the course of the game.

Jake Taromina (3), Jimmy Carey (2), Crispin Kaye (2), John Mustard (2), Anderson Chang and Conor Kelly all scored for BC. Jack Tenaglia led

the Crusaders with 6 assists. Aidan Hines played very well in the goal again and Parker Day, currently playing varsity lacrosse, got some time with his classmates

Ryan Ford broke a lacrosse stick late in the game so his mom, brother and sister went to Chili's to celebrate.

JV Baseball Defeats Kearny 13-3

May 6 – Kearney, NJ – Dhruv Vengurlekar threw



a complete game, helping BC to overpower the Cardinal of Hudson County's Kearny HS.

Andrew Kero had two hits and Nicholas Napolitano scored three

runs to lead the BC offense.

Freshman Baseball Practice

May 6 – Oradell, NJ – Freshman baseball started off with a stretch and then hitting practice, according to Ryan Berkowitz. The hitting practice was mirrored by half of the team doing throwing progressions (wrist flips, 10' torso turn, shuffles). Pitchers worked on their pick off moves and practice wrapped up with a game where players had a job to do, hitting the ball to a particular part of the field. It was pretty cool to hear what goes into preparing a winning baseball team!

Golf Takes Big North Conference Tourney Title



May 7 – Rockleigh, NJ – The Crusaders ended the

week in similar fashion to the way they started it, winning the Big North Conference United Division Golf Tournament. The tournament was an 18-hole event and BC led the pack by 13 strokes: Here's how the field fared:

1. Bergen Catholic 310
2. Don Bosco 323
3. St. Joseph 332
4. DePaul 339
5. Paramus Catholic 403



The real drama was in the individual play as Thomas O'Neill shot a tournament best 73. Unfortunately he lost his 1-hole playoff and finished second. Liam White was strong, demonstrating how his extra time practicing putts make for success as he shot 75. Charlie Cummings was playing a terrific round, but suffered a back-injury after nine. Still, he finished tough, shooting 81. Adam Sincavage matched his 81 and Nick Schwake finished with a 93.

BC Blanks Ramsey Tennis

May 7 – Ramsey, NJ – The Varsity Crusaders travelled to play the Ramsey Rams on Friday and received an boost from a new second-doubles

team of Chris Kang and Kangmin Kim. The first set for this pair gave them a chance to get their legs underneath them. They responded with two, gutsy sets, winning 7-5 and 11-9 to help BC defeat the Rams 5-0.

Event	Player	W/L	1	2	3
1 st Singles	Phillip Saint Cyrus	W	6-1	6-0	
2 nd Singles	Andrew Song	W	6-1	6-1	
3 rd Singles	John DeJuidice	W	6-0	6-1	
1 st Doubles	John Nalbadian, Ethan Gayam	W	6-2	6-2	
2 nd Doubles	Chris Kang, Kangmin Kim	W	3-6	7-5	11-9

Crusader Offense Bounces Back in Lopsided Win Over Teaneck



By, Joe Duffy, Sports Information Intern

May 7 – Lyndhurst NJ – The Bergen Catholic Crusaders played host to Teaneck High School as they look to bounce back from their first loss of the season. The Crusader's took their first loss of the season to Don Bosco on Thursday and for the first time all season their offense was kept quiet. This would be a big spot for Bergen Catholic at home as they looked to get things right back on track.

Teaneck would get some offense going early in the first, putting two runs on the board and proving ready to play. BC pumped the brakes on

Teaneck's hopes almost instantly however, as their offense made it clear that they put their last outing in the rearview.

Gavin Barrata led the game off with a single and from there the Bergen Catholic offense was off and running. Luis De La Cruz would make it a one-run game with an RBI single. He'd then score on squeeze from Lukas Tsai (3 RBI), who found himself safe at first on the same play.

Sophomore Braden Connors followed up with an RBI double and two batters later, Ruven Pino would join the party with a 2 RBI double.

After a Teaneck defensive blunder, the Crusader's would take a 7-2 lead after the 1st, and they would never look back.

This game would conclude after just 5 innings of play, as the Crusaders would go on to beat Teaneck by a score of 13-3, posting 11 hits. An impressive and much needed bounce back performance from the Bergen Catholic offense.

JV Baseball over Teaneck 9-8

May 7 – Teaneck, NJ – The Crusaders travelled to Teaneck's Hawthorne School where Jack Lynch earned the win in a wild one with the Highwaymen. Justin Batts had two hits and AJ Morris was 4-for-4 with a double.

