

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Varsity Golf Wins Arcola Invitational

April 26 - Paramus, NJ - Thomas O'Neill continues to shoot well, leading BC to the 2021 Arcola Invitational title. O'Neill shot a two-over 74 in 18 holes on Monday. Liam White shot 77 followed by Adam Sincavage (79), Charlie Cummings (90) and Nick Schwake (94).



The Crusaders executing their traditional pre-tournament strength-training warm-up.

The Crusaders shot 320 followed by SJR (349), River Dell (356), Northern Valley Old Tappan (357), Don Bosco Prep (358) and fourteen other schools.

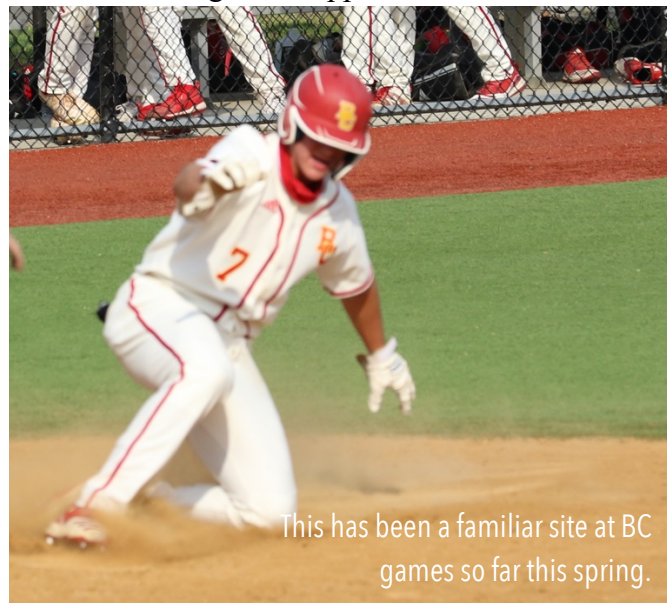
JV Golf Sinks Bosco

April 26 - Clifton, NJ - The JV golfers had a nice opportunity to compete with rival Don Bosco Prep on Monday at Upper Montclair Country Club. Ryan Slovak led the charge shooting 42. Joe Casali (45) and Andrew Lama (48) all broke 50 for the afternoon. Calvin Jung scored for BC with a 50 and Jeremy Cammayo and Erich Surovetz each shot 56 as BC won 185-191.

Maratea Shines as Varsity Baseball Cools Comets 9-1

By, Joe Duffy

April 26 - Hackensack, NJ - Bergen Catholic travelled to Foschini Park in Hackensack to take on the comets. It was another cold and windy day, but nothing that would be able to slow down the Crusader offense. The BC offense stayed hot, scoring another 9 runs in this one and giving their starter more than enough run support.



This has been a familiar site at BC games so far this spring.

The Crusaders scored 2 in the first, which would ultimately be enough for starter Matt Maratea who

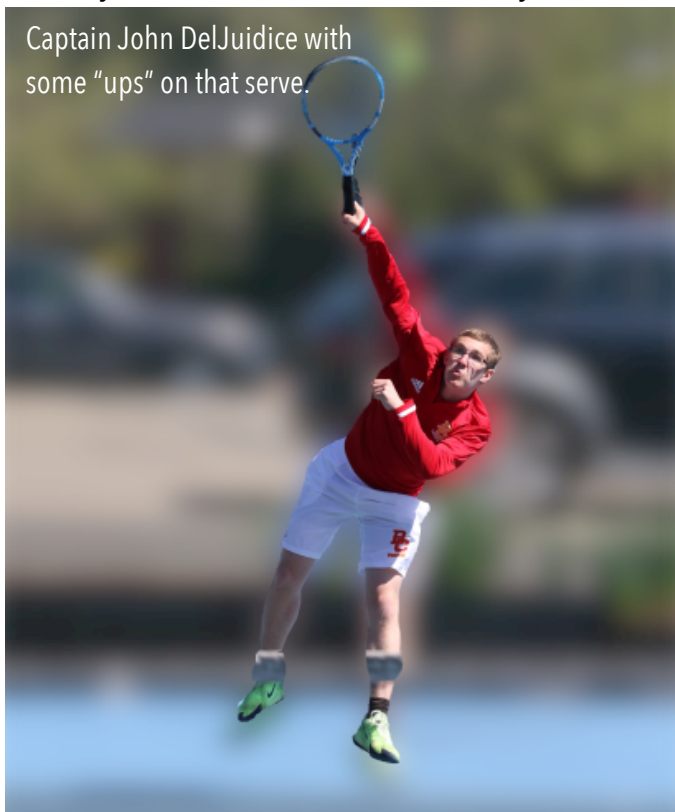
pitched incredibly well. Maratea did a great job working ahead of hitters, setting them up with his fastball early and mixing in his secondary pitches to finish sequences. Maratea gained confidence in his off speed early on and went to the well with it often at an extremely high success rate. The Junior allowed 0 earned runs on the way to his first Varsity win.

