

TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Golf Season Starts Perfectly

April 12 – Montclair, NJ – The Crusaders started off their regular season at Upper Montclair Country Club on Monday afternoon. St. Joseph Regional's Green Knights were providing the day's competition, but soon found out they were no match for BC. The Crusaders won 157-171.

Junior Liam White was low man for BC, shooting a 37 followed by a pair of 39s by Senior Charlie Cummings and Junior Thomas O'Neill. Junior Nick Schwake shot a very solid 42 and Senior Colin Foley (46) and Sophomore Andrew Lama (47) made a fine showing.

Varsity Golf Steps to 2-0

April 13 – Emerson, NJ – The Crusaders defeated St. Peter's Prep at Hackensack Country Club on Tuesday afternoon 151-168.

Charlie Cummings shot 36 for BC, and Nick Schwake recorded a 37 followed by Liam White (38) and Thomas O'Neill (40). Sophomore Adam Sincavage and Andrew Lama each shot 47.

JV Golf Starts Week with a Win

April 13 – Haworth, NJ – The Crusaders started off their regular season at Haworth Country Club on Monday afternoon. Demarest's Norsemen lined it up, but were no match as BC won 199-285.

Ryan Slovak shot 45 and John Keyes recorded a 49. Freshman Jeremy Cammayo (51), Sophomore Calvin Jung (54), Freshman William Calocino (56) and Junior Erich Surovetz (67) pitched in for the win.

Crusaders Tame Panthers

April 14 – Montclair, NJ – The Crusaders continued to tighten up their play at Upper Montclair Country Club on Wednesday afternoon against their toughest challenge to date, Pascack Valley Regional High School. BC's 148 was out of the Panther's league who shot 166..

It was a three-headed monster of Liam White, Chris Cummings and Thomas O'Neill who all shot 36. Nick Schwake continued to score with a 40 and Colin Foley (43) and Andrew Lama (47) continue to push the team forward.

JV Golf Shaves 20 Strokes to Improve to 3-0

April 14 – Paramus, NJ – BC had a terrific opportunity to play a challenging and beautiful course at Ridgewood Country Club on Wednesday. The Crusaders took on the Highlanders from Northern Highlands Regional High School, winning 179-198.

Jeremy Cammayo shot a the best round of the season for a JV Crusader with a 39. Adam Sincavage and Junior Kevin Sweeney recorded 44s as Calvin Jung had a season personal best 48 and Freshman John Keyes scored 55.

Golfers Pay Homage to Casey Stengel

April 15 – Tenaflly, NJ – Thirty-seven seemed the theme for BC on Thursday as the Crusaders handled Westwood's Cardinals 148-193. As a fan of senior circuit, yet realizing many in the community cheer for NY's other baseball team,



Casey was a good man for me to pick as he is intrinsically linked to both.

Liam White (37), Chris Cummings (37), Thomas O'Neill (37), Nick Schwake (37) and Adam Sincavage (37) all recorded Hernando's. Colin Foley shot a 39 as he felt Dave Parker was being under-represented.

JV Golf Slips in Rain

April 15 - Haworth, NJ - Mahwah's Thunderbirds rain chant seemed to have done the trick as a shortened match to 5-holes left the Crusaders just one stroke behind 129-130

Senior Brandon Schacht and Kevin Sweeney shot 27s, leadin BC. Johnny Tumino recorded a 30 as Christian Ruocco (36), James Battiffrano (39) and Matt Decastro (40) shot well.

Regionals Not Exactly the Same as Usual

April 17-18 - Mount Olive, NJ - Much of the story of this year's regions started well before Saturday morning as for the first time, wrestlers were voted off the Regional Island, rather than having an opportunity to compete in a District tournament to qualify. As a result, BC did not have its typical 13-14 qualifiers out of 14 possible weight classes, but, that's water under the bridge.

Let's go to Mount Olive.

This is More Like It!

April 17-18 - Mount Olive, NJ - Give our matters a chance to wrestle and they generally prove up to the task. Of the eleven wrestlers, BC sent to the Regionals, BC achieved a record of 35-11 (.761) including two champions, four 2nd Place, two 3rd Place, one 4th Place and one 5th Place finish. Nine of the eleven will be continuing onto the state tournament this coming weekend. Here are the results:

WEIGHT CLASS - NAME (SEED)		ROUND	RESULT
106 POUNDS - CHRIS NUCIFORA (7)			
Zach Haase	FIRST	W - PIN 0:21	
Jack Bastarrika	QUARTERS	L - PIN 5:59	
Benjamin Marchetto	CONSO	L - DEC 6:3	
113 POUNDS - RYAN FORD (6)			
Benjamin Garcia	FIRST	W - PIN 1:09	2 nd
Adam Albino	QUARTERS	W - PIN 1:58	
Clayton Utter	SEMIS	W - DEC 6-4	
Luke Stanich	FINALS	L - PIN 3:41	
120 POUNDS - AIDEN WALLACE (3)			
Roman Citro	FIRST	W - PIN 1:50	3 rd
Daniel Haws	QUARTERS	W - DEC 5-2	
Joe Manno	SEMIS	L - DEC 3-2	
Max Martinez	CONSO	W - TF 2:53	
Aaron Kurzer	3 RD PL	W - DEC 6-2	
126 POUNDS - JOE CANGRO (1)			
Patrick Cahill	FIRST	W - TF 6:00	1 st
Ryan Kozdra	QUARTERS	W - PIN - 1:15	
Nathan Fitt	SEMIS	W - PIN - 3:41	
Ethan Fernandez	FINAL	W - DEC 6-1	
138 POUNDS - CHRISTOPHER BACCHIONI (3)			
Tyler Bienus	FIRST	W - MAJ DEC	2 nd
Liam McAllister	QUARTERS	W - MD 9-1	
Myles Leonard	SEMIS	W - DEC	
Alex Almeyda	FINALS	L - DEC 10-4	
145 POUNDS - ERIC BROADIE (5)			
Austin Yalowitz	FIRST	W - MAJ DEC	4 th
Vincent DeMaria	QUARTERS	W - DEC 11-6	
Michael Cetta	SEMIS	L - PIN 1:39	
Carson Barry	CONSO	W - DEC 8-2	
Austin Jack	3 RD PLACE	L - MD 9-1	
152 POUNDS - NATE CAMISCIOLI (1)			
Frank DiBella	FIRST	W - PIN 3:50	1 st
Steven Dalling	QUARTERS	W - MAJ DEC	
Nicolino Berlinger	SEMIS	W - MAJ DEC	
Tyler Pizzi	FINALS	W - PIN 4:35	
170 POUNDS - JUSTIN ONELLO (4)			
Romel Vazquez	FIRST	W - PIN 4:24	3 rd
Hunter Freschi	QUARTERS	W - TF1:45	
Aaron Ayzerov	SEMIS	L - DEC 3-1	
Michael Mastroeni	CONSOS	W - PIN 3:02	
Hunter Perez	3 RD PLACE	W - PIN 3:14	
195 POUNDS - JOHN FIORE (5)			
AJ Stark	FIRST	W - PIN 5:56	
Alex Kostantas	QUARTERS	L - DEC 8-3	
Sean Kelly	CONSO	W - DEC 8-4	
AJ Fricchione	CONSO	L - PIN 3:41	
Tommy Goodwin	5 TH PLACE	W - FORFEIT	
220 POUNDS - REMY BRANCATO (2)			
Brandon Gilligan	FIRST	W - PIN 1:11	2 nd
Jaydon Brown	QUARTERS	W - PIN 4:25	
Jackson Crawn	SEMIS	W - DEC 4-3	
Michael Toranzo	FINALS	L - DEC 3-1	
285 POUNDS - DOMINICK BROGNA (3)			
Ian Van Riper	FIRST	W - PIN 0:46	2 nd
Robby Chetirkin	QUARTERS	W - PIN 1:49	
Joseph Abill	SEMIS	W - DEC 3-1	
Max Acciardi	FINALS	L - DEC 3-1	

Hughes Shatters Records for Ridgewood Y's Breakers at the NJ YMCA Swim Festival

Ridgewood, NJ – Middlebury-bound Senior Sam Hughes broke two records set in 2009 at the for the Ridgewood 's Breakers Club Swim Team. Both records for the Ridgewood Breakers were set in 2009 by Peter Ko.

Sam broke the 100 Yard Backstroke with a time of 52.10 and the 200 Yard Freestyle with a time of 1:51.91. team records for Ridgewood YMCA Breakers at the NJ YMCA Swimming Festival. Congratulations Sam!!!

Bird of the Week: WOOD DUCK

April 18 - Allendale, NJ – The Celery Farm is one of those inspiring places for many in our county and beyond. Naturalist Jim Wright has penned a number of books about the Nature Preserve whose inauspicious parking lot on Franklin Turnpike would hardly raise a brow.

One of his titles **Duck Enough to Fly** documents the first moment wood duck chicks leave their box and jump into the water at the Celery Farm. It's a very nice children's book if you are ever looking for an idea.

After seeing a handsome pair yesterday and despite trying to minimize duplication of species while keeping current, I present the wood duck pair. Here the female leads a drake around the lake, carefully avoiding snapping turtles who are known to have an appetite for young wood duck chicks.

Cool Facts about the Wood Duck from "ALL ABOUT BIRDS":

- Natural cavities for nesting are scarce, and the Wood Duck readily uses nest boxes provided for it. If nest boxes are placed too close together, many females lay eggs in the nests of other females.
 - Wood Ducks pair up in January, and most birds arriving at the breeding grounds in the spring are already paired. The Wood Duck is the only North American duck that regularly produces two broods in one year.
 - The Wood Duck nests in trees near water, sometimes directly over water, but other times over a mile away. After hatching, the ducklings jump down from the nest tree and make their way to water. The mother calls them to her, but does not help them in any way. The ducklings may jump from heights of over 50 feet without injury.
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- The oldest recorded Wood Duck was a male and at least 22 years, 6 months old. He had been banded in Oregon and was found in California.
 - Read more:
 - https://www.allaboutbirds.org/guide/Wood_Duck/



Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have
sinned against you whom
I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

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The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice Prayer

O God we thank you for the life of
Blessed Edmund Rice.
He opened his heart to Christ present in those
oppressed by poverty and injustice.
May we follow his example of
faith and generosity.
Grant us the courage and compassion of
Blessed Edmund as we seek to live lives
of love and service. Amen.

Grace Before Meals

Bless us, O Lord, And these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

St. Patrick's Breastplate (shortened)

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie
down. Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved, as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

And this is the will of Him who sent me, that I shall lose none of all those He has given me, but raise them up at the last day.

Deus Vult
Jn 6:39