TRACK AND FIELD WINS COUNTY RELAYS TITLE!

By, Eamon Bednarcik '21

May 7-9, River Edge, NJ – The Bergen Catholic Track and Field team are the Bergen County Relays Division "E" Champions. The Bergen County Relays took over three days to complete and each day the team achieved better and better results. BC won by a score of 144 to Bosco 100, PC 68, Dwight-Englewood 22, and SJR 16.

The first day of competition only Pole Vault and Discus competed and BC came in second in Division "E" for both. Senior Eamon Bednarcik vaulted 9' in Pole Vault and Seniors Alex Ust and

Austin Jones with Sophomore Justin King combined to throw 288'9" in Discus.

On the second day of competition BC had three top three relay team performances in the county. BC had the best 4x200M team in the county, the second best 4x1600M team, and the third best



Javelin relay team. Seniors Jaden Ebanks, Justin Martone, and Adrian Taffe ran in the 4x200M with Junior Fabian France running it in 1:31.50.

The 4x1600M team with Senior Owen McCarthy, Juniors Nick Pesanello and Alex Shaia, and Sophomore Thomas Rogers ran their relay in 19:19.40.

The Javelin relay team had a good day as well. Senior Alex Ust and Sophomores Sean Coll and Donald Keating threw for 378'11". Despite feeling slightly off, they took home third place in the county.

The 400M Hurdles team came in second in Division "E" with an entire underclassmen relay



team. Sophomores Joseph Griffith and Josh Jung and Freshman Tristan Oliver ran a combined 3:15.20 in the 400M Hurdles.

On the third day of competition BC came in second in the County in the Long Jump relay with Seniors Jaden Ebanks and Adrian Taffe and Junior Fabian France jumping a combined 58'6".

Freshman Tristan Oliver came in second in Division "E" in High Jumping clearing 5' even.

The Shuttle Hurdle team had a very good time coming in sixth in the county with Senior Justin Martone leading and Sophomores Josh Jung and Donald Keating with Freshman Jason Lessieu rounding it off.



The 4x100M team consisting of the same athletes from the 4x200M once again blew all the other teams out of the water and came in first in the county.

The Distance and Sprint Medley teams ran amazingly as well coming in first in Division "E".



Junior Fabian France had an amazing two days competing as he medaled in every event he ran in and was nominated for and won the Bernard Smith Award which goes to the Outstanding Male Track Athlete and Head Coach Michael Begen was the Division "E" Champion Coach!

Disallowed Goal Enables Highlanders to Sidestep BC

May 8 – Oradell, NJ – The Crusader Lacrosse Team continued to experience some terrible misfortune in the highly competitive NJILL Gibbs Division on Saturday. This time, Northern Highlands was able to just get by the Crusaders 9-8.

BC built a 6-2 lead at the half and survived the third quarter, which has been a nightmare this season and led 7-4 going into the fourth.



The pivotal play occurred with 8:20 remaining in the fourth and BC holding a 7-5 lead. The Crusaders had a defensive stop Michael Garchitorena cleared the ball up-field to the scarlet and gold offense. The ball moved behind the goal to Brendan Kelly (3 goals, 1 assist) who

drove left handed to the goal. The keeper stepped out of the goal and it appeared that Kelly had put BC up 8-5. Unfortunately, the referee standing at the goal line, did not see the ball enter the net and play continued.

The Highlanders cleared the ball quickly and scored to make it a one-goal game with 8:04 remaining. Highlands took the lead with 5:36 remaining, but Kelly responded with his 3rd goal of the game, unassisted with 4:34 remaining.

Unfortunately, the guests scored with 3:17 remaining and BC was unable to answer.

Nick Muller had a very strong game, scoring 2 goals as did Jake Nelson, one of whose goals were set up by Luke Macejka. Brian Winters scored BC's second goal of the game with 8:00 remaining in the first.

Dan Sheppard and Patrick Cece each recorded 5 ground balls each and Michael Garchitorena picked up 4 to lead BC. Sheppard (8 of 11 faceoffs) and Cece (5 of 9) helped BC take 65% of the draws on the day.

Highlands Outlasts BC JV in Back-and-Forth Battle

May 8 – Oradell, NJ – The game was nip and tuck as home and guest traded goals through four quarters. Ultimately, it was the guest who scored the decisive goal as time ran out on BC's JV 6-5.