Bergen Catholic would add some more insurance scoring 4 runs in the top of the fourth and 2 runs in the top of the fifth, which would be plenty to hold off the Comets. The Crusader's controlled this one from start to finish in route to staying unbeaten.

Varsity Tennis Edged

April 26 – Washington Township, NJ – The Varsity Tennis Team fell 2-3 to Don Bosco Prep on Monday at Immaculate Heart Academy.

Captain John DeJuidice with some "ups" on that serve.



Event	Player	W/L	1	2
1 st Singles	Phillip Saint Cyrus	L	0-6	0-6
2 nd Singles	Andrew Song	L	1-6	1-6
3 rd Singles	John DeJuidice	W	6-2	6-3
1 st Doubles	Marcus Kim, Ryan Kim	L	1-6	2-6
2 nd Doubles	John Nalbadian, Ethan Gayam	W	10-6	

JV Tennis Beats Bosco

April 26 – North Arlington, NJ – The Junior Varsity Tennis Team defeated Don Bosco Prep 3-1 on Monday afternoon.

Event	Player	W/L	1
1 st Doubles	Kyle Park and Jake Wright	W	10-6

Teaneck Upsets Volleyball

April 26 – Teaneck, NJ – Giovanni Perrone had 5 kills and 4 digs, but it was not enough to help BC past Teaneck in Volleyball.



Giovanni says,
*I believe I can fly.
I believe I can touch the sky...*

The Highwaymen took the two sets 25-17, 25-10. Brian Mendoza recorded 3 service points, 3 digs and a game-high 8 assists for the Crusaders

ALL-NORTH JERSEY SWIMMING

April 26 – Paterson, NJ – The Bergen Record announced the 2021 All North Jersey Swimming Teams on Monday.

FIRST TEAM:

Sam Hughes - Senior, 100 freestyle

In one year, Hughes went from a role player to the driving force behind North Jersey's No. 1 team. He excelled in the sprint freestyles with five of his 15 wins coming in the 50 or 100.

Doyee Kim - Freshman, 200 IM

Kim was all over the Crusader lineup this year, showing unusual speed and versatility for a youngster. He won five different individual events and posted county-bests in the IM and breaststroke.

SECOND TEAM

Andrew Mazzacano – Junior

Alex Vester – Senior

Tennis Slams Paladins

April 27 – Paramus, NJ – The Varsity Tennis



Team fell took care of business 4-1, defeating Paramus Catholic on Monday.

A clean sweep by both first and second doubles led BC.

Event	Player	W/L	1	2
1 st Singles	Phillip Saint Cyrus	L	0-6	2-6
2 nd Singles	Andrew Song	W	6-0	6-1
3 rd Singles	John DelJuidice	W	6-0	6-1
1 st Doubles	Marcus Kim, Ryan Kim	W	6-0	6-0
2 nd Doubles	John Nalbadian, Ethan Gayam	W	6-0	6-0

Orochena's Eighteen Does It for Volleyball

April 27 – Oradell, NJ – It wasn't just waiting for the Kennedy bus. It was a long wait to get that first win under their belts, but the continued improvement translated into a solid win over Paterson JFK on Tuesday. Sophomore Mateo Orochena recorded 18 service points in the victory.



Mateo putting his all into his game, as he does with everything he does.

Brian Mendoza had 10 assists and 4 digs, Alex Angione had 3 blocks and Giovanni Perrone had 3 kills, all to lead the Crusaders.

DBP Bests Varsity Lax

April 27 – Oradell, NJ – The Crusaders dropped their third straight game of the season on Tuesday to DBP 12-3.

Throwback uniforms adorned the field as the Silver and Gold clashed, but the Ironmen got off to a quick start and BC fell short in this first of three potential meetings between the two.

Charlie Oropeza going hard to the goal against Don Bosco Prep last week.



Luke Macejka and Nick Muller each recorded a goal and an assist while Dom Pira (5) and Parker Day (7) combined for 12 saves. Dan Sheppard led the Crusaders with 5 ground balls.

Close JV Game at The Jack

April 27 – Oradell, NJ – Tyler Larson made six saves and Mark Ruggierio had a goal and two assists, but it wasn't enough to help BC overcome a two-goal defeat at the hands of the Ironmen 8-6. Dylan Natalichio (1G-1A), Justin Martin (1G), Nick Penza (1G), Mike Gentilello (1G), Joe Gandara (1G) and Jason Gentilello (1A) scored for BC.

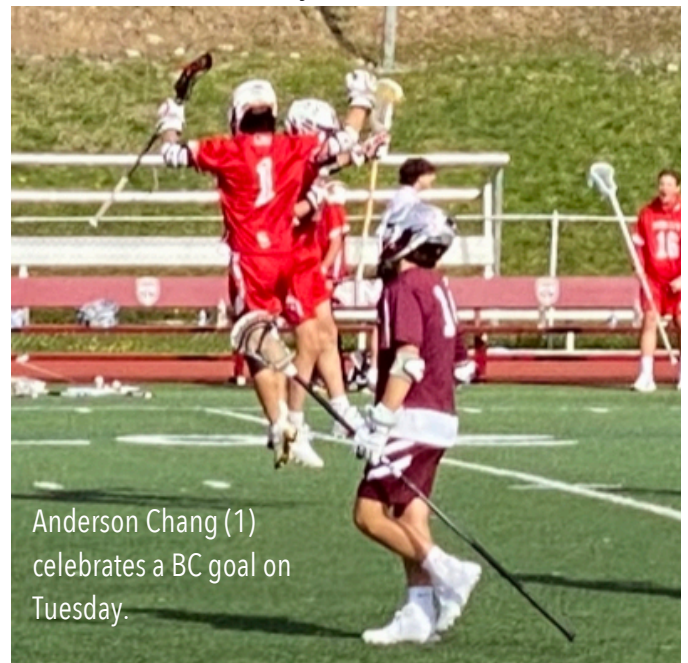
Jason Gentilello and Justin Martin combined for 10 of 15 face off wins. Jack Coursen recorded a game-high 8 ground balls

Frosh Lax Shuts Down Late Don Bosco Push to Secure Road Win

By, Joe Duffy

Tuesday, April 27, Ramsey NJ – The Bergen Catholic Freshman Crusader lacrosse team travelled to Ramsey to take on their biggest rival

in the Don Bosco Prep Ironmen. These games usually take on a different feel and present a different type of intensity from the jump, but that was not necessarily the case in this one.



Anderson Chang (1) celebrates a BC goal on Tuesday.

Both teams went through a bit of a feeling out process, not attacking the middle of the field, content to shoot from the outside, and willing to possess the ball without much intent to penetrate. The Ironmen picked up their pace and intensity first, putting two quick goals up on Bergen Catholic and taking an early 2-0 lead. As the end of the quarter approached BC turned the tide, matching Don Bosco's intensity and coming up with two high quality scoring chances, but both would ring off the post, leaving the Crusader's with nothing to show for their late effort.