It was a terrific game and the level of competition for a JV game was exceptional. Most exciting seems to be the cohesiveness and teamwork of the young Crusaders who continue to develop game-by-game.



Crusader Track Passes PC and DePaul Catholic

By, Eamon Bednarcik '21

April 27 – Paramus, NJ – Before the gun went off for the first event on Tuesday, the BC Track and Field team knew it was going to be a good day against Paramus Catholic and DePaul Catholic. It was the first conference meet for BC this season and it was a great day for all the BC track athletes.



In the first event of the day, the 400M Hurdles, BC went 1,2,3 with Senior Justin Martone running it in 1:06 flat and coming in first. Freshman Tristan Oliver came in second and Sophomore Joshua Jung in third and that was just a taste of how the meet was going to go.

In the 100M, Junior Fabian France and Senior Jaden Ebanks went 1,2 and it wasn't even close for France as he ran a 10.9 and Ebanks ran 11.22. In the 110M Hurdles, BC also went 1,2,3 and Senior Justin Martone ran the 110M Hurdles in 17.2 seconds while Sophomore Donald Keating came



in second and Freshman Jason Lessieu in third.



In the 200M, Senior Adrian Taffe came blasting out of the starting blocks and came in first running 22.5 while Sophomore Fabian France came in second with a 22.9. The third place PC runner came in THREE SECONDS after the two BC runners had finished. To put that into perspective Taffe ran his 200M 3.3 seconds slower than Usain Bolt's 200M World Record.

In the 400M, Sophomore Sam Speiser narrowly broke the one-minute mark running his 400 in 59.9 seconds and he came in third following two of the PC runners. The distance team had a day themselves as they almost swept every event they ran and went 1,2,3 in the 800M and 3200M and went 1,2 in the 1600M.

Senior Owen McCarthy ran exceptionally well running 2:07 in the 800M and 4:52 in the 1600M coming in first for both. While Junior Alex Shaia came in second in the 1600M with a time of 4:58 and in the 3200M Sophomore Thomas Rogers lead the pack coming in first with 11:02, Senior Jack O'Kane came in second with 11:27 and Sophomore James Hughes rounded it off coming in third with 11:29.

In the 800M it came down to the milliseconds for second and third place. Sophomore Joseph Griffith and Junior Miles Suitt battled for second and third place in the 800M finishing within 0.49 seconds of each other; Griffith ran 2:14.01 while Suitt ran 2:14.5.

For the throwing events, once again BC almost swept each event and went 1,2,3 for Shot Put and Javelin and went 2,3 in Discus.

Senior Alex Ust threw an amazing 154'4" for Javelin yet he still seemed disappointed with his throws given that he threw 163' last Thursday, which is currently the #5 throw in New Jersey this season. In second for Javelin was Sophomore Donald Keating with a 116' throw and in third was Sophomore Sean Coll with 108'.

Sophomore Justin King came in first in Shot Put throwing 40'2" he was followed by Seniors Austin Jones and Alex Ust coming in second and third respectively. In Discus, Senior Austin Jones came in second with a throw of 105'10" and Sophomore Justin King came in third with 100'4". The BC Jumpers had some trouble though, as PC is known to have good Jumpers. Senior Jaden Ebanks came in first for Long Jump with a jump of 20'5" and Senior Justin Martone came in third for the Triple Jump with a jump of 33'11".

For Pole Vault, Senior Eamon Bednarcik came in first for the Pole Vault with a vault of 8'6". The final score for BC against PC was 94-45 and we are still awaiting the results to be confirmed by the DePaul coach but do know BC won by a substantial amount.

Crew Competes at Mid-Atlantic Youth Championship



May 8-9 – West Windsor, NJ – The BC Crew team travelled to Somerset County for this year's Mid Atlantic Youth Championship hosted by USRowing. Here are the results:

Mens Youth 2x Time Trial - Saturday 8:50 am		
	TIME	PLACE
Michael Chapman, Andrew Lynch	8:09.563	23 rd
Mens Youth 2V 2x Heat 2 - Saturday 1:14 pm		
Owen Ryan, Giacomo Dente	8:22.233	3 rd
Mens Youth 2V 2x Final - Sunday 11:36 am		
Owen Ryan, Giacomo Dente	8:17.991	7 th

Volleyball Falls to the 'Po

May 3 – Franklin Lakes, NJ – BC fell to the Green Raiders of Ramapo High School 2-0 on Monday. Gio Perrone, James Deegan and Alex Angione all recorded two kills along the way.