Bergen Catholic would build off the momentum they built at the end of the first quarter, and they

took it right to the Ironmen. Anderson Chang would open the scoring for Bergen Catholic with a pretty finish in the early stages of the quarter. Shortly after the goal from Chang, Jack Tenaglia would feed a cutting John Mustard in front to tie the game up at 2 apiece. Goalie Aiden Hines was busy in this contest and he was up to the task most of the afternoon. Hines made two big saves to keep the game tied, but Don Bosco was eventually able to break through and regain the lead. The Crusader's would respond right away though as Jack Taromina went on to tie the game with an excellent individual effort. This game would go into the half tied and the tentativeness that was shown at the start of the game was completely gone.

Crispin Kaye gave the Crusaders the lead off a beautiful feed from Jack Taromina and Bergen Catholic would maintain the lead from there. Taromina would get on the board again, an impressive stretch from him, and it pushed the Bergen Catholic lead to 5-3. Bosco responded with one of their own, but John Mustard would get his second of the game to make it 6-4 Bergen Catholic. Don Bosco would get 1 in the fourth quarter, but it was too little too late as Aiden Hines shut the door in net and the Bergen Catholic defense ramped up the intensity and really clamped down on the Bosco offense. The freshman Crusaders continued their hot start and will look to build off this strong performance moving forward.

Crusader Tennis Cruising

April 28 – Montvale, NJ – The Crusaders defeated the Green Knights of St. Joseph Regional 4-1 on Wednesday.

(R – 1st Singles Phillip Saint Cyrus)



Tennis (continued)

Event	Player	W/L	1	2	3
1 st Singles	Phillip Saint Cyrus	L	1-6	2-6	
2 nd Singles	Andrew Song	W	6-1	6-3	
3 rd Singles	John DelJuidice	W	2-6	6-4	6-2
1 st Doubles	Marcus Kim, Ryan Kim	W	6-4	6-1	
2 nd Doubles	John Nalbadian, Ethan Gayam	W	4-6	6-4	6-3

Crusader Bats Show No Mercy to NVOT

April 27 – Lyndhurst, NJ – The Crusader Varsity Baseball team remained undefeated after a seven-run second inning put the game vs. Old Tappan out of reach.



BC pounded out 10 hits in just four innings to support a magnificent outing by Christian Charalambous. The junior lefty mesmerized the Golden Knights who could muster only 2 hits, while being struck out 9 times. Juan DeLaCruz led BC with a 3-hit day.



JV Baseball Cruises Past

Old Tappan in Lopsided Victory

April 28 – Old Tappan, NJ – The JV Crusaders baseball team travelled to Old Tappan looking to for the second straight win. The Crusader's beat Pascack Valley by a score of 18-2 their last time out and they hoped to build momentum off that victory.



Bergen Catholic opened the scoring as sophomore Mike Biskup drove in the first run of the game with a sacrifice fly. The Crusaders had runners on base all afternoon and their hitters provided great situational at bats. Junior Matt Clifford also added an RBI sacrifice fly, one that would extend the early Bergen Catholic lead to 3-0, putting BC in control, and they would never look back.



Sophomore pitcher Dhruv Vengurlekar was excellent on the mound for the Crusader's. From the jump Vengurlekar was getting ahead of hitters, never cheating himself in a an at bat, and

making it a difficult afternoon for the Old Tappan offense. Command is not something that comes easy early in the season, but it looked like it did for Vengurlekar in this one.



A pair of RBI singles Elias Espinosa and Mike Biskup would bring the BC lead to 5-0 and ultimately that would be enough to put Old Tappan away behind the excellent pitching. The Crusader's offense would go on to add another 9 runs, scoring 14 runs after scoring in 18 their previous time out. The offenses impressive start bodes well for the Crusader's moving forward, and not many starting pitchers are going to be too excited to have to run out against this lineup.

Frosh Baseball Defeats NVOT

April 28 – Norwood, NJ – The Freshman Baseball Team continues to dominate over strong competition. Their most recent victim were the Golden Knights from Northern Valley Old Tappan by a score of 10-0.

Volleyball Plays

Best Game vs. Bosco

April 28 – Oradell, NJ – Giovanni Perrone and James Deegan combined for 15 kills as BC played its most complete game of the year. Brian Mendoza assisted on 12 points and added 8 digs for BC.