Deegan was most effective on the serve, recording 8 service points and 2 aces while Brian Mendoza also recorded 6 SPs and 3 aces.

Mateo Orochena and Griffin Rodrigues had a dig.



Crusaders Spike PCTI

May 7 – Oradell, NJ – The BC Volleyball Team swept the last two sets to defeat Passaic County Tech's Bulldogs 2-1 on Friday.

Giovanni Perrone recorded a set-high 9 kills and added 3 aces as BC came from behind to defeat PCTI 12-25, 25-18, 25-23.

Brian Mendoza had a set-high 21 assists as Mateo Orochena (2 kills, 3 digs), Thomas Haemmerle (3 digs) and Ian Walls (2 digs) pitched in.

James Deegan recorded 6 kills, 6 service points and a pair of aces while Raymond Valdez (4 blocks) and Alex Angione (1 block) provided some great support at the net.

Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

And this is the will of Him who sent me, that I shall lose none of all those He has given me, but raise them up at the last day.

Deus Vult
Jn 6:39

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The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice Prayer

O God we thank you for the life of
Blessed Edmund Rice.
He opened his heart to Christ present in those
oppressed by poverty and injustice.
May we follow his example of
faith and generosity.
Grant us the courage and compassion of
Blessed Edmund as we seek to live lives
of love and service. Amen.

Grace Before Meals

Bless us, O Lord, And these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

St. Patrick's Breastplate (shortened)

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie
down. Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved, as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

Bird of the Week

May 8 – Bergen County, NJ – The World Series of Birding took place on Saturday and the **Birding Crusaders** took to the mountains, fields and meadowlands in search of the most birds they could correctly identify.

Final tally of unique species was 87. Not too bad for a rainy day in May. -Here are lists of the birds we (Br. Fagan, Cristina Hubbel, Jorge Mascaro and Joe Haemmerle) saw.

NO	SPECIE	Q	LOCATION	NO	SPECIE	Qty	LOCATION	NO	SPECIE	Qty	LOCATION
1	Blue Jay	1	Horse	40	Cooper's Hawk	1	Halifax Road, Mahwah		Mallard	2	Disposal Road, Lynchhurst
2	Common Grackle	1	Horse	41	Bald Eagle	1	Halifax Road, Mahwah		Mourning Dove	3	Disposal Road, Lynchhurst
3	Common Raven	1	Horse	42	Belted Kingfisher	1	Halifax Road, Mahwah	70	Dunlin	1	Disposal Road, Lynchhurst
4	Downy Woodpecker	1	Horse		Red-bellied Woodpecker	5	Halifax Road, Mahwah	71	Least Sandpiper	1	Disposal Road, Lynchhurst
5	European Starling	1	Horse		Downy Woodpecker	3	Halifax Road, Mahwah	72	Semipalmated Sandpiper	1	Disposal Road, Lynchhurst
6	House Finch	1	Horse	43	Hairy Woodpecker	1	Halifax Road, Mahwah		peeps	100	Disposal Road, Lynchhurst
7	House Sparrow	5	Horse	44	Pileated Woodpecker	1	Halifax Road, Mahwah		Herring Gull	6	Disposal Road, Lynchhurst
8	Mourning Dove	2	Horse	45	Northern Flicker (yellow-shafted)	1	Halifax Road, Mahwah		Double-crested Cormorant	24	Disposal Road, Lynchhurst
9	Northern Cardinal	1	Horse	46	Eastern Phoebe	3	Halifax Road, Mahwah		Great Blue Heron	1	Disposal Road, Lynchhurst
10	Red-bellied Woodpecker	2	Horse	47	Blue-headed Vireo	1	Halifax Road, Mahwah		Great Egret	1	Disposal Road, Lynchhurst
11	Tufted Titmouse	1	Horse		Warbling Vireo	4	Halifax Road, Mahwah	73	Snowy Egret	1	Disposal Road, Lynchhurst
12	American Crow	1	Silver Lake, Park Ridge		Blue Jay	1	Halifax Road, Mahwah		Osprey	1	Disposal Road, Lynchhurst
13	American Goldfinch	1	Silver Lake, Park Ridge		American Crow	1	Halifax Road, Mahwah	74	Red-tailed Hawk	1	Disposal Road, Lynchhurst
14	American Robin	6	Silver Lake, Park Ridge	48	Black-capped Chickadee	1	Halifax Road, Mahwah	75	Peregrine Falcon	1	Disposal Road, Lynchhurst
15	Baltimore Oriole	2	Silver Lake, Park Ridge		Tufted Titmouse	8	Halifax Road, Mahwah		Tree Swallow	24	Disposal Road, Lynchhurst
16	Barn Swallow	5	Silver Lake, Park Ridge		Northern Rough-winged Swallow	1	Halifax Road, Mahwah		Barn Swallow	24	Disposal Road, Lynchhurst
	Blue Jay	3	Silver Lake, Park Ridge		Barn Swallow	1	Halifax Road, Mahwah	76	Marsh Wren	6	Disposal Road, Lynchhurst
17	Canada Goose	30	Silver Lake, Park Ridge	49	Ruby-crowned Kinglet	1	Halifax Road, Mahwah		European Starling	2	Disposal Road, Lynchhurst
18	Chipping Sparrow	3	Silver Lake, Park Ridge	50	Blue-gray Gnatcatcher	5	Halifax Road, Mahwah		Gray Catbird	1	Disposal Road, Lynchhurst
	Common Grackle	8	Silver Lake, Park Ridge		House Wren	3	Halifax Road, Mahwah		Northern Mockingbird	1	Disposal Road, Lynchhurst
19	Double-crested Cormorant	1	Silver Lake, Park Ridge	51	Carolina Wren	4	Halifax Road, Mahwah		American Robin	5	Disposal Road, Lynchhurst
20	Great Blue Heron	3	Silver Lake, Park Ridge	52	Gray Catbird	8	Halifax Road, Mahwah		American Goldfinch	1	Disposal Road, Lynchhurst
	House Sparrow	12	Silver Lake, Park Ridge		American Robin	10	Halifax Road, Mahwah		Red-winged Blackbird	6	Disposal Road, Lynchhurst
21	Mallard	16	Silver Lake, Park Ridge		American Goldfinch	4	Halifax Road, Mahwah	77	Brown-headed Cowbird	1	Disposal Road, Lynchhurst
	Mourning Dove	2	Silver Lake, Park Ridge		Chipping Sparrow	4	Halifax Road, Mahwah		Common Yellowthroat	1	Disposal Road, Lynchhurst
	Northern Cardinal	2	Silver Lake, Park Ridge		White-throated Sparrow	16	Halifax Road, Mahwah		Yellow Warbler	5	Disposal Road, Lynchhurst
22	Northern Rough-winged Swallow	1	Silver Lake, Park Ridge		Song Sparrow	3	Halifax Road, Mahwah		Yellow-rumped (Myrtle) Warbler	1	Disposal Road, Lynchhurst
	Red-bellied Woodpecker	1	Silver Lake, Park Ridge		Orchard Oriole	1	Halifax Road, Mahwah		Northern Cardinal	2	Disposal Road, Lynchhurst
23	Red-winged Blackbird	6	Silver Lake, Park Ridge		Baltimore Oriole	2	Halifax Road, Mahwah		Canada Goose	1	Richard DeKorte Park