The Ironmen took the two sets 25-16, 25-17 and while the scores are not where they'd like them at present, it's clear the Crusaders are on the rise.

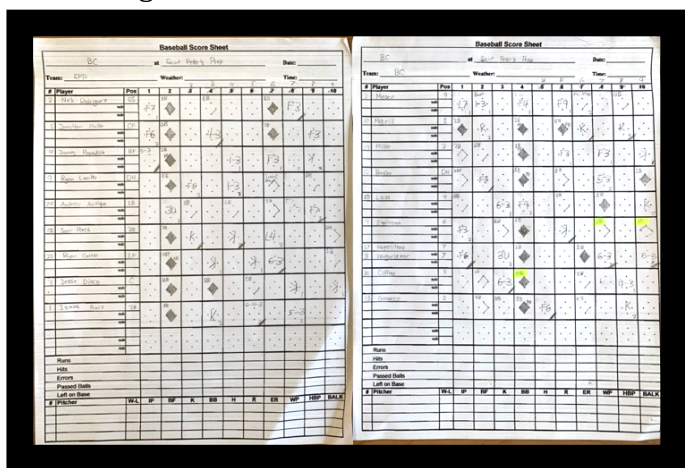
JV Lax Travels to Somerset County for Elite Match-up

April 29 – Basking Ridge, NJ – The JV Lacrosse Team defeated the Red Devils from Ridge HS 7-4. Tyler Larson made 15 saves in the victory and got some support from offensive teammates, Jason Gentilello (2 Goals), Michael Gentilello (1G), Mark Ruggerio (1 Goal, 1 Assist), Justin Martin (1G), Dylan Natalicchio (1G, 2A) and DJ Watros (1G).

It was a great team game as BC controlled the clears and rides and hustled for ground balls. The defense was tenacious on ball, the offense was poised and smooth.

JV Baseball Classic!

April 29 – Jersey City, NJ – Like many in my age category, I grew up with this thing called a pencil. Paper was often closely associated with this magical device. One of the things I truly enjoyed doing was scoring a baseball game...a Mets baseball game.



Generally, it didn't go well, but I still liked the meticulous nature of charting play by play and thinking through the game. When I got this score sheet; well, I just had to share it.

The JV Crusaders played a whale of a nine-inning ball game against one of our favorite Hudson County Rivals, St. Peter's Prep. Like Bosco to the north, the Marauders from the south usually make for an interesting matchup and this game was a dandy.

The Crusaders found themselves in an eight-to-one hole in the second inning as SPP pounded out six hits in the inning. At this point in much of sports, the visiting team in a seven-run deficit would lose hope and generally pack-it-in. What a

statement about the Crusaders and their head coach, Alex Muggeo, who maintained focus and responded with a seven-run fourth inning.

Steven Giovacco started off the fourth with a walk and he ultimately came across home first. Andrew Mosco scored and was able to cross home plate three times throughout the game, on two doubles. Kyle Miller, Mike Biskup, Elias Espinosa, Dhruv Vengurlekar and the scoring was capped off by Matt Clifford's 3-run homerun.

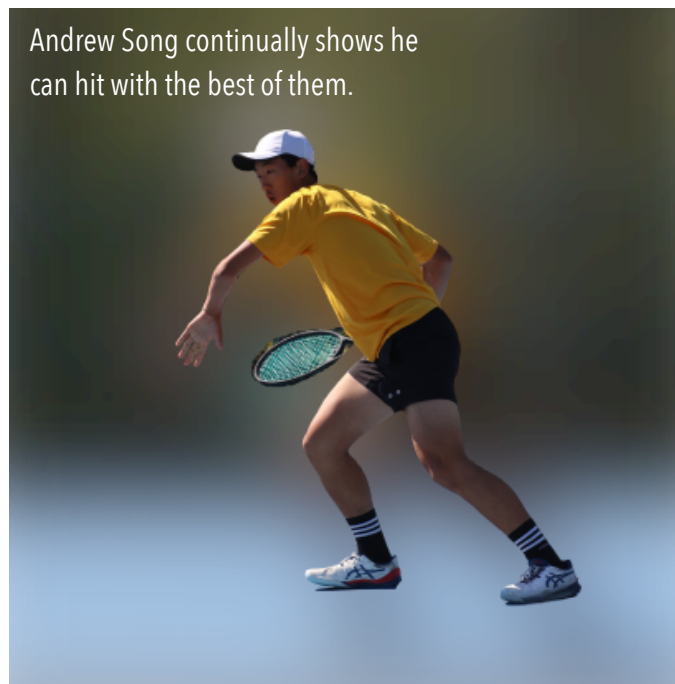
Clifford went 3 for 5 on the day with his homerun and 4 RBI's. Espinosa was two for five with a game tying double and the go ahead triple.