24	Solitary Sandpiper	1	Silver Lake, Park Ridge		Red-winged Blackbird	50	Halifax Road, Mahwah	78	Mute Swan	12	Richard DeKorte Park
25	Song Sparrow	2	Silver Lake, Park Ridge		Common Grackle	6	Halifax Road, Mahwah	79	Northern Shorelark	1	Richard DeKorte Park
26	Tree Swallow	1	Silver Lake, Park Ridge	53	Louisiana Waterthrush	1	Halifax Road, Mahwah		Gadwall	2	Richard DeKorte Park
27	Warbling Vireo	1	Silver Lake, Park Ridge	54	Black and White Warbler	8	Halifax Road, Mahwah		Mallard	24	Richard DeKorte Park
28	Yellow Warbler	1	Silver Lake, Park Ridge	55	Common Yellowthroat	5	Halifax Road, Mahwah	80	Ruddy Duck	10	Richard DeKorte Park
29	Wild Turkey	1	Bergen Catholic	56	American Redstart	4	Halifax Road, Mahwah		Mourning Dove	4	Richard DeKorte Park
30	Fish Crow	1	Bergen Catholic	57	Northern Parula	1	Halifax Road, Mahwah		Killdeer	2	Richard DeKorte Park
31	House Wren	1	Bergen Catholic	58	Magnolia Warbler	2	Halifax Road, Mahwah		Dunlin	1	Richard DeKorte Park
	Blue Jay	1	Bergen Catholic		Yellow Warbler	2	Halifax Road, Mahwah		Semipalmated Sandpiper	12	Richard DeKorte Park
	Northern Cardinal	1	Bergen Catholic	59	Chestnut-sided Warbler	1	Halifax Road, Mahwah		Greater Yellowlegs	4	Richard DeKorte Park
32	Killdeer	1	Sheraton Crossroads	60	Black-throated blue Warbler	1	Halifax Road, Mahwah	81	Lesser Yellowlegs	2	Richard DeKorte Park
	American Crow	1	Sheraton Crossroads	61	Yellow-rumped (Myrtle) Warbler	4	Halifax Road, Mahwah	82	Ring-billed Gull	4	Richard DeKorte Park
	American Robin	20	Sheraton Crossroads	62	Canada Warbler	1	Halifax Road, Mahwah		Herring Gull	8	Richard DeKorte Park
	Barn Swallow	60	Sheraton Crossroads		Northern Cardinal	5	Halifax Road, Mahwah	83	Least Tern	4	Richard DeKorte Park
	Chipping Sparrow	4	Sheraton Crossroads	63	Indigo Bunting	1	Halifax Road, Mahwah	84	Foster's Tern	18	Richard DeKorte Park
	Common Grackle	2	Sheraton Crossroads	64	Rock Pigeon (Feral Pigeon)	10	Route 17 South, Mahwah		Double-crested Cormorant	50	Richard DeKorte Park
	Common Raven	1	Sheraton Crossroads		Turkey Vulture	1	Route 17 South, Mahwah		Great Egret	8	Richard DeKorte Park
	European Starling	10	Sheraton Crossroads		Canada Goose	3	River Barge Park, ER		Snowy Egret	2	Richard DeKorte Park
	House Sparrow	1	Sheraton Crossroads		Mallard	2	River Barge Park, ER	85	Black-crowned Night Heron	1	Richard DeKorte Park
33	Northern Mockingbird	1	Sheraton Crossroads		Killdeer	1	River Barge Park, ER		Tree Swallow	1	Richard DeKorte Park
34	Orchard Oriole	2	Sheraton Crossroads	65	Greater Yellowlegs	4	River Barge Park, ER		Barn Swallow	1	Richard DeKorte Park
35	Turkey Vulture	1	Sheraton Crossroads	66	Herring Gull	3	River Barge Park, ER	86	Marsh Wren	4	Richard DeKorte Park
	Yellow Warbler	1	Sheraton Crossroads		Double-crested Cormorant	30	River Barge Park, ER		Gray Catbird	2	Richard DeKorte Park
	Canada Goose	24	Halifax Road, Mahwah	67	Great Egret	1	River Barge Park, ER		Northern Mockingbird	5	Richard DeKorte Park
36	Wood Duck	2	Halifax Road, Mahwah	68	Osprey	1	River Barge Park, ER		American Robin	2	Richard DeKorte Park
	Mallard	5	Halifax Road, Mahwah		Barn Swallow	3	River Barge Park, ER	87	Savannah Sparrow	1	Richard DeKorte Park
37	Chimney Swift	30	Halifax Road, Mahwah		Northern Mockingbird	1	River Barge Park, ER		Red-winged Blackbird	36	Richard DeKorte Park
38	Ruby-throated Hummingbird	2	Halifax Road, Mahwah		American Robin	12	River Barge Park, ER		Common Grackle	2	Richard DeKorte Park
	Solitary Sandpiper	1	Halifax Road, Mahwah		House Sparrow	4	River Barge Park, ER		Yellow Warbler	1	Richard DeKorte Park
	Double-crested Cormorant	2	Halifax Road, Mahwah		White-throated Sparrow	4	River Barge Park, ER				
39	Green Heron	2	Halifax Road, Mahwah		Song Sparrow	1	River Barge Park, ER				
	Turkey Vulture	1	Halifax Road, Mahwah	69	Gadwall	1	Disposal Road, Lynchhurst				