Varsity Tennis Finishes Month of April Strong

April 30 – Wayne, NJ – The Crusader Tennis team finished the month strong with a win over Passaic County power, Passaic County Tech 4-1. Second Singles, Andrew Song won his two sets 6-0, 6-0 in the victory.

Event	Player	W/L	1	2	3
1 st Sing	Phillip Saint Cyrus	L	2-6	6-2	7-10
2 nd Sing	Andrew Song	W	6-0	6-0	
3 rd Sing	John DelJuidice	W	6-1	6-1	
1 st Dbl	Marcus Kim, Ryan Kim	W	6-1	6-1	
2 nd Dbl	John Nalbadian, Ethan Gayam	W	6-0	6-2	

Andrew Song continually shows he can hit with the best of them.



OTHER MONTHLY END WRAP UPS FROM APRIL 30

**Freshman Lacrosse defeated
Montclair 13-8 at "The Jack"**



**JV Baseball 10 - Mahwah 3 at
Overpeck in Ridgefield Park**

**Varsity Golf Took Down
Paramus Catholic 162-209**

**Varsity Volleyball Fell to
Hackensack HS 0-2**

Dominant Fourth Quarter Caps a Fantastic Senior Day

By, Joe Duffy

May 1, Oradell NJ – In a year that has been full of shutdowns and uncertainties, the spring sports season has been encouraging as we are finally seeing the high school sports landscape get somewhat back to normal. Many of moments have been missed as a result of the pandemic, but on

Saturday the Bergen Catholic Lacrosse team was able to celebrate as close to a true Senior Day as we could've had. Senior Days are always special, but this one felt particularly special considering the circumstances, and of course, the result.

The Crusaders took the field this past weekend playing host to Christian Brothers Academy (CBA). The Crusaders celebrated the hard work and the high school careers of 18 senior players as they get ready to embark on their collegiate journeys. It often takes games like these a bit to get going after the celebratory proceedings prior to, and that is exactly what was seen in this one. It took almost 8 minutes, but the Crusaders were able to break the ice as senior Jake Nelson scored off a beautiful feed from Nicholas Muller. CBA would waste no time tying the game up after an efficient possession in the offensive end, but Bergen Catholics star senior would have a quick answer as well. Penn State commit Brenden Kelly put BC back up 2-1 with a beautiful shot. The game would go to the second quarter tied, and CBA would take control, scoring the quarters only goal, and taking a 3-2 lead into the half.



CBA would get the scoring started in the second half, extending their lead to 5-2 after scoring two quick goals. The 3-goal lead put the pressure on the Crusaders and they would respond with 3 unanswered of their own. Joe Marinaccio, Luke Macejka, and Brenden Kelly would all get on the board to tie things up and completely change the complexion of the game. Bergen Catholic steered the momentum of the game in their favor and they would never relinquish it.

The Crusaders came out to start the fourth quarter applying pressure on CBA in their own

end after they won the faceoff. Bergen Catholic would force a turnover with CBA's goaltender out of the net, giving Brenden Kelly what was maybe the easiest goal he's scored in his high school career and Bergen Catholic the 6-5 lead. That goal would give Kelly the hat trick, but the senior was not close to done on this senior day. Kelly would add another 3 goals in the fourth quarter, giving him 6 on the afternoon, spearheading an explosive 7 goal fourth quarter for the Crusader's. CBA gave Bergen Catholic all they could handle for about 36 minutes, but it was all Crusader's in the final 12 to cap an afternoon that could not have gone better. Bergen Catholic moved to 2-3 on the season after the victory, ending their losing streak, and turning things back in the right direction.

Hey, No Peeking at the Party

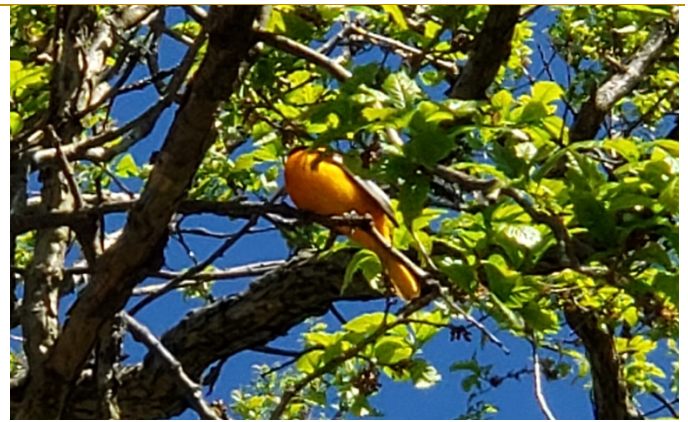
May 1 – Oradell, NJ – In an uncharacteristic JV Lacrosse game, the Crusaders fell to CBA 12-3. Likely just distracted by the Senior fest across the field. Your time will come...

The Early Bird Catches the Worm

May 1 – Fair Lawn, NJ – The Crusader Freshman Baseball Team was scheduled for an 8:15 game vs. the Cutters of FLHS. Bats woke up early and did more than most people did all day. Frosh win. 11-1.

Frosh Lax Falls to Ridgewood

May 1 – Ridgewood, NJ – On about 18 hours rest, the Frosh Lacrosse Team tried to do the near impossible as it travelled to Ridgewood. Difficult to recover from their big win on Friday over Montclair, BC fell to the Maroons 6-4. While at the game, however, Mr. Ferriola, a long-time BC maintenance worker and bus driver spotted this striking Baltimore Oriole. Nice find – We'll make that our BOTW!



BC Boat Takes Gold at Philadelphia City Championships

May 1-2 – Philadelphia, PA – Congratulations to Bergen Catholic Crew Team members, Giac Dente and Owen Ryan, for earning a Gold Medal in the Philadelphia City Championships on Saturday! They won their heat by more than 12 seconds and finished 3rd overall in the Freshman/Novice Pairs category.



Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have
sinned against you whom
I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

And this is the will of Him who sent me, that I shall lose none of all those He has given me, but raise them up at the last day.

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The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice Prayer

O God we thank you for the life of
Blessed Edmund Rice.
He opened his heart to Christ present in those
oppressed by poverty and injustice.
May we follow his example of
faith and generosity.
Grant us the courage and compassion of
Blessed Edmund as we seek to live lives
of love and service. Amen.

Grace Before Meals

Bless us, O Lord, And these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

St. Patrick's Breastplate (shortened)

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie
down. Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved, as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

Bird of the Week

April 25 – Mahwah, NJ - Wood warblers are the bird of the week. Currently, a few are abundant in the area, but in the next few weeks, there will be a large variety of these “jewels” of the birding world. Keep an eye out. Take a picture. Send it in. We’ll do our best to help identify it for you. It could be a.... Palm Warbler, Yellow Rumped (Myrtle) Warbler (pictured) or...American Redstart, Yellow Warbler, Common Yellowthroat, Black-throated Blue, Black-throated Green, Magnolia, Chestnut-sided, Cerulean, Blackburnian, Cape May, Connecticut, Canada, Mourning, Black and White, Blackpoll, Pine, Ovenbird, Louisiana Waterthrush, Northern Waterthrush, Bay-breasted, Blue-winged, Golden-winged, Hooded, Wilson’s, Northern Parula, Orange-crowned, Tennessee, Nashville or Prairie.



Yellow-rumped (Myrtle) Warbler